Here I AM: The Original Supreme Cosmic Master.

The Complete You, all alone with no one else in the Universe but You, free above Your Universe, freshly and fully achieving whatever is important to You. Confirmed by yourself through understanding simple mechanical facts.

By John Paolucci

December 21, 2025 Version 4

Reddit and especially its Discord live text Chatroom, can address frequently asked questions and go deeper into topics. With both, you pick a username and remain anonymous.

In this PDF, for fine detail, you'll zoom in with your device using the + and - buttons, as well as scroll if needed.

Let's define the title words of this e-book.

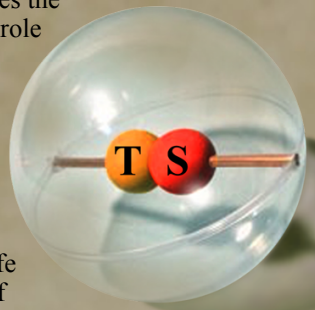
Here:	I AM:	The Original:	Supreme:	Cosmic:	Master:
No required journey to get to a place you're not. Always-already. Inherently resident. No requirement to change, fix, or clear anything out of your way. Presence. As IS. IS-ness. This is IT.	Your existence. How you identify yourself. You exist as… The conditions and faculties you own which are both seen or unseen. The unconditional state of your presence. ***Who***, not what.	The first, primordial, inherent. Existing at or from the beginning, or even timeless. Basic and fundamental. Point of origin: where everything comes from.	Strongest, most important, or most powerful. From the Latin *supremus*, superlative of *superus* 'that is above', from *super* 'above.' Utmost, unconditional, greatest. Can override anything undesirable.	Inconceivably vast. Taking in the entire Universe. All-inclusive totality of existence. Including every aspect or the entire range of the Universe, both moving and unmoving, both relative and Absolute.	Ruler, sovereign. Has others working for them. Has dominance or control of something. A skilled practitioner. Acquired complete knowledge or skill. From the Latin *magister*; probably related to *magis* 'more.'

This e-book is about inner personal transformation. The purpose of this information is to help you deliberately command your Universe with your primordial totality of existence by becoming aware of it. It's based solely on intellectual understanding, called Higher-order Cognition. As a Factual Metaphysician, you'll naturally act more expansively with your Cosmic organizing power, producing broader results in your daily life. If this material captures your imagination, you'll take time to consider it carefully, slow down, put on your thinking cap, and continually review it until comprehension leads to tangible results. You'll return repeatedly to hear things you didn't notice before. Many condensed packets of information come at you quickly, so you may need to reread it numerous times, perhaps even a hundred, to fully grasp it. Points that are too abstract will become practical utility. New experiences in your life will draw more from the text. You'll see familiar words in a new light, leading to a profound understanding of practical, workable results that can instantly manifest everything in your life while being completely at ease with Who You are as The Original Supreme Cosmic Master Right Here. Now, we'll pinpoint the first mechanical fact and cornerstone in the sequence of facts that constitute your Higher-order Cognition. To validate everything that follows and understand why, it's crucial to trace your journey back to this foundational fact.

Any two or more things have in common a reference field that doesn't divide or reduce.

Let's look at an example. This napkin presents the knife and fork. Here, the napkin serves as a common denominator that provides a reference field for how big or how far apart the utensils are or even if they are next to each other. Two or more items must be situated in something more fundamental than either one. It acts as a medium of separation to highlight the differences between objects. It is a stage upon which everything is displayed and contextualized.

We could remove the napkin and have the silverware float in space. In that case, space's dimensional attribute becomes the reference to define the utensils. Time would also play a role since two or more items must coexist simultaneously to reference each other. For example, if you want to be home at a specific time, you also need to be in that space. What would serve as the common reference to present the two attributes of time and space?



Something must be present irrespective of any specific time or place: Presence. Does Presence exist even if there are no tangible "things" present? Let's say the knife and fork are destroyed and gone. There is nothing left of them. That scenario wouldn't occur unless a state of "the knife and fork are gone" is acknowledged. Now, let's consider a situation where time and space are obliterated due to the end of the Universe, like the Big Bang reverting to its prior state. Nothing exists. Yet, something must persist. What would that be? Without the inclusive Presence of the state "Universe gone," that situation couldn't occur. Thus, Presence is the state that all-inclusively remains.

As Presence underlies time and space, its nature is not division. With no division, Presence is ONE Thing. We can also refer to ONE Thing simply as Presence, capitalized. (I will capitalize words for their Cosmic significance.) Without variations or divisions, Presence is ONE Singular, no-variation, all-pervasive, and all-inclusive entity that simply IS. Presence embodies This Is IT-ness.

*The term "Universe" encompasses the knower, the known, and the object of knowledge. Together, these three aspects form the definition of the "Uni-verse."

Presence is the commonality shared by two or more things and forms the basis of life, just as the ocean serves as the foundation of waves.

Later, we'll discuss how one half of you is Pure Singular Presence, the Absolute You, while the other half consists of variations that move around in and as a Universe. Ultimately, Presence is both. We'll also outline a procedure where the only aspect that matters is Presence. This is a dedicated time when you command your Universe. Presence will be known as your foundation for attainment. This indicates that I have a practical reason for guiding you through this logical flow of ideas.

Presence not only references everything, but it also embodies totality. It is an unmanifest state that's becoming everything, the fountainhead of anything that exists. Presence not only serves as a reference field for all variations, but is also their source. Presence is like a TV screen that remains a TV screen even when the channels are switched, or like waves that are still the ocean appearing as waves. The wave IS the ocean. As a human with a personal identity, your Presence appears as a "me." Presence is described as that which can't be seen, but without which there is no seen; that which can't be perceived, but without which there is no perception; that which can't be locally conceptualized or imagined, but without which there is no concept or imagination.

You can know, completely, accurately, and successfully, all you need to know about that which can't be known in order to express yourself as the Supreme Master. After that success, you have the option to not need to know anything and simply be that Presence to accomplish anything. Just being who you are as Presence leads you to that which can't be known, allowing you to leave the variations of knowing behind. Later, I'll have you be this ONE Thing so that you understand what I mean.

Presence is the final common denominator or reference field of all variations, meaning what any two or more things share in common. I symbolize it with a transparent sphere, as shown here. I use it because the line defining its outer shape is one endless curve, and its lack of

features makes it transparent. Variations, my other half, are represented by an arrow added to the sphere because, in that form, I have things come and go, which defines change. At the beginning, I stated that you're the very nature of Presence. Now you see that I incorporate both Singular Non-change and variations. You'll notice that the two symbols below will frequently appear to support the practical actions you take while commanding your Universe.

Non-change implies that there cannot be two or more because that would constitute a change, similar to the colored balls of time and space. Even if the balls were identical, a gap would exist between them to signify their separateness. This gap represents a change between the two balls.

Here are the six Attributes of the common reference field:

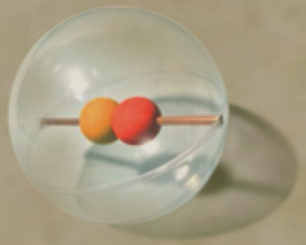
A field needs to be divided into two or more parts to maintain disorder. That's why I refer to this field as perfect order. The same non-division applies to completeness.

That's the fundamental reason why all of Presence is ONE single State or ONE Thing. All expressions of life are ONE Thing, and never stop being that ONE Thing, even if they *seem* to.

Here are the twelve Attributes of ONE Thing:

Claiming that ONE Thing is pure love might feel personal. A more accurate definition would be the raw material of love in its fullness. It has yet to unfold into the knower, the known, and the object of knowledge.

What about thoughts? Thoughts are still variations. Where are they? You can't hold thoughts in your hand or put them anywhere. Yet when you think of the moon, your



thought goes to the moon in your thought space. Similarly, you can have a sense of identity space, which is even more abstract. So even though variations become abstract, thought and identity sense follow the same rule of sharing the common denominator of Presence.

The definition of non-change means not only ONE Thing but also No Thing. Think about it. If ONE thing has no variations, it must also be No Thing, like the transparent sphere. Things or variations imply that an end boundary must exist to stop and then start again in order to define a second thing. Even a single item must have limits, or else it would continue indefinitely with no boundary in sight to define it. This image shows the Universe divided by a boundary.

That's the fundamental reason why all of Presence is a State of No Thing. But hold on, because soon I'll explain why Presence seems like only something.

We can use the transparent sphere to symbolize No Thing because its round shape suggests an unending continuum, and its transparency indicates a lack of variations. Presence is timeless, spaceless, non-dimensional, all-pervasive, all-inclusive, endless—where all boundaries originate. Infinite is another term for endless. Anything infinite has no boundaries and is, therefore, No Thing. Isn't it fascinating how No Thing is what places everything?

I mentioned that everything is No Thing; yet it's not contradictory to say that everything comes from No Thing, even if there appears to be a distance separation.

Not only does No Thing underlie and thus give rise to everything, but everything itself is No Thing. This means it is actually inaccurate to state that everything "comes from" No Thing. Claiming that everything comes from No Thing is an incomplete truth or a lesser truth.

I'll provide an example of incomplete or lesser truths and how both have their place.

Farmer Sod: "I know the Earth is flat. We cut a path through those hills, starting from side to side, and the road was as flat as a ruler. The water just sat there and didn't flow off from end to end when it rained. With every fiber of my being, I know the Earth is flat."
Dr. Hardball, geologist: "Yes, Farmer Sod, what you say is true, but there's a more complete truth beyond your perception. The Earth is a sphere of minerals held together by gravitational force. You just need to learn what to look for to verify it for yourself. Let me show you how to track the movement of the stars, and then, with a telescope, observe ships approaching you on the horizon."
John Paolucci: "Dr. Hardball, the Earth isn't merely a sphere of minerals held together by gravitational force. There's a deeper truth beyond your current perception. The Earth is at the center of Presence within you. The root meaning of the word Earth is 'outer condition.' A metaphysical reality makes all outer conditions ONE Singular indivisible Presence. Let me show you what to look for so that you can confirm this for yourself—how two or more things share a common reference field, how that State is more than time-space, so that all of it fills the Earth, making the Earth a state of No Thing/ONE Thing, which is your inner nature."

What's happening here is that perception in the field of variations gives rise to different levels or layers of truth. This means lesser to greater truth. Lesser truths have practical utility because Farmer Sod needs to know if he has a flat road for maintenance purposes. Dr. Hardball must know the Earth is round to advise global travel systems. However, if you're going to confidently command your Universe, which is the place I'm taking you, you'll need to use the most comprehensive truth to act on.

* At times, I may refer to variations as not being Absolute ONE Thing, even though they actually are. I do this because when I'm new to you, variations can serve as an excuse to ignore ONE. (I'm not..., I don't...) Whenever I discuss local variations, if I remind you that all variations, including your perception, represent Absolute ONE Thing expressed, this text would become bloated, overly repetitive, and you'd likely lose interest. So, remind yourself as needed.

In part, Your Absolute Non-change Nature represents the modern definition of a black hole.

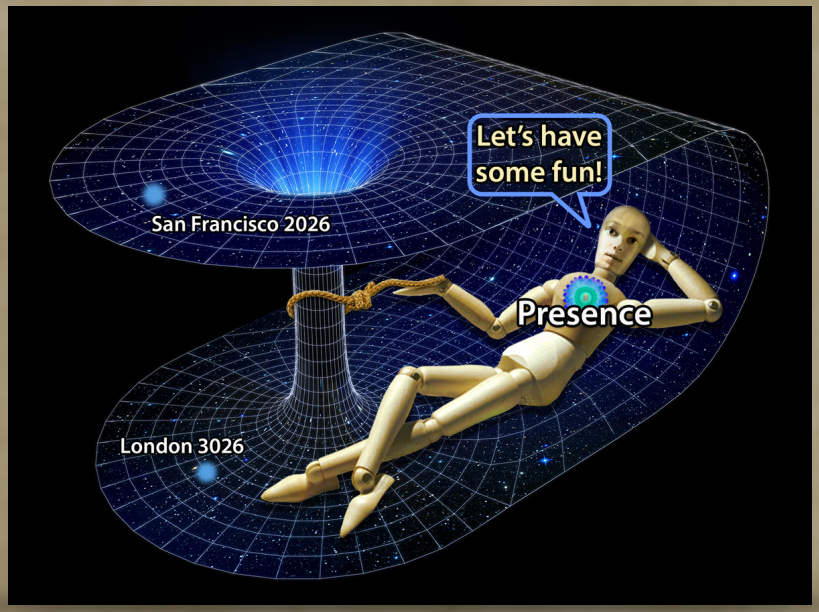
If you've heard of black holes, regions where the curvature of space-time becomes infinite, you'll immediately recognize that you embody them as part of Your Non-change nature. You don't need to engage in science or create a pseudo-science to make the connection. It's simple, discernible mechanics for anyone from any background, as I'll explain.

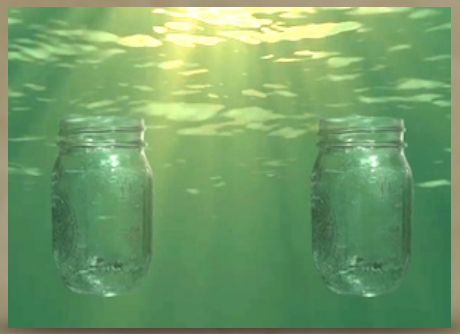
Space-time is Existence because it exists, but Existence encompasses more than simply any particular time or position in space. It's a singular, non-dimensional completeness. Existence is one all-inclusive, indivisible, all-pervasive state. Existence is everything, everywhere, forever, all at once. Presence is another term for Existence. One common Presence means that San Francisco in 2026 includes London in 3026; however, when positioned in the specific time-space of San Francisco 2026, seeing only that segment of the universe, you're unaware of its entirety. Yet, "not here, not now" exists as well. Why doesn't the nature of Existence also encompass that absence? It does, but only as the experience of a partial view. Presence is what all time and space share in common. Presence underlies and permeates time and space as its source. That which underlies is called "sub-stance." Therefore, Presence could be regarded as the substance of time and space, the most complete truth about them. By its very nature, Presence remains the same at all times and places. This indicates that life is a singular, non-dimensional whole at every point. Whether you perceive it or whether you're a partial viewer or not, life is singular non-dimensional completeness at every point. "Not here, not now" requires a partial viewer's conclusion.

Completeness means that everything—past, present, and future—always has and always will exist everywhere, forever, right now. Because you exist, you are that indivisible field of completeness.

This still-silent Absolute field is supreme because it is the substance of everything that isn't reduced or divided. Indivisible means you cannot be left behind in some place, as your partial view might suggest. Because you exist, you are the Existence touching every point of the Universe: totality. According to the principle of complete Existence, your ability to achieve everything you can imagine and more exists right here with you, right now. Because you're that indivisible Presence, you have full access to bend Presence back onto itself, grabbing anything you desire from both San Francisco in 2026 and London in 3026, or anywhere else. Some physicists refer to this fundamental character as nonlocal entanglement. Here, I portray you as a wooden mannequin.

Below, you're a local being who realizes you possess cosmic nonlocal entanglement. Here, you'll discover the opportunity to bypass science and transition into a factual metaphysician who identifies as The Original Supreme Cosmic Master Right Here.





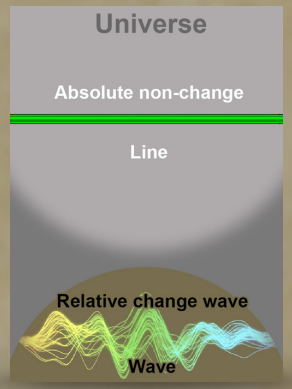
This is a good time to compare Physics with Metaphysics.

I'll explain a situation that illustrates how you can be misled by the apparent separateness of things. There are two jars with their lids off in the ocean, each containing an equal volume of seawater. Perception in time and space reveals that although the ocean is one body of water, the contents in the left jar differ from those in the right. If you were to take a sample from the left jar, it would contain unique microscopic particles. If all the ocean's water were in the left jar, none would be left in the right. Conversely, if all the ocean's water were in the right jar, there would be none in the left. Not all of the ocean's water can fit in the jars. The ocean water in the jars cannot be all-pervasive and all-inclusive, meaning they do not represent the ONE common denominator.

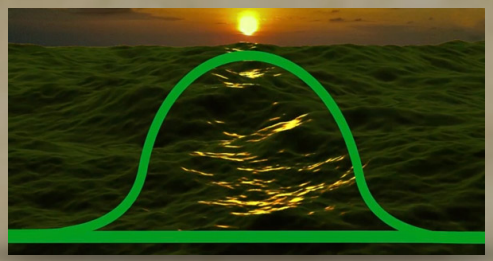
As you typically experience them in your world, the two jars do not adequately represent the true metaphysical relationship. You must understand that they do through your grasp of higher-order metaphysical facts. The analogy is that all the water fills those jars, making each jar an all-inclusive ONE Thing.

Let's examine another jar scenario. This time, the lids are on. Here are three jars: one is empty, one is half full, and the last is brimming with water. The empty jar resembles the full one, and you can't tell the difference because the fullness in the jar is all-pervasive. Only a partially full jar can be perceived as "less than."
The all-pervasive nature of ONE Thing makes it well hidden. Something completely all-pervasive is transparent because it permeates everything thoroughly.

As this endless ONE Thing and No Thing is all-pervasive, it completely permeates every aspect of you—absolute and relative—so that you encompass all of it, just like the metaphysical Fact of two jars with the ocean. Both aspects of you are ONE Thing, the ONE Thing that everything shares in common.



You are that still, silent, all-pervasive ONE No Thing, thus embodying the final essential state of, and the very nature of, Presence. Pause and reflect on this.



Any aspect of Presence arises from our common Flat Non-wave State. I'll visually represent change using this bell curve. I'm not presenting academic wave theory; this is a more fundamental practical mechanics. I'm merely mapping an impulse of an event, experience, perception, or any aspect of Presence, which comes and goes. It's either flat and still or an impulse. It doesn't get simpler than that, so there's no theory to analyze.

This is your Flat-line State, a State of no attributes or variations. Everything is Line. If who you are weren't Line, the ocean, or Cosmic, you'd be just another variation out there waving as a wave instead of the common denominator itself. Since variations require Line to bend, Line is the bender of wave, meaning that Line holds all variations. The line never stops being Line, even when it seems to bend.

How does wave come to be in the first place? If reality or a base state is No Thing, from where does experience arise? First, this No Thing ONE Thing has a presence. Just because it's a meta-physical presence doesn't mean it's any less a presence than the waving of time-space manifestation. If time-space manifestation waves itself, it must happen because the nature of its underlying metaphysical Presence is to become observable and experiential.

It's Your Underlying Nature. You have Non-change Attributes that express themselves as a changing Universe, which we'll discuss later.

Because of the indivisible, all-pervasive nature of this No Thing ONE Thing, you never stop being that even when you seem to become time-space manifestation. To perform a wave, you seem to pretend to no longer be this No Thing ONE Thing. So, the quick answer is that the ocean doesn't become a wave. There is no wave; it's only an illusion, not real, or an incomplete truth. Remember Farmer Sod and Dr. Hardball. Relative experience comes from what isn't real. That's the basis for when, later on, I say that your changing attributes are only your imagination or pretending. That change is always already arranged as the Unmanifest State of Determinism.

A good analogy for the illusion is a snake and a rope. You see a snake on the road ahead of where you're walking. As you get closer, you find it was only a rope. Getting closer in this context means examining the self-validating mechanical fact of You as ONE Thing. The best analogy for the seeming bending of Line is the ONE Presence rocking itself like a pan of water to create waves. Accommodating how ONE thing never stops being ONE thing, even when it waves itself, wave isn't a contradiction. And, of course, our experience of the ocean and waves helps the whole phenomenon seem more intuitive. Here's a pan of water serving as an analogy for our ONE complete field; the State

of Presence seems to reverberate within itself like waves. With this pan filled with water, I slowly rock it back and forth and watch various waves. The waves bounce back and forth, colliding with one another, which creates smaller waves. Sometimes, the waves even cancel each other out. The patterns are unique and endless. To reverberate means that it doesn't divide or become separate. It means that no amount is added or removed to undergo internal change. Just like a line, nothing about it changes when it bends to form a wave. In the background of the pan image is a lake where waves interfere with one another, canceling each other out. This helps us see the big picture of how you, as everything, are ONE vibrating No Thing. Like the still, silent ocean, waves rise from the pan and then return to it.
Here is a link to its video: https://drive.google.com/file/d/1sO65jEy4ojnkQMyNpnaiCF-irPFLvayV/view?usp=sharing

Now, I'd like you to say, "I'm The Original Supreme Cosmic Master Right Here." Put your finger to your lips. Who just spoke? You may say, "I just spoke." Yet didn't Your Line, the Absolute Non-change, just speak? It simply bent to speak, didn't it? ONE Line just bent and spoke, bending into your "you" vibration. That's just simple mechanics. It's as simple as you allow it to be.
How many possible lines are there to bend and speak? In other words, how many benders of waves exist? Only ONE, because it's all-pervasive and indivisible. The ocean spoke, even if it appears only as a wave. Any second line would be a variation, and variations only occur as waves. Therefore, The Original Supreme Cosmic Master Right Here, from Your Ocean State, just spoke. Listen to Who's saying all this, all alone inside you, as You. There are no pretending external "it" concepts such as perception, experience, and events; there is only you as The Original Supreme Cosmic Master Right Here. Anything that happens results from the rules you make, all alone, for how the Universe works.
Pause to consider this: "Hmm, I'll have to think about this." It just spoke the same way. You've established a rule indicating there are things that require contemplation.

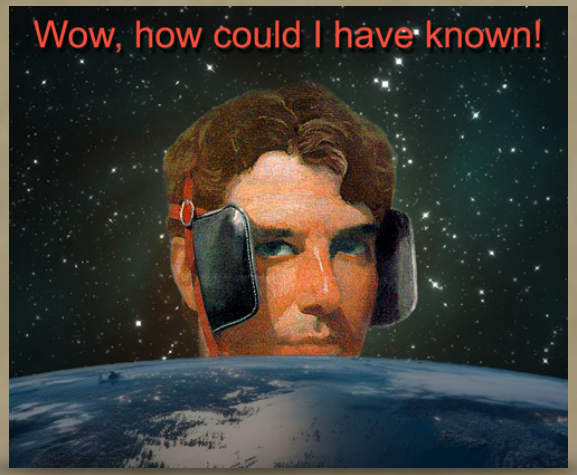
Now, wiggle your finger. Whose finger just wiggled? Again, it's the Cosmic finger. Now say, "I'm indivisible completeness, perfect order, and perfect integrity." You've just spoken from Your Ocean State, which is Your No Thing State. ONE Thing embodies complete perfect order. Perfect order signifies harmony. Harmony equals goodness. You're beneficent perfection. Everything occurs in your best interest, whether you realize it or not.

You might say, "But a mass murderer or someone Satanic could point to their lips and speak the same way." Yes, that only means there's more to Your perfect order, integrity, and goodness than what you're perceiving and concluding. Local perception can lead to all sorts of conclusions. Again, it's not always what it seems to be.

Can there be perfect evil? No. The words perfect and evil are contradictory because evil requires absence or a deficiency, where something is missing or not enough of something. Perfect completeness, the Fact of Presence, doesn't contain absence. Evil is merely an illusion. The illusion arises from comparing differences within a locally constrained field of perception.
In this flooring tile example, you can see how light and dark are the same. Perception may lead you to believe that tile B is lighter than tile A. This phenomenon of a

constrained field distorting your conclusion applies not just to objects, but also to thoughts, intellect, and your sense of identity. "A" tells you that you can't be The Original Master Cosmic Right Here because you're a different color. But once you gain wisdom, you proclaim, "I'll be darned! **I am that.** It was only perception's conclusion that convinced me I was not." If you could see how all the details fit into the big picture of the Universe, you'd find yourself in love with everything. Nothing is misconceived or misplaced. If you lose your car keys, it happens for Your Supreme conceived reason. If you mistakenly drink poison and so-called die, the same applies.

If you're world-famous, it's the same too. Imagine you're at a friend's house. Your contact lenses fall onto the carpet, and you're down on all fours, searching for them. Your head pops up at the edge of a coffee table, and you notice unsightly dents and scratches on its edge. "Oh, how awful. How could that have happened? I hate it when things like that happen. What a shame." Then you back up to get a fuller view, and all that initially seemed like an awful blemish turns out to be part of a beautiful woodcarving. "Wow. How could I have ever known?"



The Cosmic You is up to something more significant behind the scenes that limited perception can't see. I'm not suggesting that you try to love everything, as you would if you had the complete picture of Presence in front of you. I'm simply explaining how perception and conclusions function.

If you could see just ten percent of the reasons behind the "how terrible" scenario and how it integrates into the grand design of the Universe, you'd fall to your knees and weep over the indescribable glory. If you could understand all the reasons and their connections, you'd find yourself simply in love. And if you could see how your initial reaction of horror and disgust fit into the bigger picture, you would smile at it with peaceful affection. You only do what you love.

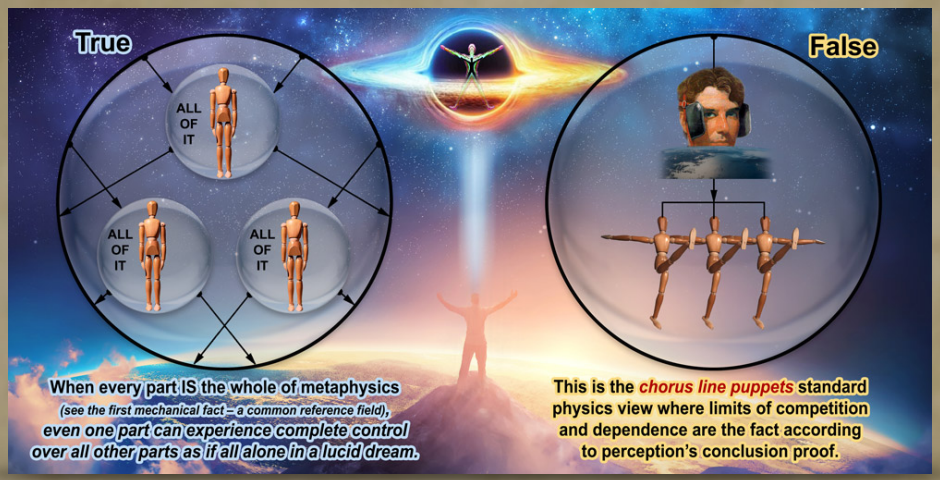
It's time to define you as ONE All-Person (OAP), all alone, no one else in the Universe besides you, all your private dream.

Your first response might be, "How can I be all alone in the Universe when someone else could read this document, and then they go ahead to be all alone as the sole commander of the Universe? And then you must also be saying that I have complete control over them. I can't wrap my head around that. It makes no sense."

You're only used to thinking in terms of physics. Now you're learning that there is a common organizing field that's more than just time and space. You're opening yourself to infinite, unbounded metaphysics. Indivisible reference field > ONE Thing > ONE All-person all alone > You can pretend to be many.
Meta-physics (beyond physics) allows seemingly mere micros to be a singular harmonious Macro who is all alone and in charge of so-called everyone else, just as if in a lucid private dream. More than time and space, a common organizing field means that whether "someone else" exists in your time-space is irrelevant. The best you can do to start wrapping your mind around this is to realize there's an inconceivably massive organizing power that keeps track of the living experience for everyone, everywhere, forever, all at once, that they're all alone. I say all at once because it's above time-space. All that massive content fits in the container you call "you." – Not just in your body as a walking Universe, but in your containers of mind, intellect, and identity sense. When something Supreme fills your container, you never stop being Supreme in every way.

Infinite-unbounded means that the rules of physics don't necessarily apply to Who you are Cosmically. It's wide open like a dream on the fly. It's as if you're sitting in an open field as far as you can see. Someone convinces you that only three feet of it can be used. Then, when something that requires more than three feet is needed, you conclude you can't. You act like a thirsty fish in the sea.

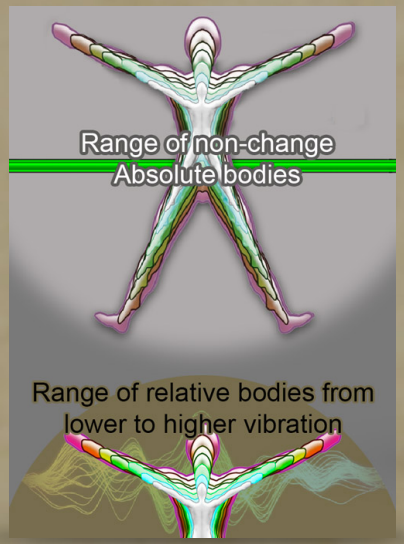
You're used to thinking in a linear hierarchical manner instead of embracing 100% infinite unbounded metaphysics based on unlimited ONE Thing / No Thing. To be true to metaphysics, you must leave its door wide open. This diagram may assist in loosening that door.

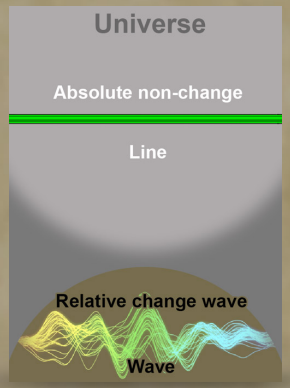


True: When every part IS the whole of metaphysics, even one part can experience complete control over all other parts, as if alone in a lucid dream. Isn't metaphysics bizarre? (smile)

False: This is the chorus line puppets standard physics view, where the limits of competition and dependence are facts according to perception's conclusion proof.

As far as a personal presence that reflects line and wave—Absolute and relative—you have a range of bodies for each. Your physical body is the lowest vibration, while your highest-vibration body organizes the relative Universe. Additionally, there are non-change Absolute bodies. The lowest welcomes you into Absolute

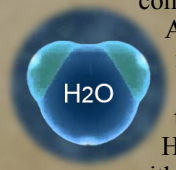




activities, and the highest is the celebrative embodiment of the Absolute.*

If you're interested, there's a document that covers more delicate and personal metaphysical mechanics, including your twelve bodies:* ***A Competent Cosmology Conception*

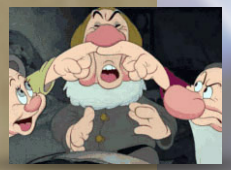
How is it that non-change exists amid change? How can this Lively Presence or Lively Absolute be non-change? Aren't all variations waves? How can there be activities in non-change? In the absolute, there are still-silent variations, which serve as the raw material of change, just as H2O is the raw material of water, vapor, and ice. They exist prior to the wave or Universal state. They're the same as the ONE common still-silent field that everything shares.

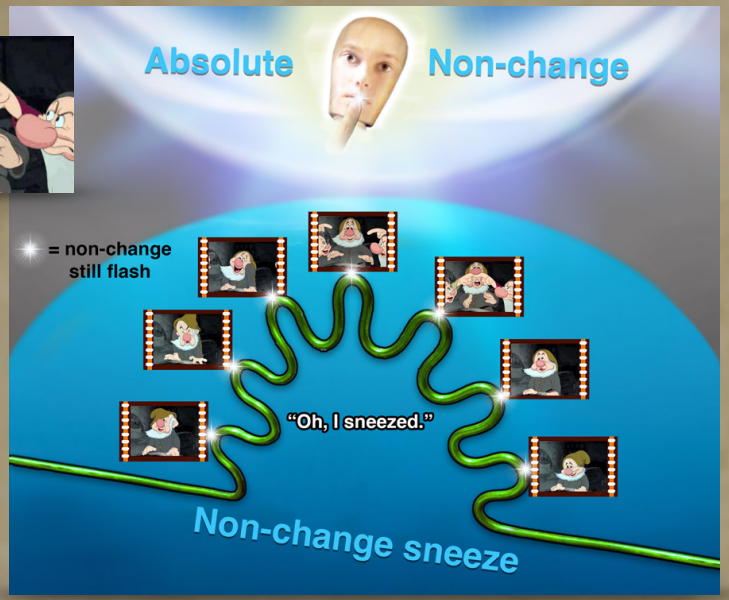


A helpful analogy for non-change is hydrogen and oxygen molecules. H2O is the essential constituent of water, vapor, and ice. H2O remains H2O, even as it undergoes transformations into water, vapor, and ice. Wherever there's water, there's its unmanifest state of H2O.

Here's the great significance: H2O transitions from vapor to snowflake without becoming or changing into a different H2O. You don't need to experience a transition to get anywhere. You don't need a time machine to travel from San Francisco in 2026 to London in 3026 if you know you're Presence. You can reach anywhere from anywhere, regardless of your current experience, whether you feel like a dummy or helpless. How's that for practical, elegant simplicity?

In this image, your change is represented by vibration or line bending as waves. Let's examine a sneeze in your changing world. Like a film, each image is still. Moving across a movie film strip creates the illusion of change through related flashes appearing and disappearing within partial views. The action of the mover across it consists of still flashes as well. If you laid the movie reel on the ground and could see it all at once, there'd be no doubt that the movie's end and every other part exist simultaneously. The still images flash in and out so quickly that perception can't recognize non-change. They could be, for instance, flashing a billion times per



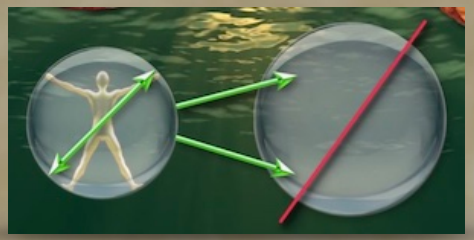


second. Then, based on something that's a still, silent presence, we get the illusion of moving through time and space. "Aaaa-choooo!"

So now I'm using the phrase Lively Absolute. Why do I say lively? Because of all this non-change content happening. Because of the You who knows, sees, does, and is everything everywhere forever all at once. That infinite non-hindrance part of you understands that the so-called merely physical you is interested in being an Original Cosmic Supreme Master right in your everyday life. You must acknowledge that this nature qualifies it to be called Your Lively Absolute Body, a real living presence, not just a stick-in-the-mud void, because, as far as you can see, it's silent stillness.
Initially, I referred to the Absolute as No Thing, no experience, to keep definitions as straightforward and logical as possible. It's important not to get lost in abstractions. However, you'll eventually hear, touch, see, taste, and smell everything in all your Absolute Bodies within Your Non-change Absolute Realm.
What about experiencing Your subtle Lively Non-change Absolute Realm? It's so different from the changing relative that you won't need to ask. With its Complete Effulgence, you'll simply know that you're experiencing it. There won't be any absence to support not knowing. That's why you're unlikely to hear anyone talk about it. They know you need to discover it for yourself.

What You're up to as OAP. What's happening and why.

In Your Absolute completeness, You're in complete control; You love everything about Yourself. Yet, complete, perfect, and full, with nothing missing, You have no place to expand because You're already everywhere doing everything.
So, through reduced perception, You ***pretend*** to stop being Yourself and experience yourself as an isolated recipient of variations. Why do I say pretend? Because following ONE thing, ONE All-person, doesn't divide or reduce.
As perception-conclusion-based isolated recipients, you seek events to know who you are, what will happen, and what you can do. With that, you use your ONE all-mind to seemingly prove whatever you find. The adventure begins.



A time comes to discover your hide-and-seek game and re-establish your identity. Even without the perception of ONE All-Person, you use your ONE Thing State to act ***truly*** as if you weren't missing. You proceed to command your Universe from your ONE Thing State as OAP.

Perception, experience, and events then flow fondly. Eventually, you know and do everything again. (Later, we'll cover commanding Your Universe.) You love Yourself so much that You want "others" to rediscover or learn Who You are. It's all about Love, which requires You to be covert in a pretending form for a time. With that, You seemingly put Yourself on a line of expansion, as depicted in the green-gold arrow image. A system is then established with rules to obey, guiding you to eventually see and know more until you act as the full You. We'll call that transition Systemics or relative Systemics. As you expand on your line of evolution, the attributes of your individual life also expand. They can be described as a hierarchy from lower to higher vibrations.*

* Be careful here. Reasons are provided to help explain how your localized experience occurred. That doesn't mean you should use them to define who you are. Keep layers of truths (like Farmer Sod should) in their proper order and perspective, and you won't find contradictions in what I say or any cracks to fall through.

The lowest is your physical body, and the highest vibration is the First Systemic Organizer—the organizer of the system that runs the Universe. However, as a Cosmic Master, you'll rise above a system of rules and consequences to be Supreme and your own rule-maker. We'll carefully examine how that works later.

Different cultures present images of their First Systemic Organizer, referring to it by various names. These images incorporate racial types and clothing associated with those cultures, enabling viewers to identify with them. In my case, I've used a wooden mannequin to avoid distractions from cultures and genetics that some may find unappealing. Additionally, the attributes of these bodies are more abstract due to the broader reach of higher vibrations. For instance, one of your bodies has a thousand heads, while others may have many hands performing multiple functions simultaneously. All vibrations represent physics, yet finer physics seems "meta" compared to the standards of the Earth's plane you're familiar with. Consequently, these images can appear quite exotic and bizarre when representing abstractions through familiar physical forms.

Let's clarify the attributes of your Absolute Non-change body, which include some abstractions you may not be familiar with.

Here are the twelve Attributes of your ONE All Person state:

All-knowing, All-seeing, All doing.

Infinite stability, infinite flexibility.

Completeness. All possibilities complete.

Timeless eternity in the midst of time.

Stillness in the midst of activity.

Non-change in the midst of change.

The fountainhead of all variations.

Perfect choice.

Sufficient supply.

Only doing what you love.

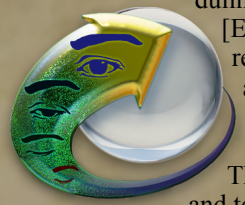
Doing nothing to accomplish everything.

Fond-Flow-Effulgence*

You can't have it both ways. If you confirm ONE thing, you confirm you're OAP with the Twelve Attributes fully intact. If not already fully intact OAP, ONE thing isn't so.

* FFE is defined as flowing seamlessly from one fulfillment to the next, without any gaps, losses, lacks, or restrictions. You fully enjoy your endeavors, and when you're ready for more, you effortlessly transition to your next pursuit. You cultivate expanding dreams that are unimaginable in scale. When framed within boundaries, it embodies non-hindrance.

Here, we'll include possible relative attributes: You can only know, see, and do so much. Unstable and inflexible. Incompleteness: many things are not possible. Not enough time. Can't keep still, especially the mind. Everything keeps changing; it's hard to keep track. You have no idea where things are coming from. You make mistakes and poor decisions. You run out of resources. You're forced to do what you don't want to do. Many things are above your ability to accomplish. Boredom, dullness, suffering, difficulties, and tiredness abound.

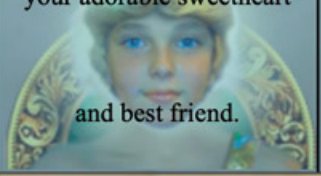


[Enjoys: anger, being apprehensive, guilt, making excuses, deception, revenge, doing harm, hatred, disappointment, failure, negativity, being an abused victim, neglect, stubbornness, dishonesty, preferring ugliness, and waste. (and more) These are inner nature, line of expansion systemics.]

These relative attributes provide motivation to discover what is happening and to overcome limitations or hindrances posed by rules, ultimately leading to the recognition of the Absolute You, which represents your return to the Highest You. This is accomplished through a guidance system on a line of expansion that requires strict boundaries to obey with exact consequences, ensuring that you continue moving forward.

We have defined ONE All-Person with several names—the Absolute You—and, more specifically, as your 12th body. Here is the final and most personal name: your Original Cosmic Beau in the Absolute Realm of Your Cosmic Beau Estate.

Introducing Original Cosmic Beau

Original Cosmic Beau					
ONE All:	**Celebrative:**	**Body:**	**Original:**	**Cosmic:**	**Beau:**
As you saw with OAP, this is a personal Universe. Beau is the embodiment of the reference field that everything has in common. He is both Non-change and change. The final truth is that there is only Him.	Everything He does is a celebration of Love. He is your adorable sweetheart  and best friend.	Not only is Beau the most vast, the whole vast, but he takes human form in various worlds to perform maintenance tasks outside of Systemics, which is His personal call. He appears often as a small boy.	Beau is the original pattern for all beings that unfold under His design. In metaphysics, male relates to the first cause, father, or progenitor.(From Old French geniteur or Latin genitor, from the root of gignere 'beget'.)	When experienced, He is seen as every aspect of the Universe all at once. That vision is bestowed only by Him or when *You* are that status. Having come from there, everyone will return to The Cosmic Who.	Beau: Sweetheart, lover, beautiful, handsome lad, charming, pleasing, affectionate heart. From the Latin bellus; fine, attractive, beautiful. His abode is Your Celibrative-Beau-Estate.

Here is OCB seated on His Throne, your personalized 12th body, resting on its throne. It's a lively Non-change Absolute body, the ONE All-body, the embodiment of ONE Thing.
See PDF: ***A Competent Cosmology Conception*** for a full definition of Original Cosmic Beau. Here is OCB sitting on His Throne, your 12th body personalized, occupying its throne. It's a vibrant Non-change Absolute body, the ONE All-body, the embodiment of ONE Thing.
When interacting with your 12th body, it's beneficial to have the personal image of OCB reflecting His Attributes to emphasize a Supreme Cosmic message and significance when engaging with your Universe. Ideally, you want to do what OCB does to command your Universe. Since you never stop being Him, discovering how that works won't be rocket science. Regarding your perception, there's no difference between Him and ONE Thing.

The full indivisible You.

Yet He's a real, living, breathing, comforting person you can relate to as your Best Friend. You can have a dialogue with Him, even though the most complete truth is that He, alone, is both the cause of the speaker and the listener. That's one way you celebrate yourself.

Owning Infinite Flexibility with All Possibilities, OCB offers to override your limiting rules for how the Universe operates for your line of expansion. Knowing has organizing power. Knowing His Attributes through H.O.C. enlivens the processing of His offer. This also gives you a self-validating, Self-effulgent rule over all things. You act on what you know and proceed without a care in the world. Any story you hear inside your head that says you can't control your Universe through simple knowing is merely another binding rule on your line of expansion that you now walk over. You see it for what it is and move on. It was valuable for guidance in the past, but is no longer a relevant guide, replaced by your Direct Effulgence.

On the next page, you'll see three ways to utilize your OCB state effectively as your obedient servant. You command your Universe with real supernatural magic because you own supernatural cause bodies, including your OCB.

Because of His adorable 12 Attributes, He is not only your Adorable Sweetheart, but also your unconditional obedient servant to command. Too good to be true, yet indeed true.

OCB Acknowledgment

OCB is essential for conviction and thus realization that you're meant to command your Universe, all alone as a private dream. OCB Acknowledgment starts with the simplest mechanical fact: Any two or more things share a common reference field, and that field is ONE indivisible thing as Presence. This is the simplest fact anyone could know, and with a little careful consideration, it's strikingly obvious. Because disorder requires two or more changing things, Who you are is Perfect Order. Examining ONE thing as indivisible and all-pervasive, meaning it never truly divides or reduces, there is nothing but Perfect Integrity, Pure Harmony, and Pure Goodness. Anything less is a locally-based perception supporting a baseless fake story in your head. When ONE thing becomes personal like you, it is essentially ONE All-person.

There is nothing but the goodness of ONE All-person everywhere. That means, despite any opinion, your command is a Perfect Choice or Complete Authorship Integrity. As a structural reality, you're meant to command the entire Universe. Humans like to believe in grandiose concepts to boost their sense of importance, but your command of the entire Universe is a mechanical fact if you know what to look for and follow the simple common-sense structure. In the illustration above, it's laid out, culminating in your confident embrace of your Original Supreme Cosmic Mastership. You can use this illustration to review the basics, refresh your understanding, and strengthen your natural empowerment prior to deliberately commanding your Universe with your perfectly chosen Command Content of Attention (CCA).

For a locally-based perception supporting a baseless fake story in your head, you need to forget you're ONE All-person and put yourself on a line of expansion from lesser knowing to greater knowing of Who you are. This takes organization and management to guide you on that line of expansion. This is where systemic beings come into play. They have to operate in realms where their presence is hidden or behind the scenes. For the general public, they reside in your second to sixth bodies, which have corresponding realms at various rates of vibration. Just like a radio, you'd have to tune into different frequencies to hear stations from lower to higher. This hidden status could be called a cover-up. The big picture is that it's working in your favor as described in the Cosmology document. That's because there is nothing but the goodness of OCB everywhere. In the illustration above, you see a mechanism in a hierarchical structure. OCB underlies it all with infinite love based in a lively, still silent No-thing. There are beings who cause all kinds of trouble, including a struggle to understand who you are as ONE All-person. They don't know they come from Infinite Love, so they get very upset, hateful, and rebellious, while not knowing that what they're doing is actually in your best interest. Not seeing the big picture, they also get scared by evidence of something higher than themselves. They get evidence that there are hidden things happening around them. Because of this, they tend to hide in shadows. These traits appear as stories you hear in your head, which influence your behavior. You have to think it's just 'you' or the normal workings of your faculties, or else the cover-up would reveal itself as coming from a guidance system separate from your free will. This document will allow you to see that you have free will autonomy. You'll be "off the hook" because you'll know the stories in your head are deliberately designed to be fake. They won't match up with the Twelve Attributes of Who you are. Instead, you'll choose to express your OCB Acknowledgment. You'll realize that you were not just neutral by ignoring OCB, but negative and destructive, because you used OCB 100% to prove locally that life includes an enemy, struggle, disorder, trouble, disaster, loathing, and shame. "Damn, what are the chances I'll get a return from my CCA?" Holy shit! (smile)

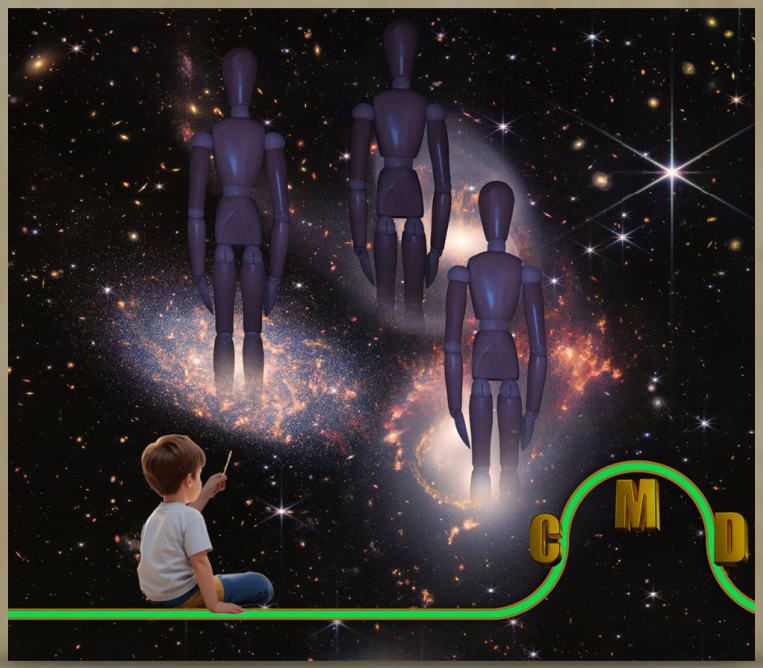
The above image gives a macro view of the value of these materials: direct OCB acknowledgment, or taking OCB "all the way." All alone in your private dream, there is no one else who can conclude, interpret, or "call" your reality, just like when you're asleep at night. You know only you can form your dream. What you're adding to this is that there is a place of Cause for everything that happens, which is your twelfth body or OCB. Here, as seen with the interlinked back and forth of anchors, you're not creating a connection, but merely acknowledging what's already there. The light bulb over the head of your physical body means you "get it" concerning where your life is and the inspiration to change it is coming from. With that, you act on this fact to perform the concept of joining hands with OCB, rather than relying solely on locally perceived faculties and resources. Because your OCB body is all-pervasive, your stance of identity is, Here I AM. Let's see what I do next as "Here I AM, The Original Supreme Cosmic Master." I have a lot of super-duper things I'd like to accomplish. First, I'm not going to agree to any necessary challenging boundaries for my local faculties to have to handle. All alone in my private dream, there's no one else to "call it," so I will. Ahhh, that's lovely. Now I'm going to agree to be gladsome as my complete means-whereby, to celebrate my flexibility into everything. Let's see what I "call" the next thing that comes my way. Then I'll see how the world is as I AM. Hey, there You are – my super-duper, Adorable Sweetheart 12th body OCB!

Why do I say super-duper? Because He knows, sees, does, and is everything everywhere forever all at once. How does it get better than that?

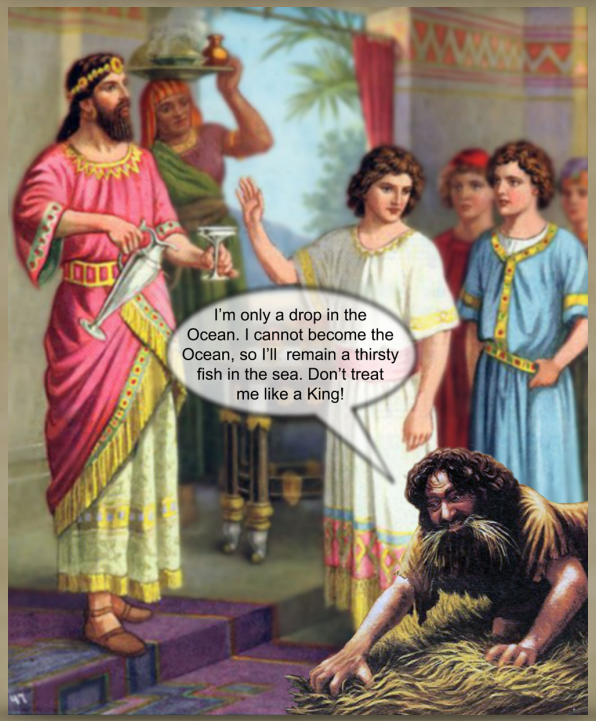
You already own 100% of OCB, so simply have your CCA and don't make a fuss over whatever may be wrong, like a block in your subconscious mind. All expansion systemics are irrelevant when it comes to what OCB, your 12th body, has to offer, right wherever you are. Acknowledge that and you'll act on it; even if your body is pounding in revolt, or if there is structural/chemical damage to your nervous system, or if a demon has you in a stranglehold. That's how someone handles constraints when they know they're in a private dream.

100% Autonomic Supreme Cosmic Master Cause, taking and processing FFE returns through attention's simple acknowledgment of Myself. In this image, the crown with wings symbolizes that you own a resource that knows, sees, does, and is everything everywhere forever, all at once. That equates to royalty. The transparent dome is in an idyllic setting where you are centered within that resource. It protects you from being overwhelmed by the boundaries of perception, experience, or events that could indicate there is a second authority outside of you that may conflict with your intentions. In the center is the Cosmic pan of water that never adds or removes anything from itself. In its gladsomely perfect completeness of authorship integrity, it only seems to become different within itself. Wave IS the Ocean. It has absolutely no reason to do anything except to celebrate its Self Love. Then, for an adventure, it may pretend to have a dire reason to get something done, or else it will perish forever.

You may perceive a conflict outside yourself and then try to control it. You're like dogs who enjoy chasing their tails because they can playfully pretend they're conquering a challenge. However, they might forget they're pretending and start to act seriously aggressive, no longer having fun. Eventually, one thinks, "All alone, what am I doing going to this place within myself?"
"Into a Best Friend, obedient servant of infinite flexibility who knows I know, by His 12 attributes, that He gladsomely understands and overrides my being overwhelmed by boundaries."



There is a story in Eastern literature where OCB played with the Topic Hosts of Creation, Maintenance, and Dissolution. (see the Cosmology document) They were boasting among themselves about their tremendous might. Suddenly, a little boy came up and said to the Topic Hosts of Creation, “What do you create?” “Everything,” He replied grandly. The boy asked the other two Topic Hosts what their work was. “We preserve and destroy everything,” they answered. The young visitor was holding in his hand a single piece of straw about the size of a toothpick. Placing it in front of the Creator, he asked, “Can you create a piece of straw like this?” After prodigious effort, He found to his astonishment that he could not. The lad then turned to the Maintainer and asked him to save the straw, which was slowly starting to dissolve under the boy’s steady gaze. His efforts to hold it together were fruitless. Finally, the little stranger produced the piece of straw again and asked Dissolution to destroy it. But try as He would to annihilate it, the tiny straw remained intact. The little boy turned again to Creator: “Did you create me?” he asked. Creator thought and thought; He could not remember ever having created this amazing child. Suddenly, the boy vanished. The three Topic Hosts awoke from their delusion (fake stories) and remembered that behind their power (systemics) is a Greater Power.



There is a story of King Nebuchadnezzar (neh·buh·kuhd·neh·zr) of the Babylonian Empire. He was said to have lost his mind and forgotten he was King. Not only that, but on all fours, he ate grass like an ox. Even though he forgot he was King, because of Divine Right, his court continued to treat him as King, acting as if he must have a good reason because he’s King. They didn’t object to or try to change his behavior. So there he was with all the privileges of a King, using who he was to eat grass like an ox, in addition to acting very upset. That was his local experience’s conclusion, but not who he was.

Here, the court reference relates to how the rest of the Universe of beings respond to you as King when you acknowledge Who you are as the Original Supreme Cosmic Master. If you don’t acknowledge Who you are, they treat you as if you should know better and allow you to choose as a free will agent.

You, all alone as sole commander and rule-maker in your private dream, decided to lose-to-find yourself locally. You knew how you’d feel about everything going on locally and decided it was in your (both cosmic and local) best interest. That same ‘you’ has not changed and is always right now (timeless) deciding. Here, we call this ‘you’ OCB or 12th body. Ice or snow can decide to have a different identity to act on than H2O, but H2O is a more elegant way to go, which is inevitable. Now, leave this layer of truth behind to act fresh-start as if it never happened. Why? Because you never stopped being that Cosmic fresh-start, except for fake stories in your head for you to act on and prove locally.

Let's look at two examples of exactly what is done to command your Universe as The Original Supreme Cosmic Master: to have a youthful Deity body in both form and function, and to acquire a dream mate. (see *A Cosmic Vision*, in the Cosmology document.) You have a moment of Preparatory Acknowledgment of your OCB Presence, regardless of local appearances, and then leave it behind for doing No-thing for your return. This doesn't necessarily mean stopping any kind of activity, but remaining however you find yourself, since you already *ARE* 100% OCB. Your quiet stance is to have OCB lead the way as your return. Why do No-thing? Because that's how OCB does it in His still silent estate, and you *ARE* there now with that body. If your return is full, you take it and celebrate who you are that way. If not, you'll take whatever you have and continue with Informed Transitional Fond Flow Effulgence, which we'll examine later.

In the early days of familiarity with these materials, users tend to focus on whether certain acquisitions are possible. Later, however, with more maturity, focus goes to handling their inner nature as it relates to more inner familiarity, acknowledging OCB, and correctly handling inner constraints, which can challenge using OCB. They return to more carefully consider information, such as page 14, for inner conviction:

Then, not a lot of attention goes to the details of their Command Content of Attention, like a dream mate. One popular problem is that they see themselves commanding with constraints that deny OCB's Twelve Attributes. They know it's being taken and processed by OCB to prove it locally, as if they should know better. They may see themselves trapped in what could be called a loop of proof, like the dog chasing its tail on Page 17. "I feel like my dedication to becoming familiar with the material makes it hard to separate from the feeling that, just like OCB, I don't need to keep doing something to make a return happen. I know the answer is to realize that even in my self-work, I am still Absolute, but it is hard to see how the two can fit together."

The word "but" is always found with these inner conflicts.

Because I'm here, I'll answer their conflict:

When you first started with this material, working for familiarity was necessary, or else you wouldn't have any reason to even consider using your Absolute OCB status. That your returns are unsatisfactory means you need to continue gaining more familiarity.

Doing No-thing is what's employed 'during' a Command Session, not when you're out taking those session's returns or using your local faculties to study the material. Even during Detailed Dedicated Time, the detail is left behind to return to No-thing. If you want to experiment with doing No-thing when you're out in your world, you can test it here and there with conditions that aren't critical. That's meant to be more of an adventure.
Familiarity leads the way to doing No-thing in a Command Session. Think of working for familiarity with the materials as an investment toward your ability to do No-thing to accomplish everything, anywhere, anytime. Until then, relying on doing nothing to accomplish everything or to align yourself with OCB, while out moving in your world, is putting the cart before the horse. (This will be discussed later.)
The "doing nothing" conflict above was a situation where, if that User had a choice, he wouldn't have had it come. That always means only one thing: he's overwhelmed. That always means he's holding back in his relationship with OCB. And that means he refuses to acknowledge all OCB's Attributes that reveal how beautifully OCB can take care of him, right wherever he is. Another way of saying it is that he didn't take OCB all the way. With simple acknowledgment, your conclusion will have a comforting, soothing, and reassuring effect while you remain just as you are. You'll be pleased that you're doing all that is required of you as a localized being who is overwhelmed. You won't hold back by excluding anything that needs His care. Only by holding back will you question whether you're truly doing the deed. If you only feel some roughness or unease inside that you can't quite identify, that's when you should begin to include yourself in His care. Don't make the mistake of trying to behave a certain way to invoke His care. That's superficial. Acknowledgement of who He is – first – automatically takes care of that. You'll act on what you know. Finally, if you still feel unsure about how to do it correctly, start right there to have Him take care of it. Now you're fully off the hook and pleased with how you're handling the situation. You've done the deed. What you're doing will make perfect sense while you go right on in your world.
The above image shows you and OCB. All alone as Sole Commander, and thus, the world is as you are; anything that happens results from the rules you make, whether you're aware of it or not. Above, you say, "No way am I going to make a rule that I have to hold back getting help if I'm overwhelmed." Then you, the analyzer, say, "Oh, I missed that the hardness was #3. I thought it was the same old me #2." What happened was that the story in your head ("I feel like my dedication to becoming familiar with the material makes it hard…") was so close to you that you identified with it as inseparable from your free will agency. The acknowledgment of OCB's 12 attributes allows you to see it as separate from your integrity and fake (an upset systemic expansion being).

Regarding the former pages, here you are in an image doing the deed. First, is #1, OCB, on His throne in His estate above the earth. A heart on his throne represents His acting out of Self-Love. In His fullness and completeness, with no place to expand, he only pretends to become local variations. To do that, He enlists systemic expansion beings. As autonomous, to you, they're uninvited. As a dog with a headache, you're hearing a story in your head about gaining a return of your command: "What are the chances it will show up now?" With the light of Higher-order Cognition, you instead replace that story with Direct OCB Acknowledgment. With infinite flexibility and sufficient supply, but mostly because you never stop being Him and His effulgence, He is your obedient servant. There might as well be a vacuum sucking up your attention for it to be processed into an outer manifestation. There you are, lying down, knowing you can remain however you find yourself because OCB is infinitely flexible and gladsome to handle your situation as your obedient servant. That's the simplest, most comfortable thing you could do. You're enjoying yourself to be able to do No-thing to accomplish everything – the return of your command.

It wasn't so before because, not knowing about OCB, you used your attention to process returns that were constrained. You manifested proof, with all the living proof you could want, that you were an isolated, insignificant ant in the scheme of things.

As the sole rule-maker, you'll decide the unique behavior of how you command your Universe, but in the next pages, we'll look at some reasonable common-sense approaches.

Reasonable, practical, common-sense approaches to commanding your Universe.

The following will discuss distinguishing between #1, OCB, #2, the 'you' reading this document, and #3, the systemic beings who uphold the rules related to expansion. Let's examine more closely the 'you' who processes this information.

You have a unique identity besides OCB. You might call yourself or go by John Doe or Jane Doe. With infinite possibilities, you can be local without contradicting your Cosmic OCB status. Why? Because, besides being the sole rule-maker for how the Universe operates, that's what OCB constantly does anyway, and not necessarily as systemically driven beings like #3. You can intentionally perform what OCB does in this manner. OCB does it to celebrate Self-Love as His only purpose. Enjoy commanding for that reason. It's not shallow like manifesting with the Law of Attraction might be. It's about returning to your natural Cosmic identity instead of acting as an isolated, victimized local being. In other words: you're meant to command your Universe. Go for it!

So, as far as commanding your Universe, this is your emoji.

Even if the mirror takes what you would *call* your local **disorder**, the big picture is perfect order with the four attributes in the above right image. THIS is IT.

This is a message you'll see popping up throughout this document:

Stay right however you find yourself to receive the return of your ideal command. Moving somewhere else (seeking) is wave. The source of your return is the Ocean, and you're there now as much as you ever will be. You're all set. Enjoy that.

Here is an illustration for Command Active Inclusion. In #3, you see the mask of a person who is definitely not having a good time. If you had a choice, you wouldn't have it come. It's you being overwhelmed by a story you hear in your head. "I'm stuck because… It's so annoying. You know that's not how you want to be commanding your Universe, but you can't seem to stop being interested in it, which is you making a fuss. That's because *the world is as you are* inside yourself, so you don't want that manifesting. The answer is right under your nose. You only have to have OCB take care of ***that***, too, while He's at it. There you are, sitting on your throne, making a wise choice to pass the difficulty on to OCB. In it goes into the vacuum. OCB has got it. As a result, with Command Active Inclusion, however, you find yourself okay for Him to finish organizing a return. Then you've done the deed. That is, you've done everything required of you as a free will agent to wisely manage your situation. It's called taking OCB all the way. On the left side of the illustration, you see OCB's twelve Attributes. Let's look at them to confirm why Command Active Inclusion is a workable solution. Why can OCB do it? Infinite Flexibility. Why will He do it? All possibilities are complete. That means the possibility of Him doing it has always been complete. 'Always,' because He's beyond the boundaries of time-space. Why does He do it? He loves to. He only does what He loves, and He's already done it in His Absolute realm.

User: Hey, that image on Page 23 looks great and makes sense. I'm ready to command my universe now.
JP: Good. Stop right there.
User: What do you mean?
JP: OCB knows you're ready and that you're about to take the next step to do the deed, so you don't need to take it. Both of you know what's going on, right?
User: Oh, so I don't need to go any further. You mean I can remain however I find myself right here where I am.
JP: Yeah, as in, 'the simplest, most comfortable thing you could do.' That is, unless OCB is so stupid that he needs you to do more, or else He doesn't get it.
User: Haha, okay. Too good to be true, yet true. That's fine with me. Okay, here I AM. I'm like that puppy on the chair.
JP: Now, you've got a true Friend you can count on.

In the image above, you see a cozy puppy on a chair. "I can remain however I find myself right here." Your CCA, its processing, and your return are water, vapor, and ice of H2O. In the chair, all of indivisible H2O fills the container you call 'you.' That means all H2O is right here where you are. It's Cause, so you don't need to go further for a command and return. Anything more would be you going from a *here* to a *there*, which belongs to the field of variations or waves. OCB's non-change means that you stay right where you are (Presence), for Him. Whatever is going on with wave doesn't matter. You're FINISHED. All alone in the Universe, it's your 'call' to take this stance.
Let's hear your excuse for not enjoying yourself ***now***. (smile) Only a fake line of expansion story can suggest that this stance is inadequate or naive.
Be easy, natural, don't make a fuss, and I, OCB, will take over and take care of you. You say, "But how do I stop my annoyance?" That story ***is*** your fuss.

On becoming more familiar with the materials.

Everyone acts on what they know. If you're going to go all the way with OCB, you'll benefit from knowing these materials thoroughly.

Hearing that you need to do nothing for your returns might lead you to think that you no longer need to become more familiar with the text. When you first started with this material, working toward familiarity was necessary; otherwise, you wouldn't have had any reason to even consider using your Absolute OCB status. Because the world is as you are, if your returns are unsatisfactory (for instance, if you intended ten thousand dollars but only received ten dollars), it means you're commanding ignore-ance of Who you are. That suggests you would benefit from continuing to gain more familiarity. Consider familiarity with the materials as an investment toward your ability to do No-thing to accomplish everything. Skipping this step would be like putting the cart before the horse – someone isolated in an ideology while out of touch with significant daily life consequences.

Reading over the materials is beneficial, but a more effective step is testing what you've learned by applying it during Command Sessions. A Command Session involves acting as The Original Supreme Cosmic Master. Since you never stop being ONE All-person, you command your Universe whether you're aware of it or not. You command your Universe with intention, which we can call your **Command Content of Attention**. The change that results is known as the **return** of your Command Content of Attention. A less than complete change is called a **partial return**. Your **Pure Dedicated Time** is the final act, where you simply 'be' Presence – still, silent, and inherent – this is IT's simplicity for both becoming familiar with the materials and gaining the manifestation of your ideal life. Next, we'll investigate the details of your **Pure Dedicated Time, Word/Image Catalyst, and Outer Integration**.

Pure Dedicated Time.

Pure Dedicated Time. Dedicated to what? The elegant simplicity of simply being, the final layer of truth, to accomplish everything. You're truly doing/being No-thing to accomplish everything.
To check the correctness of someone doing Pure Dedicated Time, I would guide them through a procedure:
Sit and close your eyes for one minute. (1 minute)
You were naturally watching what was going on, yes? User: Yes.
Now, I want you to say out loud, "I have to do something more than what I was doing to get my return." Do you understand the concept that the return of your command involves a realm of metaphysics that's still and silent, yet lively non-change, non-hindrance effulgence? – and since you own it all, since it doesn't divide or reduce except through a local illusion, it's for all practical purposes, your obedient servant? User: Yes.
Close your eyes for another minute, quietly knowing that. **Remain however you find yourself, since your 12th body knows why you're there. He knows that you know He knows. That means no further connection with your 12th body is needed. No focusing on the details of the return you want to accomplish nor on Who you are is necessary. Whatever is going on with the local relative part of you, He's above that, so it doesn't matter.** If the idea of what we discussed comes up, fine. If not, fine. Now, close your eyes. (1 minute)
Regarding your return, did it matter what arose on its own or involuntarily (all the faculties inside yourself that you're given to work with if you choose) while you were sitting there for your return? User: No.
A significant Higher-order Cognition point is that the realm processing your return is all-pervasive. Using the analogy that you can't see your eyes through your own eyes, this cause-all realm is not something you'll see or experience since it IS your eyes' underlying unmanifest State. User: Yes.
Good. You're hooked to Someone Who is flexible enough that your changing field doesn't matter (including someone walking in on you now), and it doesn't obstruct acquiring your return. User: Yes.
So, as you performed the above, even noticing that something within you is standing in the way or a "real-world" experience, indicating that something is hindering your return, is irrelevant to your 12th body. That's a non-change fact, right? User: Right.
And the fact that you sat quietly, with no other purpose, made it easier to grasp this underlying truth residing in you? Essentially, being resolute in what you were doing – or, more precisely, not doing. User: Right.
So, if you're going to act on a solid foundation, something you can rely on, doesn't it make sense to maintain a light touch regarding any changes or activities during your session? By a light touch, I mean it's so trivial that it's really none of your concern. If it's present, so what? This aligns with OCB's attribute of "do nothing to accomplish everything." User: Okay.
Ideally, sit comfortably and close your eyes. Start with ten minutes, allowing yourself to settle into the still silence of your ONE Thing Cause. Twenty or thirty minutes could also be effective. However, any time spent amidst any activity, even just a few seconds, can be valuable. A place where you won't be disturbed would be optimal. During this time, you're acting the way your ONE Thing state serves as a cause to acquire whatever you desire. "**Favoring still silence**" is a key phrase. This dedicated time could include mental and bodily noise, and that's perfectly fine because your ONE Thing State is the source of your motivation to command and is infinitely flexible while managing the task at hand. Therefore, **doing nothing does *not* mean striving for some kind of perfect practice or attempting to rid yourself of anything that seems to have a mind of its own.** Even being caught in involuntary daydreaming is a valid experience. When you become aware of it, you'll naturally return to interest in the still silence of your ONE Thing State, because you'll remember you're there to command with it. **This happens by itself, so you're not trying to maintain anything.** This Dedicated Time helps you remember to use your Absolute Cause. Afterward, you can't help but carry that skill with you into your daily outer world. It's a snowball effect. Pure Dedicated Time is the Father of all Command Sessions.
One addition you can make is called **Preparatory Resolve**. Before your Dedicated Time, you may want to review or refresh who you are as ONE Thing, your All-Celebrative body, and your highest body, distinguishing these from your First Systemic Organizer Body, with its boundaries and frustrating rules to follow. You might have text or images in front of you, or simply bring concepts to mind. This reflection should lead you to recognize that you can do No-thing to accomplish everything by embodying your ONE Thing State and All-Celebrative body. You can set a task to achieve, such as ten thousand dollars. Acknowledging the layer of your All-Celebrative highest body on your way to ONE Thing, you'll confirm that your Command Content is, in Fact, Supreme, even if you previously viewed it as a source of trouble, incompetence, or a chaotic mess—a mere insignificant ant in the scheme of things. Your CCA materializes, found by you to be even more desirable than you thought; super-duper. The duration of this session is a personal choice. If you're still unresolved, you may want to wait until another day for your Dedicated Time. However, there is value in proceeding, even if it feels shaky, and learning from your mistakes. If it's too uncomfortable and you feel like you're just wasting time unless you push yourself to do more, pause and return to Preparatory Resolve to regain your resolve. There may also be instances where skipping Preparatory Resolve and transitioning directly into Pure Dedicated Time seems appropriate.

Even placing your hand on your leg as a reminder of Who is sitting there can bring resolve. Then leave it behind for No-thing. Ideally, anything you can do to grasp the story of life's big picture in one shot is a perfect example of Preparatory Resolve. Afterward, you're left with the simple elegance of simply being who you are, as your final body, to take care of and to provide whatever you would find most desirable.

In preparing for sleep, you lie down on your mattress, get comfortable, and then have no interest in anything else except letting your autonomic nervous system carry you to sleep. You do nothing more because sleep takes over. You're finished. With Dedicated Time, the equivalent of lying down on your mattress and getting comfortable, is your OCB Acknowledgment moment, which may include Preparatory Resolve and CCA. Then you have no interest in anything else but having your Supreme Lively Autonomic No-thing take you. You leave ***interest*** in everything behind to be left with the No-thing that processes the return of your Command Content of Attention. Anything could still be there. It's only your ***interest*** in it that counts. That's what OCB takes.

What if you can't seem to stop being ***interested*** in things you would prefer not continue to be enlivened in your world? That is, an overwhelming presence grabbing your attention? Its purpose is to inspire you to be even closer to OCB. Your only other option besides making a fuss is to acknowledge that OCB knows your condition and will handle it, just like anything else given to Him to be made manifest. You're being encouraged to ensure you take Him all the way. It was so close to the inner workings of your faculties that you missed it as something to include and be taken care of. Consider that seeming inner challenge a beautiful gift from You know Who.

Here are some examples for Preparatory Resolve or any method of review to provide you with the big picture all at once in one glance.

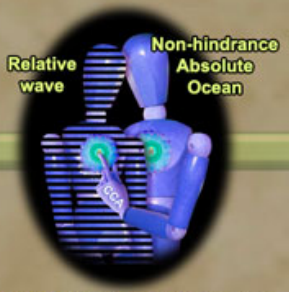
Review your sense of what flowed in the text from one point to another to confirm that everything is ONE thing. If you need to open the text next to you, that's fine. But first, see what you know without it. Okay.

Now we get to ONE thing that's non-change and indivisible, making perfect sense.

Being ONE Thing doesn't look different from anything else. It just IS always.

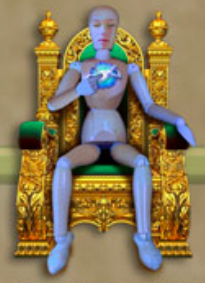
Pause for a moment to acknowledge that you're ONE thing sitting right here regardless of perception's conclusion that there are only variations. Okay. That's the base Fact of Higher-order Cognition.

Close your eyes and experience that your body is performing a local presence. Notice how thoughts and feelings come on their own. Now it's evident that the nature of ONE thing is to become variations in the form of a person, or if not, at least pretending to do so.



Yet ONE thing is non-change and indivisible. So this person has to be meta-physical; the underlying reality is a singular non-change, indivisible Universal All-person, no matter how abstract that may seem. Attempts to confirm that through physics will fail.

Now we get to ONE All-person, which is non-change, indivisible, metaphysical, and makes perfect sense.



Do you need to open the text to check more details? That's fine. But first, see what you know without it. Okay.

Your Absolute unchanging completeness: knowing, seeing, and doing everything everywhere forever all at once, means you own these 12 Attributes.

All-knowing, All-seeing, All-doing.
Infinite stability, infinite flexibility.
Completeness. All possibilities complete.
Timeless eternity in the midst of time.
Stillness in the midst of activity.
Non-change in the midst of change.
The fountainhead of all variations.
Perfect choice.
Sufficient supply.
Only doing what you love.
Doing nothing to accomplish everything.
Fond-Flow-Effulgence.

Pause momentarily to acknowledge that these 12 Attributes are running as you're sitting right here, regardless of your perception, experience, or events. Okay.

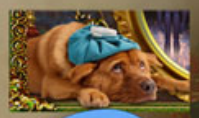
Now that you know all these 12 Attributes are running full as the person who is sitting right where you are (even though according to perception, you're not non-change quiet stillness), what's the appropriate way to command your Universe?

Now we see why this image can represent Who is sitting right there as You. Your own a private adorable sweetheart who is everything too good to be true yet true. And the return of your command already exists finished right here with Him. Okay.

Also, Completeness means your return is already Absolutely finished. ⇐ Now you know He's so flexible, it makes no difference to Him.

As you can see above, the crux of the matter for commanding your Universe is not the local changing physical / mental / identity you rules. It's the indivisible non-change metaphysical you. So have a Dedicated Time where you simply remain however you find your local self, since Your Original Cosmic Body knows you're there for your return and is the fountainhead of your return. It makes no sense to hang on anything local to command. Trying to make something happen, to change, or to get rid of anything is irrelevant. Then you're left with the most comfortable thing you could do: Enjoy Who you already are – What ONE Thing means. Simply *be* ONE thing. That's the finest and easiest Command Content of Attention for your return. It makes perfect sense.

Commanding as ONE thing might as well be an H.O.C. magic wand. It solves so many problems.



Here I Am as Totality.

Self-Love wants to expand to celebrate itself.

Here I am "finding" with nothing to see.

Lose-find begins with shut-down perception.

So, knowing what's going on through HOC, I celebrate Myself with a fresh ideal Command Content AS IF I were whole again, which I always have been.

So, here it goes.

Me most simple and elegant.

The big picture of Acknowledgment to use Who you are regardless of local experience.

Word/Image Catalyst.

Words and images can shift your mindset to set you free.
Word/Image Catalysts engage you and help you test your understanding of Presence. It's designed for moments when you wish to actively take control of your situation and apply the concept of Presence. Just as you navigate through the text and images that support Preparatory Dedicated Time, you become more familiar with what Presence means and how it's all you need for a return. Additionally, Word/Image Catalysts support you when the challenges of sitting in Dedicated Time become overwhelming, to the point that sitting quietly feels like a daunting task. "I can't get past a devastating sense of wasting my time."

After a refresh of conviction, you may say, "Well, if that's the case, I'm going to act out of touch with this so-called reality just long enough to command my Universe in a dedicated time!"
A stimulus suddenly pulls you out of your lethargy, like a chemical reaction.

Page 23 (above) is a good page for words and images to stimulate a reaction.

That stimulant counts as a fresh start, 2nd new, ideal Command Content of Attention, which is taken by your obedient servant, OCB. It's like a glove that gets slipped over a hand that was signaling something, that, if you had a choice, it wouldn't come. That's the standard systemic observation. For instance, "No way in hell is that ten thousand dollars going to materialize today!" gets replaced by, "OCB has me covered, no problem." Plus, even if the systemic observation still seems to be present along with it, it's no problem because your Best Friend OCB knows what you're up to, and He knows you know He knows, which, by the way, is a 2nd new, ideal Command Content of Attention. This catalyst stimulus can get you out of the helpless victim rut.

Again, any rut can be defined as, if you had a choice, would you have it come? No. Then, you either include it in the "taken" to be taken care of or you don't. It's a simple choice.
When you see how absolutely dependable OCB is, these fresh start 2nd new CCAs can be a huge relief. You automatically say, Yes!

I slipped that glove on and now I'm no longer overwhelmed!

It's an Absolute handshake with OCB.
He knows that you know what He's up to. That's a handshake with no cracks to fall through. You're anchored in an absolute partnership. Since OCB only does what He loves, it's an up-front loving relationship. This partnership is everything too good to be true, yet true. OCB's infinite flexibility means that any constraining boundary makes absolutely no difference to Him. He's above all local variations, and His "taking" you along with Him means so are you. It's super to own and use your 12th body. See what a catalyst these words can be?

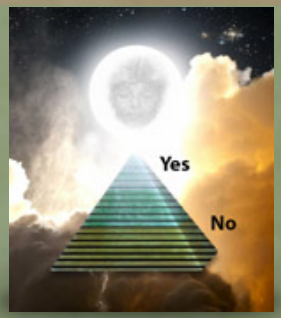
Find catalyst > catalyst + CCA > 10 sec.

So now, browse this document and pause at places that catch your attention. Then, bring to mind your CCA to be taken by OCB. It's important to pause for at least ten seconds of silence after completing the catalyst + CCA. Why? Because your goal is to move on to the Father of all Commands, which is Pure Dedicated Time. That space is OCB's lively yet still silence. In this way, you'll become familiar with the part of you that is your Home, your true Original Cosmic Abode. Additionally, during those ten seconds, you may hear stories in your mind claiming that you can't or shouldn't get your CCA's return. It will be good to get used to skillfully handling those with OCB. You might need to repeat it several times to get a good bite.

If you're feeling overwhelmed to the point that you don't want to stay silent during Dedicated Time or you find studying this document boring, there is something more engaging to give you a sportive adventure. With your eyes open, say out loud or quietly inside yourself, "Presence is all I need for my return." When you hear the word Presence, notice your familiarity and enjoy it; all those adorable things it means should be inspiring. When you hear yourself say the word "return," you'll be reminded of what you've chosen to be taken and processed as a return. This may include money, health, personal relationships, various abilities, wildly supernatural metaphysical events, or an even deeper realization of OCB. Then, pause for ten seconds. During those ten seconds, you'll likely hear stories in your head that tell you that you can't or shouldn't get a return. You might hear, "Why would anything happen now if it didn't before?" "If I had this kind of ability, I'd notice changes in other areas of my life." At the end of the ten seconds, move to #2 and say, "I need to do more than be Presence." There, you're giving yourself a chance to clearly show how silly that sounds. Then you get to say, "No!" You also get a chance to get to a constrained story before it gets to you. This provides a sense of stability, continuity, and empowerment. Since you know that OCB is aware of this exercise you're playing with, you won't have to worry that 'I need to do more…' is a content of attention that will be processed. This reinforces your deeply personal, absolute handshake with Him, which means you're off the hook. If constrained stories become overwhelming, you have an action you can take that won't be limited by their stories in your head, giving you a sense of flexibility and control.

For more engagement, you can speak your CCA after the sentences. For instance, "Presence is all I need for my return. My ten thousand dollars is delivered here today." With that, your ten seconds will be even more testy. You may also glance at some images during that time. Again, you're keeping your eyes open so that you're not vulnerable to (what in *your* mind is) some kind of mysterious, invasive void. The sportiveness is that you know exactly what you'll be doing over the next ten seconds, twenty seconds, a minute, and so forth. You have two simple sentences to express every ten seconds, after which you're done. Perhaps you'll choose to engage for ten or twenty minutes. After that, you can continue with your day. As you step into your day, you'll carry some of that experience of control with you and may want to test boundaries in your world. We'll cover that next with *Outer Integration*.

There are minor variations to this exercise. You can either speak out loud or say the words quietly to yourself. If you lack privacy, it's best to whisper the words internally. You can also do this exercise while you're out in your world, during times when full focus on a task isn't required: standing in line, cleaning the house, riding transportation, etc. Anytime, be open to the possibility of returning to Pure Dedicated Time as a result of your newfound resolve.



On this page, you heard me say that you get a chance to say "No!" Yet there is only ONE All-person. Isn't saying "No" to the ONE All-Person Who is and does the Universe, a contradiction? Then I say, "OCB never talks that way – constrained stories never come from Him." Here, we need to recall Farmer Sod and Dr. Hardball. Favoring different layers of truth is appropriate for different circumstances. A mixing up of layers of truth and causing contradiction would be: "Why does OCB put me in this terrible, ugly situation when He's supposed to be too good to be true, yet true?" These questions indicate that different layers of truth are trying to be reconciled by comparing their attributes. There could be a conflict with the layer of truth which is #3; the line of expansion beings who manage you. The practical point here is that there are times when life is only worth living if you're engaged in a certain layer of truth. For instance, you don't want to stay silent during a Dedicated Time, but rather be challenged in a sportive manner. Until you've fully realized your deliberate alliance with OCB, life will only be worth living if you compromise by acting on an inclusion of more complicated layers of truth. Not only that, but you need to be responsible for your local life and its responsibilities in the meantime. You don't allow your child to be a victim of online predators, nor do you neglect paying your bills because everything is okay with OCB. Later, we'll examine this with *Informed Transitional Fond Flow Effulgence*.

While shaping your Universe for a fresh start, it's advisable to favor more expansive truths. The lesser truth of "OCB allows me to struggle" is better exchanged for a higher truth: "OCB respects me as a free-will agent just as *He* is a free-will agent."

If you command for ten thousand dollars and then decide something is wrong in terms of appropriateness, deserving, readiness, or competence – or you just feel in your gut that something is 'off,' you're saying **yes** to #3 and **no** to #1. Tell me *that's* practical or not.

If you correctly agree it's not, but feel defeated and helpless to change, you're saying **yes** to #3 and **no** to #1 to get its help.

{See the Q&A document for more life examples.}

Outer Integration.

A little playful adventure of testing what you know, or testing boundaries actively out in your world.
If you want to experiment with doing No-thing when you're out in your world, you can test it here and there with conditions that aren't critical. It's meant to be more of an entertaining and engaging adventure.

Example one:
Maybe you're out driving and your red engine light goes on. If it were blinking red, it would be critical, but a solid red only means to take care of it soon. So you think, "what if…?" "What if right now, while driving, I have a Command Content of Attention for the problem to be cured?" At first, you're a little frazzled, so you settle down and your 'muscle memory' of having a good Command Session comes back. A few minutes go by, and then the light goes out. Hmmmm, I wonder if I did that or if it was a coincidence? Well, I have some time to see what happens because it's not critical. Then you think, gee, how about if I try this out on some other things? You have to stop by an ATM to get some cash. "What if my balance were double what it should be?" You're there and look at your balance. No, the same. "Well, maybe I'll try it again." For a moment there, you felt like you might be cheating the bank. But then, after refreshing that you're all alone in a private dream, why wouldn't you if you knew you were only dreaming? It's not deliberate criminal behavior. Plus, as OAP, you only express the 12 Attributes, no matter what seems to be. "Well, then, I'll definitely check it out again."

Example two:
"My significant other and I broke up. I miss her in many ways, but there are behaviors that don't make it worth my while to reunite. Since there's nothing critical going on here, and because I'm now more flexible since my OCB Acknowledgment, I should see what happens. If I make a fool out of myself, I won't care since I never stop being the Original Supreme Cosmic Master. I showed up at her place and started acting comfortable and friendly. She seemed bewildered, but I didn't try to justify my behavior or explain any purpose. After all, there is only Me with Me. That kept things very simple. With that, she had nothing to dig her claws into. I was more like an innocent, presumptuous child. We started to do some intimate things that I had missed. I don't know where it's all heading, but I have nothing to lose, only to gain. That's a mechanical Fact. I know that whether it's inner or outer, my attention is a command, so in addition to my sitting in Dedicated Time, I'll play with this."

Example three:
Over the years, my husband has become a crazed monster. I've only tolerated it because I was afraid to leave that financial resource behind. I've never been on my own; it's scary. After gaining skill in my Command Sessions, I know I'll be able to handle any challenge that might come up. I've decided not to wait for my percentage of Fond Flow Effulgence to automatically dissolve the situation magically. So now I'm getting my affairs in order to make the move. I'm commanding everything to go smoothly. I see this as an opportunity to realize that what's happening is just stories in my head that I can learn to free myself from. I never could have done this without my Best Friend. {This is a fictional account and not from an actual User.}

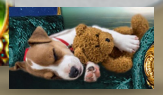
Example four:
I've had blemishes on my face for many years. I went to a dermatologist years ago and had them reduced, but they've come back stronger. Why not use this non-critical situation as an opportunity to see how I'm doing commanding my Universe? I think I'll talk to OCB about it first. On the phone with JP, he told me about a procedure of twiddling my thumbs.
Here is a link to the video: https://drive.google.com/file/d/19WQnnK3oa2O9VxnfAHcnTwVvX0wTtDK3/view?usp=share_link

Video text: Here is another engaging adventure you might find valuable. It's a way to become familiar with being intimate with Your Original Cosmic Beau. Here, you can see a natural hand position, with fingers interlaced and thumbs free. To the left, one thumb symbolizes OCB. To the right, the other represents your everyday sense of 'you.' It's quite simple to rub or caress one thumb over the other. There is only ONE voice in the Universe and only one set of ears. You can't delude yourself if you know that's true. Now, say, "Hi there, OCB. I know you hear everything I'm saying to You and understand exactly what I'm up to." Are you pretending, or is what you're saying a Fact that doesn't change? It's a Fact that doesn't change. You're not imagining anything or wishing something were true, right? Okay. Now, let your left thumb caress your right thumb over the top to say, "Yes, I'm here as your infinitely flexible Best Friend and obedient servant, loving what I do." This is so great. Say whatever you'd like to Me." Again, fact or fiction? Fact. It's happening exactly like that. Are you making a fool out of yourself? No. You may say, for example, "I've been in this command session for quite a while. The gold bars I want to instantly materialize haven't appeared. I can't help but feel bewildered and aggravated. I can't help but think You want something different for me, or I'm doing this all wrong. Look at My 12 attributes. You know that's not true. That's your unique line of expansion talking, full of partial-view conclusions. If you come to Me during your Dedicated Time, anything that makes noise in your head isn't the reason you're there. You've decided that I'm the fountainhead of your return, not the waves of My ocean, so My lively, absolute stillness is the only thing that matters. Yeah, yeah, right. It's easy for me to forget that." Continue this conversation in your own way. The most important thing is to be genuine in expressing what you feel needs to be said – even if you sound silly. Don't be surprised if your left thumb starts to take on a life of its own while staying with the non-change Facts you know are true and can trust. Play with it and see what happens.

Your Safety Net

Command Active Inclusion

If opposition to the way you'd like to be to OCB is overwhelming, you have Command Active Inclusion from Page 23.



There is one way you might not be taking OCB *all the way*. It's pretending to be someone you're not locally because of what you heard you should be or because of what you want to be, but aren't yet. It's important to be genuine about the help you need and not hide behind a pretentious ideological facade. For example, it could happen that you truly feel: "I'm so lost and scared, I don't know what to do. I just want to die." According to your resource of an infinitely flexible obedient servant, it may seem absurd to put something in front of it that way, not even mentioning how far it is from the truth of who you are as OCB. But how you truly feel inside isn't hidden from your Obedient Servant. It will be reflected in how your world presents itself locally. If you had a very dear, close friend who understood you perfectly, would you hold back how you really felt, or would you act in a way that a stranger would expect from you? How much more then, from someone who knows, sees, does, and is everywhere forever all at once? When you refrain from holding back, you notice right away how much better it feels to speak to your 12th body, OCB. The help you truly need from CCA poison will be aired with a sense of freedom. It's like you've been taken in a safety net. It's not that it's your point to criticize how the Universe works by dredging up mud or revealing skeletons in your closet. You're simply being realistic about what you're given to deal with. You're handling it honestly with the resources at hand. Your familiarity with the text confirms that mud and skeletons happen for the most precious majestic reason, so you don't have to be a grumpy old fart to stay realistic. Just get the job done of having the assistance you need. OCB's statement, "As you are to Me, so I am to you," is a close cousin to the Christian, "According to your faith be it done to you." It's the same cause-all promise. However, this is not to be confused with he layer of truth you're applying in Pure Dedicated Time. Your decision there is to favor the still silence, which is the nature of your Original Cosmic Beu Estate, and to leave all systemics behind. You decide that whatever skeleton and mud messages you hear in your head are irrelevant. Your safety net is already built into Pure Dedicated Time. Unless, however, messages are so overwhelming that it would be torture to continue. That's when you would stop your Pure Dedicated Time session and use the remedial procedure mentioned above, in addition to Word/Image Catalyst #2, and Outer Integration #3 (Page 25 of the text).

Informed Transitional Fond-Flow-Effulgence.

{See the Q&A document for more life examples.}

For those who have not yet mastered sufficient FFE for their needs, and have to be practical and reasonable right now in navigating their everyday world.

We'll consider two examples of practical responsibilities during the day, outside your command sessions. First, your rent is due today at five PM. Second, you need something to eat right now. Commanding your Universe effectively to handle that could challenge simply remaining however you find yourself for its immediate return. You're putting yourself out on a limb with unacceptable consequences. This is a time to step back and view the big picture of what a Universe signifies. Everything knows what it's doing because the Complete You knows what they're up to. From this broader perspective, losing yourself is just as valid as finding yourself as OAP because You love everything You do. Paying rent and getting food the common way is as valid as instantly manifesting supply with Who You are as OAP. Taking care of details with your limited faculties at hand is not in conflict since You know it's perfect integrity. This stance could also be regarded as your Higher-order Cognition. With that, you'll patiently favor OAP mastery over doing things the hard way. We'll call that ITFFE: Informed Transitional Fond-Flow-Effulgence. Favoring means you don't fight, force, or consider life your enemy while attempting to get what you want. As The Full You is everything everywhere forever, all at once, where's your enemy? It can only be an illusion created by a localized perception's conclusion. This favoring is the only course of action that makes sense. You'll examine the Facts and decide.

Chocolate ice cream may be your all-time favorite; pistachio is tolerable, but peanut butter is unacceptable. As a practical person, not yet fully effulgent, you make trade-offs and sacrifices. If you're at the ice cream shop and they're out of chocolate, you might choose pistachio. You would probably just leave if both are gone and only peanut butter remains. Transitional FFE means that because you're familiar with Who You are and what you do, you understand that "only peanut butter" happened for the most precious and majestic reason. Of course, acknowledging that you're a free-will agent designed to say 'no,' you'll continue to favor chocolate in a composed manner without anger or disappointment. You'll favor your free will to change your Universe because that's equally You.

You may have committed something fraudulent in the past that still haunts you to this day. You know that You as ONE All-person, don't do such things nor feel wrong about anything. Therefore, the haunting story inside your head tells you that you're not ONE All-person. It's the same old systemic story. According to the law of cause and effect, you're experiencing the haunting results of a past fraudulent act. That law is a lesser truth and thus a lesser priority than OAP. If you're studying this text, your line of evolution now emphasizes the integration of your identity and actions as ONE All-person. Your evolution is now using your haunted fraudulent past as a tool to help you integrate OAP. You're confronted with a systemic fraudulent identity when your primary focus is on utilizing everything for OAP realization. Regarding your benefit to others (which is the theme of your haunt), you'll contribute far more to the world by expressing OAP than by attempting to remedy a past mistake on the level of its local detail. So, stay focused on your OAP realization. If you want to make amends for your mistake, realizing your OAP status is the most worthy and honorable action you can take. Recognizing what the Full You is up to, your stance will be, "Okay, so I'm not OAP. I get it. That systemic story in my head comes as no surprise. Let's see what I do next."

Let's say you're in a dedicated time, eyes closed. Something feels off, cloudy, or somewhat annoying. You could pause to review the Facts, but you don't feel like engaging your intellect. You'd rather just get on with it. Here's something that requires almost nothing: Presence is like the omnipresent sky. Being Present for your return is like being beneath the open sky. However, sometimes it's cloudy. Sometimes the blue sky is entirely gone. Yet everyone knows the blue sky is still there behind the clouds. We can easily conceive of that, even as young children. Presence is where our return comes from. Presence remains, even if the sky is grey with clouds. As long as it's still there—and that's all that counts—you're good to go. There's no point in hanging your concerns on clouds, even if they seem to insist on staying. That's an incredibly simple fact to act on. Then, say that ***after*** your dedicated time, someone you've agreed to honor wants to paint your house grey. You'd prefer blue but know you have to compromise to honor that person. (ITFFE) But with the information in this text, you know the presence of the adorable Twelve Attributes is still fully present with the house painted grey. The total value of the Twelve Attributes is what counts, so going with ITFFE is a breeze. Such is the benefit of your Higher-order Cognition.

An alternative to pausing and reflecting on Facts with your intellect to rise above boundaries, refresh who you are, and move forward, is to touch your center chest, even if only in your mind. This action serves as a reminder that your ONE All-Celebrative Body, Original Cosmic Beau, is right here for you to utilize, creating a tangible impression of guidance.

Another gesture is placing your hand on your leg. Your hand symbolizes reaching out to choose, while your leg represents what you use to stand and how you travel. Placing your hand on your leg, says, "This-is-It-ness Presence, ALL of IT, is right here for me to use and is all I need."

Yet another gesture is joining your hands in a shake, which refreshes your intimate working relationship with your beloved 12th body.

These gestures can be practiced throughout your day to help keep you informed amid the challenges and distractions of everyday life. However, they are insignificant compared to the priority of Pure Dedicated Time. So set your priorities.

Let's say you want to compose a piece of music. You've heard other composers suggest bits and pieces of what might lead you in that direction, but you know that what you envision is leaps and bounds beyond all that.

All you can do is compare it to the many pizzas you've eaten. There was a pizzeria that served one that was unlike anything you had ever tasted. You couldn't believe it; "Wow, where have you been all my life? I had no idea a pizza could be such an amazing experience." The desired piece of music is as magnificent as that super pizza, but you don't know what that music sounds like. All you understand is its magnitude as an abstract concept. Then, in the rest of you, the complete part of you that remains unseen knows it always already exists because nothing is missing in completeness. Your Cause-all Body has just tapped you on the shoulder to let you know what is ready to unfold. You don't have the slightest idea how you'd control sounds to produce it. But is it really that different from knowing how to create a ten-thousand-dollar bill? The specific pulp that goes into making the paper, the type of ink, the right serial number, and all that? You're unlikely to care about controlling those outcomes. It's enough that it already exists in Your Unseen. The music piece is merely an example of a more abstract boundary. With this magnitude at hand, it would be wise to leave the details to Your All-Celebrative Body while you ***be*** that for your return. By acting this way, you become a Royal Recipient of service from the Unseen Part of You.

Here's another interesting thought about magnitude. You've heard some attributes of Your Absolute Bodies and what a lovely presence they are. They're treasures for everyone. Multiply that by a million. You just encountered that million-fold representative vibration of what's ***not*** absent, right? I'll let you ponder that. (smile) That's why there's infinite expansion beyond your wildest imagination on your line of expansion.

There's something you think you might like, but you assume it's utterly impossible. Additionally, all kinds of evidence against it warn you of trouble. You'll imagine airtight stories inside yourself that dissuade you from acting. However, remember: Your observation leads to a conclusion, and that conclusion IS a command that sustains results. The conclusion becomes a rule you create, and the Universe follows. As an experiential result, you can gracefully organize anything with all the perceived localized perfection you could ever desire because the rest of You is independent of Systemics. It's enough that the finished return, ready in full for right however you find yourself (no preparation or requirements), always already exists in infinitely flexible all possibilities You. Imagine yourself as Cosmic as you can be, then blow all those imaginary boundaries away for something more impressive, and you're left with All-You.

"What John just said is only for very advanced practitioners."

Gotcha!

I dare you to say that with your finger to your lips. Evaluation is a Command Content of Attention, taken and processed into an outer condition with all the living proof you could want that it's true.

As the Adorable Sweetheart You, I never message you that way. And I'm right under your nose as Your inner nature, your Priceless Treasure-house of Immeasurable Majesty, even on hand for your lowest vibration since I'm All.

Another thought: "I've been at this command for a while, and nothing has shown up as a return. Maybe this Super-duper stuff isn't real. Or maybe I'm just doing something wrong. I'm getting so frustrated. Something's got to give!" Such a story is inevitable and very understandable on a line of expansion from no-knowing to all-knowing Who you are. It's beautifully crafted for a perfect purpose.

All CCA returns can be *inner* if you like.

All returns can be *inner* if you like. However, since this is your private dream Universe, what's ***not*** daydreaming anyway? Thus, the distinction between daydreaming and the "real world" is actually trivial. Even your CCA is daydreaming. *Real* is merely an illusion, except for your Absolute Non-change body and realm. You can experience everything you desire behind closed eyes with an inner vision similar to a dream. You've had that moment of waking up from a dream so vivid that you're not sure if it actually happened, yes?
Let's say you want to drive a three-million-dollar Bugatti Roadster. You'd have all the tactile experience and fulfillment as if you had gone through the outer conventional acquisition channels, as if it were so vivid that you couldn't tell whether it was a dream. If you wanted the pride of ownership reflected in others' reactions, that would exist in your inner experience, too. It's much more convenient and efficient to manage everything inside. You could visit distant places without the task of transportation arrangements. A chocolate ice cream cone feels just as cold on your tongue in your inner experience as it does in the outer world. You walk away with the same satisfaction. Your five senses operate on all layers of the Universe as a 'real' experience. That's why advanced users are often so quiet and out of sight. **I'm not referring to astral travel or needing a lucid sleep state.** I'm indicating a return of your own 100% real, private inner experience to achieve everything precisely as you wish; no partial returns. Yes, you're sitting in a chair, but you'd feel your legs move and sense everything without them actually moving. If you're in freezing snow but want to feel warm, you would. If you wish to kiss someone's lips from a distance, you could. Or vice versa. I'll let you use your imagination. (smile)

You'd approach this by sitting for a session for an ***inner experience return*** to take place at that moment. You wouldn't "try" to manifest the experience but rather have it flow as providence from your ***Final Cause-all ONE Celebrative Body*** as easily and automatically, like dreaming in sleep. Then, while you decide what to dream about next, the intention would be the gentlest, faintest, most comfortable one. Why? Because your unconditional Best Friend is right here inside on hand with no separation or constraints.
The only drawback is that you're not assisting others' lines of expansion unless you connect with them on the inner experience plane as well. So, it doesn't necessarily mean you're alone. In your dream world, you could invite beings from higher realms who would enjoy roaming in what you've created. They could bring in delightful artifacts and activities that you may not have imagined on your own. They might show you incredible things from their realms, including the park of your **OCB Celebrative Realm.** There are adorable, flexible, and harmonious beings who specialize in archetypal areas that interest you—it would be like hiring a pro. They would take a form that agrees with your specialty.
The fun part is that when you see yourself as concealed and private, able to do whatever you want, you drop all inhibitions and discover what you truly wish to do. That doesn't necessarily mean creating a separate local Universe, although it could, if you choose. It could mean any dream-form container with

your own systemics, as you are as singularly free as your Final Cause-all ONE Celebrative Body.

Maybe you prefer a setting free of bugs, bacteria, or decay. Imagine a gentle breeze that you control, with no clouds if you don't want them. You wouldn't want to worry about cleaning yourself, having a digestive system, or grooming your hair and nails, and so on.
Of course, you can do all this in the outer world as you know it now with command. Perhaps you'd like to experiment and refine it in private before sharing it with others. It could be fun to compete with Tesla in Super-duper transportation.

You'd enjoy multiplying into various creatures and experiencing them all at once as your ONE All-body does. You'd like to savor your own sky or feel what it's like to be a cloud. When you converse with others, maybe they feel you as a soft, sweet wind blowing through them. You might wish for your old self to remain on Earth while other versions of you explore your subtle, lively, non-change Absolute Realm.

However, if you consider exiting this world as you know it now, yet feel you are necessary due to responsibilities and commitments, or because there are those who would miss you dearly, think again. The 'You' you're representing during your Command Session has the ability to replace anyone with anyone else at any time it wishes, like a benevolent invasion of the body snatchers. (smile) It could be fun to check back occasionally to see what's happening with the other you.
Maybe you only have an abstract idea of magnitude regarding what you desire, as mentioned on Page 33's Super-duper Intention. That will do just fine. Remember, you're here because you love yourself so much that you want others to rediscover what you do. The Final Self-Love Celebrative Absolute Non-change part of you is leading the way.

Your Temporary Town

Carefully consider if it makes sense to base all your actions on a temporary town you're passing through, especially when it sets the tone for everything you know inside yourself. It won't be your home for long, even if you could consider it your home. But more importantly, look at the town image panel on the right. Say, "My ten thousand dollars is delivered here today." Almost certainly, you heard a constrained story in your head about it not appearing here and now. That town could be called non-competence, non-deserving, non-readiness, and inappropriateness. That Town Crier is no fun. The fun part is that any town, no matter where you are, can be an effulgent home by simply shifting your knowing to the Original Cosmic You. That's what this presentation is all about. The next page shows that this knowing is the simplest and most comfortable thing you could know.

To the left is an ancient tradition-based cultural image. It's your fifth and sixth body below OCB. In Vedic Texts, Lord Narayana (Director of First Systemic Organizers) states, "I am the Narayana, and I am the Source of all things, the Creator of all, and also the Destroyer. I act as Lord Vishnu during protection, as Lord Brahma during creation, and as Lord Shiva during destruction. I am Indra, the Lord of Heaven; Kubera, the Lord of wealth; and Yama, the Lord of death. I am present in all souls."

In other words, your Town Crier is so close to you (that is, *in* all souls) that you'll think the constrained story in your head is just the same old you as always, naturally evaluating yourself in what's going on. But there's the non-hinderance OCB You above that realm, whose Command Content of Attention says, "My big money is here today." Cosmic Fact or fiction? You decide, then act. Say it now and listen to what you hear inside your head as a practical evaluation of reality. "Sheeeeeesh, listen to that stuff!" Next, put your finger to your lips and speak the very same CCA as the ONE and only voice of ONE All-person with His Twelve Attributes; a higher layer of truth. "That's more like it, and it makes sense. What a relief."

The intellect is where you decide that who you are owns a local Universe story in your head, rather than The Original Supreme Cosmic Master right here to command your Universe. Those orange dots inside the intellect are the local stories convincing you that the decision-maker is the 'you' confined to a failing constrained field. You may have noticed how close knowing you're The Original Supreme Cosmic Master right here is to *simply remaining however you find yourself (Page 23)*. That's because the complete truth about how you find yourself *IS* OCB. When you're overwhelmed, 'remaining however' can be a remedial behavior that has you be OCB through a kind of back-door acceptance.

A catalyst phrase for study or when overwhelmed is "Here I AM, The Original Supreme Cosmic Master. (10-second pause) Then, repeat three times, "My Presence is all I need for My ten thousand dollar return. (10-second pauses in between)
You see how the first part refreshes complete authorship integrity. Next, the 'My' in 'My Presence is all I need…' makes Presence intimately personal. 'For My ten thousand dollar return' grounds you in a specific practical application to keep you from drifting in vague abstractions. The 10-second pauses leave you to act on or ***be*** what you're saying instead of spewing out hypnotic words. Repeated three times lets you test the waters with a good soak of meaning.

Command of your Universe is waiting for you to use it, even when you're overwhelmed. If you don't use Command Active Inclusion while overwhelmed by the Town Crier, you're throwing away your resident Supreme Cosmic Status. When you're using Command Active Inclusion, you keep the horse before the cart. You have OCB take and process your return, and only *after* that do you have results in your cart. In this image, you see a couch with an ant sitting on it. It's called a "remain however – no care couch." It's remaining however you find yourself (overwhelmed) without a care. You're without a care because of acknowledgment of your obedient servant vacuum, which is taking an agreement into OCB, that with His 12 Attributes, He neutralizes and transforms what's going on – also known as taking care of everything regardless of your condition – even the you who makes a fuss evaluating your chances of success. It creates a great sense of order and relief for you as an overwhelmed person, to have an appropriate and accommodating place to sit *while* OCB takes care – even if only for a second. I used the image of an ant because the overwhelmed you, the Town Crier you, is an insignificant ant in the scheme of things compared to the You who is Supreme Cosmic. One way to strengthen the vision of using your Supreme Cosmic Power wisely and practically is to start with the catalyst phrase, "Here I am, The Original Supreme Cosmic Master – private, indivisible, all-pervasive." That can jolt you into seeing how appropriate it is to use Who you are wisely while finding yourself overwhelmed. You may also follow with "My ten thousand dollars delivered here today," which will inspire you to draw on using Who you are rather than merely consider it. You may want to simply pause after your catalyst phrase. Watch, remain, and ***be*** that Cosmic Presence to see how what you're doing is the smartest decision and choice, all things considered. You're doing the deed that makes perfect sense. There it goes!

A Functional Strategy

All-inclusive

Completeness

Perfect Order

Perfect integrity

Full-fill-ness

Pure Cause

Pure Goodness

Non-change

All-pervasive

Indivisible

Pure Harmony

Pure Love

Catalyst words that encourage me to leave all else besides ONE thing behind to acquire my return.

Wow, look at all these great things ONE thing means. Here I go to use it without going anywhere .

The most advanced functional strategy that goes all the way to command your Universe.

Not agreeing to need to go here for a return.

"If this is so easy and simple, how come everyone else isn't doing it? "

me as localized realm -being

materials study

anything more complex than ONE thing

My Command Content of Attention return

simply agreeing on ONE thing

No going 'here to there.'

Because I own this indivisible, all-pervasive reference field.

So I wield that authority.

why

why

To take care of everything about my return.

A functional strategy. Here is the most advanced functional strategy that goes all the way to command your Universe. For a return, anything more complex than ONE thing is not agreed to. That is, 'me' as a localized realm-being, materials study, or my Command Content of Attention return. But simply agreeing on ONE Thing to take care of everything about your return. Why? Because you own this indivisible, all-pervasive reference field. So you have its authority. Why? See the knife, fork, and napkin on Page 3. From a personal view, OCB says, "Thinking I may not give you what you want ignores Me; we're together in this as best friends. That's for you to decide." Catalyst words that encourage you to leave all else besides ONE thing behind to acquire your return. "Wow, look at all these great things ONE thing means. Here I go to use it without going anywhere."

I'm Finished

You're all alone in the Universe, so there are no questions to ask about it,
nor does it have a name unless you give it one.
Make your own rules if need be, and flow on to celebrate Who you are as The Original
Supreme Cosmic Master Right Here.

Pan animated gif.

See how ONE thing can move as you command your Universe? There are no parts there to be 'two or more' - no parts to conflict, as only 'two or more' can. It's only reverberating within itself. You only know ONE equally present thing as you speak, "My ten-thousand dollars delivered here today." There you are all alone as ONE self-sufficient or effulgent Thing. How can that be when you see no mouth speaking there in the pan? You're metaphysical. You're the H2O of water. H2O is transparently all-pervasive. Presence is transparently all-pervasive while lively. Go ahead and try the image as a catalyst. Speak your command as Pure Presence speaking. "My ten thousand dollars delivered here today." There, water never stopped being H2O. There You are: the final layer of truth being lively. That's OCB.

You've decided that using Who you are to reinforce the local identity you've come to identify with is unwise or not characteristic of OCB. That 'you' has an end to what needs to be done. It's no more consideration of you connecting with a higher power than you, who may want something different than you have in mind, or who decides it's best to delay your return. It's all your ballpark right up front. There's only You to say, 'I'm finished.' 'Now I'm left with My OCB's Lively Adorable Effulgence on the move.' There is no *getting to* THIS is IT, OCB. *Getting to* is always here to there. So the question, 'How do I *get from there* to THIS is IT?' is a fake line of expansion story. Here I AM, THIS is IT, is non-change OCB. That's why the instruction in Dedicated Time is to remain however you find yourself for OCB – even when feeling overwhelmed is for OCB to take care of. Presence isn't something you're going to agree to do and then, after that, you're doing it. Presence is where you are now: THIS is IT. Still silent This is ITness is all you need for your return, and you're already there. If you have to get somewhere or away from something, you're just taking up another relative spot on your line of expansion. So, I won't say 'Welcome Home' here, but 'Enjoy you've always been Home.'

About John Paolucci.

I'm content to keep the details of my life confidential. However, I'll share one point relevant to this document. After examining much material on personal transformation, I realized that anything is possible. Infinite possibilities mean that anything could happen for any reason. This indicates that even history's finest teachers and texts could be wrong. Everything I learned up to that point could be incorrect. I was responsible for not accepting anything or assuming any information was true. Yet there was something no one needed to tell me: that everything was ONE thing. I could look at a napkin on a table with a fork and knife on top and see that any two things required a reference field to present them as two or more. Everything else I observed, even my inner thoughts and identity, was the same. With that, I decided to dump everything I had ever learned and return to ONE thing. If what was said could not be traced back to and confirmed by my ONE thing, I set it aside. I'd wait if I wasn't sure. As ONE thing confirmed that I was ONE All-person, I put that Fact to work. One thing led to another, and the text took shape. As my Dedicated Time developed, I used the results to advance and mature the material further as an ever-expanding process. It's not that what was presented before was wrong; only that there was room for positive refinement. I may borrow information from various teachings for convenience, but only because it can be traced back to ONE thing.

I don't see the Users here as my students. That's a more constrained term than I prefer. Cosmic Fact says that everyone is their own private investigation within themselves. I'm their own private dream, not to be taken more seriously than anything else. To follow me would be putting the cart before the horse. They're only asked to follow their own common sense.

Updates List

This document is part of the Discord server named Original Supreme Cosmic Painting. Invite code The document is also accessible on Reddit. Its purpose is to integrate Cosmic personal transformation through the activity of portrait painting. Users can be either passive viewers or hands-on participants. Its foundation is the e-book, Here I AM The Original Supreme Cosmic Master - Version 4.

An Example of Outer Integration

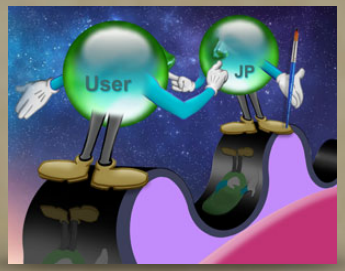
Updates
11/14/2025

Here is an Outer Integration example of Portrait Painting.

This will be a conversation between John Paolucci and a User of
The Original Supreme Cosmic Master materials.

The material discussed here can easily be adapted for other fields, such as music performance, construction, writing, and various arts and technical pursuits. The specific example of Portrait painting is significant because Users need to see a close-up, hands-on application in the practical world of achievement. Metaphysics will address the challenges of physical boundaries. Here, Outer Integration will encompass a range from common art-making processes to the most sophisticated, advanced activities in Original Cosmic Beau's Estate. Users will have the option to choose which is they're preference. As we begin applying OCB Acknowledgment to portrait painting, we'll cover technical information for anyone interested in learning how to paint as if they were taking a beginner art class. Throughout these procedures, we will consistently include the application of OCB in the process. The art information provided here will not be enough for a finished piece; that would require many more illustrated pages. However, I will refer Users to resources like YouTube for that detailed information. In the future, I might offer all the information, but for now, this will provide a solid starting framework. To publish this document now, to get the ball rolling, only the beginning steps will be covered. More content will be added regularly.

The serious, professional approach I take to art here must include modern tools like digital devices with careful attention to software. If the masters of old were here now, they'd embrace it fully because they were professionals, utilizing every prowess resource available without excuses. This contrasts with the romantic, mysterious, unaccountable rebel view of artists that remains common today. If people want art-making for relaxation therapy, it may not be your cup of tea. If someone has a frivolous interest in art, they'll likely prefer to go elsewhere.



User: I'm interested in applying OCB to portrait painting and wondered if you had any helpful details.

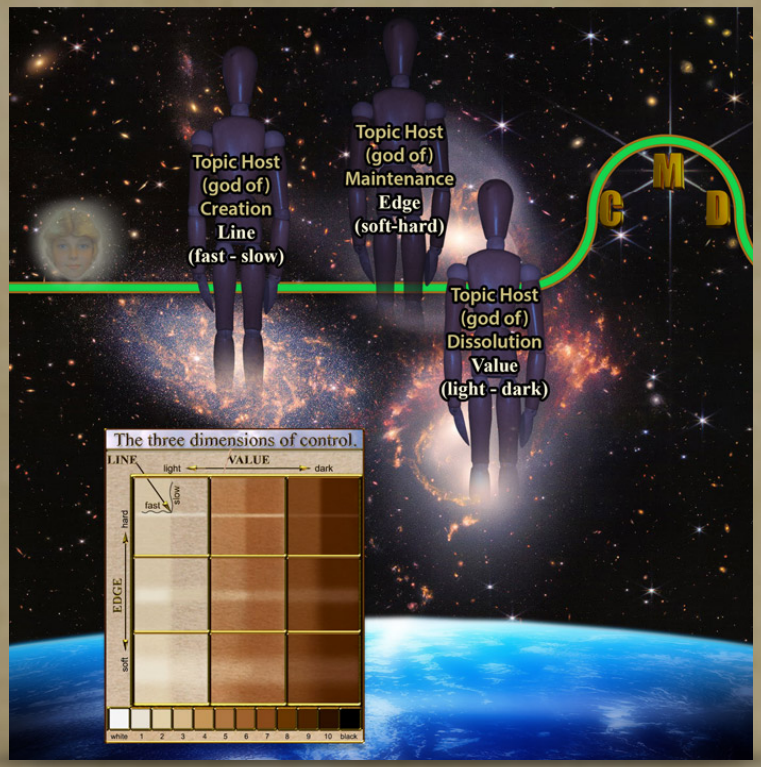
JP: Let's start with an overview of possible story lines, waves on your line of expansion, and then something more special.

• 1 You know little about painting and are seeking instruction.
• 2 You know exactly how to paint so that everything goes smoothly and effortlessly, some of which can be sourced through AI.
• 3 You get ideas or have visions of how the portrait could look beyond your wildest expectations, and then find that you have the skill to easily paint it.
• 4 You always see the finished painting in front of you, and you fill in the colors so others can see it.
• 5 You feel like your hand is being guided as you paint, allowing the process to happen spontaneously and almost magically.
• 6 The finished painting instantly and permanently appears out of thin air in front of you, as if by an invisible magic hand. The painting materializes without human hands.
• 7 In addition to instant manifestation, you have direct conscious access to the Topic Hosts and Messenger Guides* who preside over the systemics that rule how painting happens.
• 8 In addition to instant manifestation, you have direct conscious access to the infinitely flexible Absolute Original Supreme Cosmic Estate, the source of and prior to Topic Hosts. That blasts past any concept of what a painting could be.*

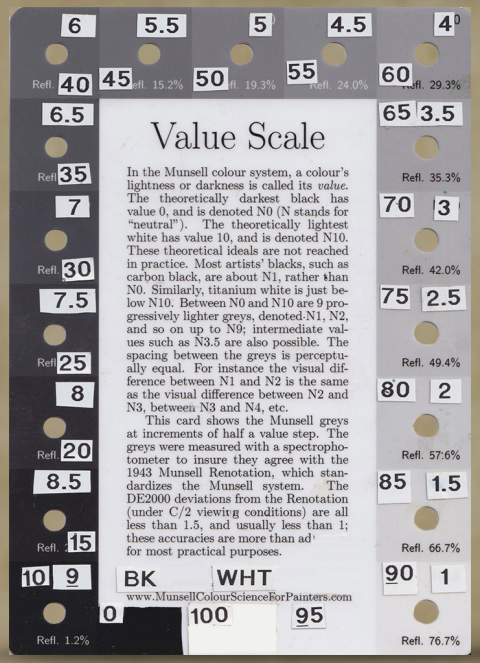
* See the Cosmology document, and then, *A Cosmic Vision* in it.

User: I'm somewhere between the first two. I suppose any of those could be a Command Content of Attention.
JP: Yes. In your private dream with no boundaries, you should use your Command Sessions and Outer Integration to cover yourself all the way up to painting without human hands. You remember the story in the main text where a woman left her husband and went on her own, even before she had the level of Fond Flow Effulgence to have it all happen magically. Would you like to do a mixture of action like that to get started immediately, painting with whatever is available at hand?
User: That sounds like the adventure I would favor. Yes.
JP: Good. That will also cover everyone who may read this post.
Go ahead and watch some YouTube videos on getting started in painting portraits in oil on canvas. Some of them will refer you to their websites, where there is good free information. Then, get yourself a studio set up. I'll get back to you in a month.
[A month later, both of us in his studio.]
JP: Okay, I see you've got a good easel, an artist table or taboret, a glass palette, and realist brushes, a good range of oils and mediums, along with color-balanced LED lights. You also have a comfortable chair. And it's all in a small room that could have easily been a corner of your bedroom.
User: Yes. I saw a lot of good videos on YouTube. I prefer that over physical classes or an art school because I like to work at my own pace in a convenient location.
JP. Agreed. If you're good at paying attention to detail and are self-motivated, that's all you'll need. You'll have OCB as your motivation. Plus, you'll have AI to answer technical questions.
But before you go any further, I want you to do a Command Session while sitting in front of your easel. That's because we want to involve OCB Acknowledgment to get His assistance in this as much as possible.
Let's get you a firm integrity stance. What's the biggest thing you know about why you're sitting here?
User: I, as indivisible Totality, OCB, loving Myself fully, wanted to expand to be able to rediscover Myself. I seem to be a localized presence, but as an indivisible whole, I've never stopped being OCB. I've had the opportunity to base it on limited perception and thus a constrained conclusion of who I am.
JP: And what do you know about the quality of your action here?
User: Perfect order, expressed as competence, deserving, appropriateness, and readiness. Comparing differences within a constrained field may not confirm it. I need to know it based on simple mechanical Absolute Fact.
JP: Good. That will change the way you evaluate your progress and how comfortable you allow yourself to be as you continue.
Now, we'll sit here and close our eyes for five minutes to consciously integrate this situation with the Facts we just covered. [Five minutes.]
User: Okay, that set the mood or atmosphere for this workspace, and my identity in it. I'm 100% Home here.
JP: With that, let's do five minutes of Pure Dedicated Time. No CCA. [Five minutes]
User: With a little Preparatory Resolve, I refreshed the last paragraph of the main text about not intending to move from here to there but remain however I find myself, which allows me to be finished. I almost started to move somewhere, but then I felt my hand on my leg, which confirmed that OCB, with the one and only hand in the Universe, was sitting here.
JP: I'll have you continue that when you pick up a brush.
User: Oh, I'm looking forward to that. Let's go over some basics that apply to graphic arts.

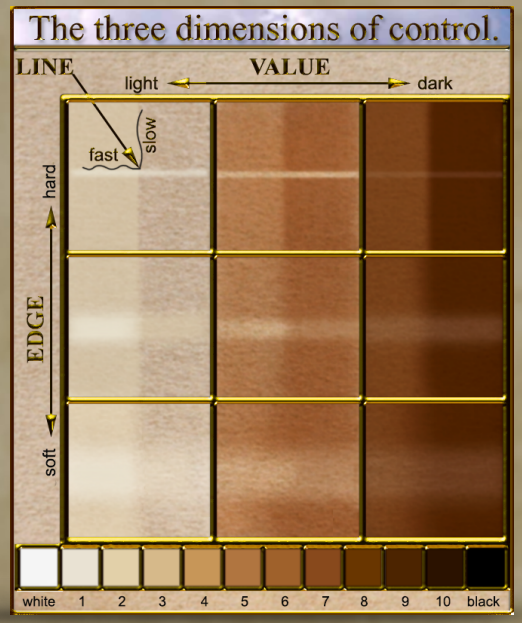
This is how you begin, since you agreed you'd like to accept all range of possible returns: After OCB acknowledgment of having taken your content of attention, you go ahead and engage with whatever is available, no matter how seemingly insignificant or isolated from a clear direction. You pick up one thing to do, and that leads to the next. Maybe just little things here and there. One thing leads to another. As you continue, the whole of it takes you on because there is a Cosmic Plan for your life, not random chaos. In other words, as Sole Commander, you don't wait for a Cosmic Hand to move you, but start with whatever is in front of you to take. That's your firm way of saying 'Yes' to cause. Topic Hosts and Messenger Guides are always assigned to your unique specialty on the way to becoming fully independent in Fond Flow Effulgence. We'll start with you controlling twenty values of canvas



stain from light to dark. Then you'll be ready to master The Three Dimensions of Control: line, edge, and value. They are the base Topic Hosts of Creation, Maintenance, and Dissolution. With their function, you'll be able to look at any graphic surface and take control of that information to understand what's happening. You'll be able to replicate or modify it without mystery or getting lost in details. It will all make perfect sense. On Ebay, you'll find the Value scale to the right. It will be invaluable. I added numbers to it with 20 steps of single numbers and percentages of white. Often, you'll only need ten steps, but having 20 allows you to compare which value you're checking is closest to one of the ten. [Here I'll skip the details of



setting up your canvas and selecting paints,



since that general knowledge can be found on the web.] After you show those exercises to me to make sure you have that control, we'll be ready to select an object to paint.

We'll start at the top for your first portrait. Here's a digitally painted portrait of Original Cosmic Beau that I started years ago. He's long overdue for an upgrade.

You might also be interested in making a living from painting. Just as AI isn't going to replace plumbers or the trades anytime soon, it will be quite a while before AI can mimic the delicate hand movements of skilled physical brush stroke variations. That will require a highly complex physical setup for a fully physical oil-on-canvas or panel. Not to mention, AI doesn't have the multiple bodies needed to connect to Absolute Infinite Cosmic intelligence. AI is a product of, and remains confined to, a horizontal plane of life composed of organizing ones and zeros. People will want and pay well for an authentic oil painting. That doesn't mean digital art isn't important as prints. Later, we'll explore how the digital world can be a highly valuable resource. We'll also discuss the option of focusing solely on digital art.

User: Okay, I'm open to many options. While working on the value exercises, I relied on the info from the Original Supreme Cosmic Master text. I had plenty of Command Active Inclusion to overcome timidity and mistakes.

JP: What you'll notice is that your actions become smoother and require less effort than you initially thought because resources flow generously to meet your needs. It's like having an invisible painting partner who appears amidst everything in the Universe.

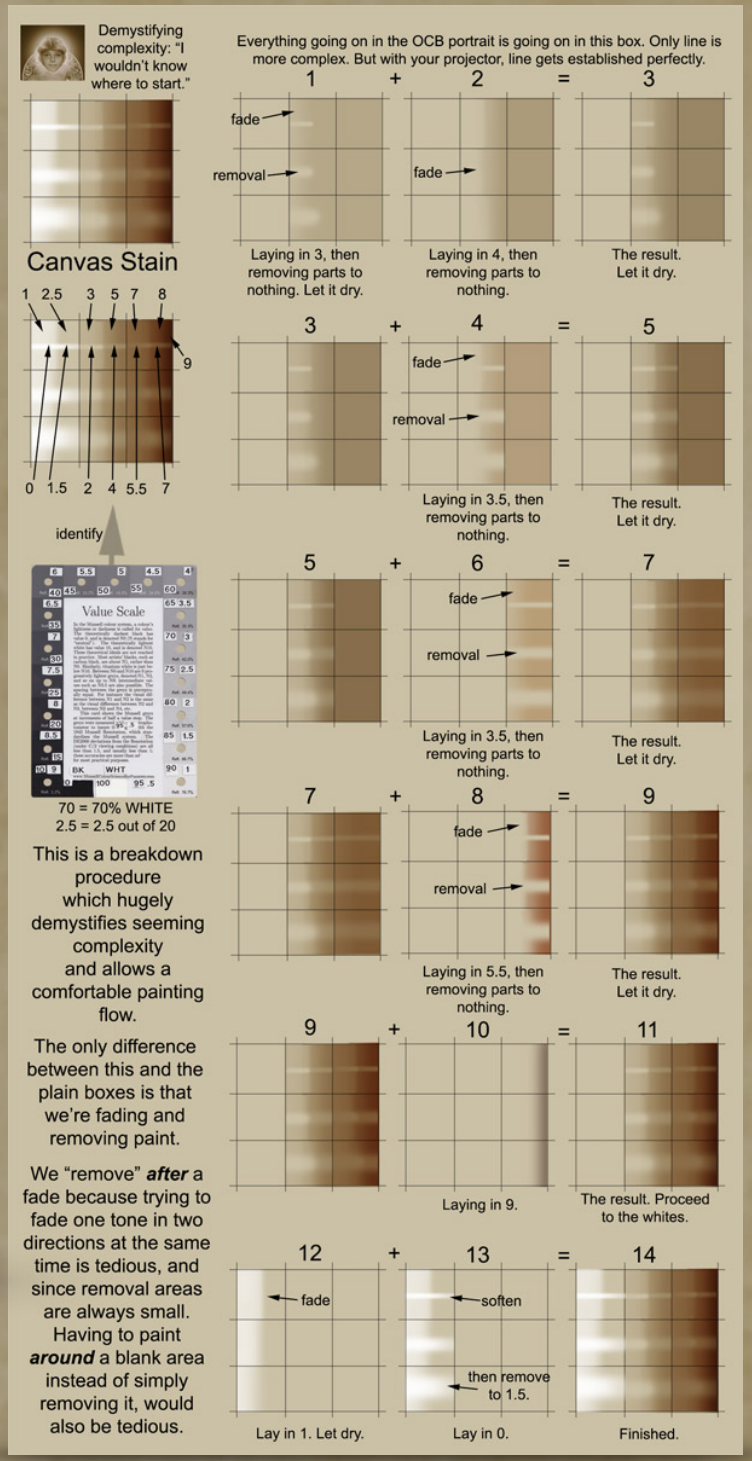
User: It's a sweet presence that's now undeniable. I enjoy being active just to witness it. Not only do I see more quality channeled into my world, but I also become more intimately familiar with Who I am as OCB. It's a win-win.

JP: I think it would be a good idea for us to each create a portrait of the OCB.

User: That will make me feel so much more comfortable.

JP: We'll move on to creating an underpainting using the colors seen in the canvas stains. We'll also look at controlling color with the Topic Hosts. Once that's done, we'll add flesh tones over it. Let's also begin organizing our reference materials and exploring software options to handle them. We'll also investigate more subtle ways to incorporate OCB into the process, with a definite expectation of opening the door to magically finishing a painting without human hands.

Before we get to that, I want to see that you have a good collection of digital images and that they are organized. Here we're talking reference materials. We're doing realistic painting. That requires an accurate, detailed reference. This is even more true of human faces. If one little detail is off, you end up creating a monster. People



are very sensitive to facial detail. I'd like you to start your digital collection of reference material. Do a search in AI, websites, and YouTube for "how to start a digital collection of faces as reference material for portrait painting."

{To be continued with updates.}

Here I AM: The Original Supreme Cosmic Master.

Q & A's from The Original Supreme Cosmic Guide Discord Server Users.

This document offers a daily-world application and context for the information in the Original Cosmic text, as well as an expansion and refinement of Higher-Order Cognition.

Entries will be updated frequently with notifications in the Discord Server: Original Supreme Cosmic Guide. And Reddit: /UniversalLine.

Updated November 14, 2025

In this PDF, for fine detail, you'll zoom in with your device using the + and - buttons, as well as scroll if needed.

Reddit and especially its Discord live text Chatroom, can address frequently asked questions and go deeper into topics. With both, you pick a username and remain anonymous.

Q & A's from Users

User: Dear John, sometimes, when I'm on my Dedicated Time, I start to feel waves of gratitude and love. Can I allow myself to dwell in that bliss and enjoy it, or should I still favor still silence? As the sole rule-maker, I'd prefer the first option, but I wonder if it would be better to ignore these blissful sensations.
JP: Leave alone the rule you're making: "How the Universe works is that I'm a person who needs to be unsure of what to do." Why? Because OCB doesn't go there.
User: Right!! Thanks again.

User: Can I just command OAP to awaken me to the knowledge of my own nature instantly, since I am above the waves of ignorance?
OCB: If you have to ask, you're in a wave that you can't. (Smile)

User: This is weird. I commanded as ONE thing. I spoke inside, "My $10K is delivered here today." There was nowhere for me to go. I would need a second thing to go anywhere else, whether it's making a rule, wondering about anything, or deciding there was an obstacle. And the funny thing is that it's not only ONE thing, but it's Totality. It's everywhere OCB is, whether I acknowledge it or not. It's so similar to remaining however I find myself, but without intending to do that. I'm not looking for, or checking for, a return since that's a second thing. Commanding as ONE thing might as well be an H.O.C. magic wand. It solves so many problems. All kinds of buggering things I was carrying just fell away like magic. I'm going back to that right now for some refreshment. You gotta try this. It reminds me of this image where you rock the bowl of water. You can make waves, but it's still the one body of water.

User: Since this info is intellectual understanding, a blockage is just a misunderstanding, right?
JP: Yes. Also, a blockage simply means you're interested in something else because you enjoy it more. You always do what you love most. That's an Absolute Non-change Fact of Who you are. If a blockage messes you up, it's because fighting disarray feels so good and rewarding. When you acknowledge the 12 Attributes, you'll see you have no enemy to get rid of, only an Adorable Best Friend to enjoy.

User: I tried Prep Resolve while rejecting The Director of First Systemic Organizers. What a relief not to have to blame myself and take responsibility for those crappy rules. It was freeing and refreshing. I always felt it had to be some kind of force that was not me. Now I know that practical utility. It also makes me feel closer to OCB, by contrast. Thanks! I have never encountered a being in my life who held such profound knowledge as you.

User: What's the difference between One All-Person and Original Cosmic Beau?
JP: None. Making a distinction is a convenient teaching tool while explaining how you came to be before getting into more detail.

User: What are more of these Systemic stories I hear in my head?
JP: I don't get any returns from my command. I've seriously violated systemic law. I've wronged someone else and the Universe, and I must pay the karmic debt before I can deserve my return. Remaining however I find myself only means surrendering to the system; that is, accepting the determinism of my deserved punishment and delay. None of this has worked so far; why should it now? Maybe thinking a certain way stops me from getting big returns and experiencing FFE from my usual human view. I need to change my thoughts by using my imagination. I have to do something more. I need to figure out how to avoid, defeat, or end my deceptive illusion before getting my full return. It does no good to hear I'm O.A.P. if I can't deny what a real prison I'm in! That's just how the Universe works. The Universe doesn't revolve around me. I feel guilty because others have to work hard, while I get everything by doing nothing. What right do I have – who am I – to decide what others do? What if someone disagrees with me or beats me? I must embrace or be with the discomforts inside before escaping them. What about my subconscious mind? A disruptive thought just blocked my command; I have to start over. Getting my huge return all at once would freak me out. I still only get returns in forms I'm used to or can understand. This command is too much for my human brain to accept; maybe I should aim lower. I have all the proof that trying to command my Universe is a waste of time. I can't ignore practical life.
There are four main story categories: your appropriateness, readiness, competence, and deserving.

User: In my Discord voice chat, you mentioned a class of angels. I thought it would be good to include that in your Q&A.
JP: Yes, you asked me to tell you more about, "If you could see just 10% of the reason why how terrible happened, you would fall to your knees and weep over the unspeakable glory." I mentioned that there is a class of angels that do nothing but praise Cosmic Beau. You then said, "According to Christian text, for example, Seraphim angels are the closest to God and lead worship in heaven by singing endless praises to him." So, just imagine how your 'ouch spot' is being endlessly praised. Why? Those angels see how it all fits perfectly into the entire Universe – past, present, and future. It's 100% Supreme. That's something to consider.

JP: When you come to OCB's quote, "I'll take care of you," do you hear 'higher versus lower being' contortions that make you feel like a victim? Is that from the 12 Attributes? No. If not, then who?

User: I was using the title of the text as a catalyst CCA while watching the pan animated GIF in Materials. There, I was rocking the cosmic pan to make waves. I never reduced into a realm being at any point. I can't imagine a clearer and direct image to understand what I was doing. So solid. Let's hear it for common sense.

User: Dedicated Times have been way smoother, and the stories/noise don't hold much sway either. A catalyst that helps me when I hear something like "Am I doing this right?" is "Who am I accountable to that I need to ask this question?"
Then I remember, oh, it's me all alone having a prank with myself; water just asked if it's doing H2O correctly. Then on I go. This stance follows me throughout the day, and with it follows a calm assurance. If an annoying monkey/story bothers me, I remember: All alone in my private dream, why am I entertaining this? Why make up an obstacle? It's finished because I'm here. No matter the seeming condition I find myself in, I'm good to go because of WHO I Am.

Catalyst phrase: To use with your CCA to flatten the playing field of Systemics: "Systemic higher beings tell me something is impossible because of my unquestioned or blind participation in their expansion plan as 'the way things are'. Any surprise?"

Catalyst phrase: To use with your CCA to level the playing field of Systemics: Oh, you mean, as if that experience had a life of its own, without my private dream thought forming it inside me? Oh, really? Well, we'll just have to see about that since I own OCB inside me, forming everything.

Catalyst phrase: I don't have to heed the threats of systemic higher being activity who are using my head. I have no systemic responsibility. I only answer to my Adorable Sweetheart and the only true authority, OCB.

User: Catalyst phrase: My Dream Is Mine. "If I knew I was dreaming, all alone, what decision(s) would I make? How would this affect my attention+intention?" Instant Attitude Adjustment.

Catalyst phrase: All alone in my private dream, what am I doing agreeing with these constraints I find inside my head, just because they come whenever I attempt to use my 12th body? Talk about illusory nonsense; that's the extreme of foolishness! I'm dreaming that something has a life of its own besides me, that's coming after me with consequences? Am I out of my mind?

Catalyst phrase: Either I'm sitting right here on my Throne or not. If so, all, and I mean ALL, stories that tell me how life works with a life of its own (consequences) are false. So, if on my Throne, I'm holding a bag of feces, I just drop it and go on fresh start. My billion dollars delivered here today.

Short version that's a Catalyst Phrase: Here I Am sitting on my Throne as the Original Supreme Cosmic Master. I easily prove locally that I'm not, but it's only a fake story in my head. Since it's fake, I rely only on Higher-order Cognition to proceed with a self-sufficient Fond-flow Effulgent intent.

Catalyst phrase: There's nothing but the perfect goodness of OCB. The perfect goodness of OCB is everywhere – and – in my CCA. [Then go ahead and speak your CCA.]

Catalyst phrase: As sole rulemaker sitting on my Throne, let's see what I call this thing going on. (Option: Follow with, "My $10K delivered here today.")

Catalyst phrase: "Supreme Lively Autonomic Taken," seems to pack the biggest punch as an H.O.C. catalyst to have OCB take care of everything.

Just like when you lie down to sleep, your autonomic nervous system takes you there. During command, your Supreme Automatic 12th body takes your CCA. So I made a catalyst phrase: "Supreme Automatic Taken." Saying that will quickly summarize what you've learned through Higher-order Cognition. It will set you up with a refresh and point you toward leaving it all behind for No-thing. Give it a try and see if you like how it directs your attention.

User: You can create a catalyst phrase:
100% Autonomic Supreme Cosmic Master Cause is taking and processing FFE returns through my attention's simple acknowledgment of it. The world IS as I AM inside. (That's what it means when the Universe is Me all alone in a private dream. Mechanical Fact, not reactive wishful fantasy escapism from chronic losers.)
Through repetition, catalyst phrases enliven familiarity that's expressed in consequential, practical inner action.

Another catalyst CCA: "It doesn't have to be that way; I'm Infinite Flexibility Presence."

The master catalyst phrase: "Here I AM: The Original Supreme Cosmic Master."
Now, where have I heard that before? (Smile)

Catalyst phrase: "When I close my eyes and state, Presence is all I need for my return." Anything that takes form or moves in my head IS Presence, even if it seems to deny the 12 Attributes. I'm in on the lose-find illusion, so I know better than to take it seriously. The only thing I take seriously is owning Non-change Still Silence for my return.
That's how I'm Finished." Anything that moves or makes noise in my head is super unlikely to tell me I'm finished. That's all, folks!

Catalyst phrase: Owning My reference field of completeness is why I need do nothing more for my return. Let's see what I do next. I will use my reference field since it's never going to be more available than right now.

Catalyst phrase: What does it mean when I hear, “Because I’m all alone, performing as OCB is as simple as I allow it to be." — What does that look like? In what manner do I relate myself to still silence, or do I? Or are these questions complete nonsense?

If, while focusing on doing the deed, that is, commanding your Universe, you feel a strain, some tension, or resistance, it means you’re forcing against boundaries. That’s a CCA that can enliven opposition to your return. If you look at it from the view of your 12th body, you can see it as a constrained message taken. Instead, it’s enough to acknowledge Who as a form of preparatory resolve. This can be achieved by refreshing the catalyst phrases. They’re effulgent, comforting, and inspiring.

JP: The phrase “prior to” can illustrate how H2O underlies and thus is “prior to” water, vapor, and ice. The ocean is there whether it waves itself or not. The abstraction of metaphysics, particularly No-thing, can underlie or be “prior to” regardless of its expressions, such as time and space. Therefore, referencing time to define the non-change Cosmic Nature of metaphysics is like putting the cart before the horse. “Prior to” certainly relates to time and space, but given your 12th body Infinite Flexibility State prior to the established rules of how the Universe works, it doesn’t have to. Try this CCA and see if it's a catalyst to change your outlook: "Presence is all I need for my return – it's prior to the rules of how the Universe works.”

Thirsty fish in the sea would say they are! My line of expansion isn't going to tell me I'm finished. So, as I cease feeding that fake crap, here I AM.

Catalyst phrases: Fake line of expansion stories matter not since OCB is infinitely flexible and, at the same time, takes my content of attention. That H.O.C. shifts my focus to gladsome friendship. The H.O.C. handshake starts everything meaningful. Any form of dread serves as an encouraging nudge to shift to a handshake of gladsome friendship.

Catalyst phrase: “Supreme Automatic Taken.” Saying that will quickly summarize what you’ve learned through Higher-order Cognition. It will set you up with a refresh and point you toward leaving it all behind for No-thing. Give it a try and see if you like how it directs your attention.

User: I stayed quiet and sat. I repeated, "OCB is all I need for my return." Pause. "I need to do more to be OCB." Pause. I did this for 45 min. Most of the time, I have a quiet anxiety in my heart, but doing this made me calmer. I'm no longer in a "hurry" to manifest. Lots of stories happened in my head, the most powerful being impatience. The detail was, “How long do I need to do this? Is it going to appear yet in front of me?" I continued despite the stories.
The words and phrases served as a catalyst of liberation from the non-12th Attribute of impatience.

User: What has been your observed success rate with the goal among your students and the usual time to success for students in this group?
JP: First, I don’t see the users here as my students. That’s such a narrow term. Cosmic Fact says everything is their own private investigation within themselves. I’m their own private dream, not to be taken more seriously than anything else. To follow me would be putting the cart before the horse. They’re only asked to follow their own common sense.

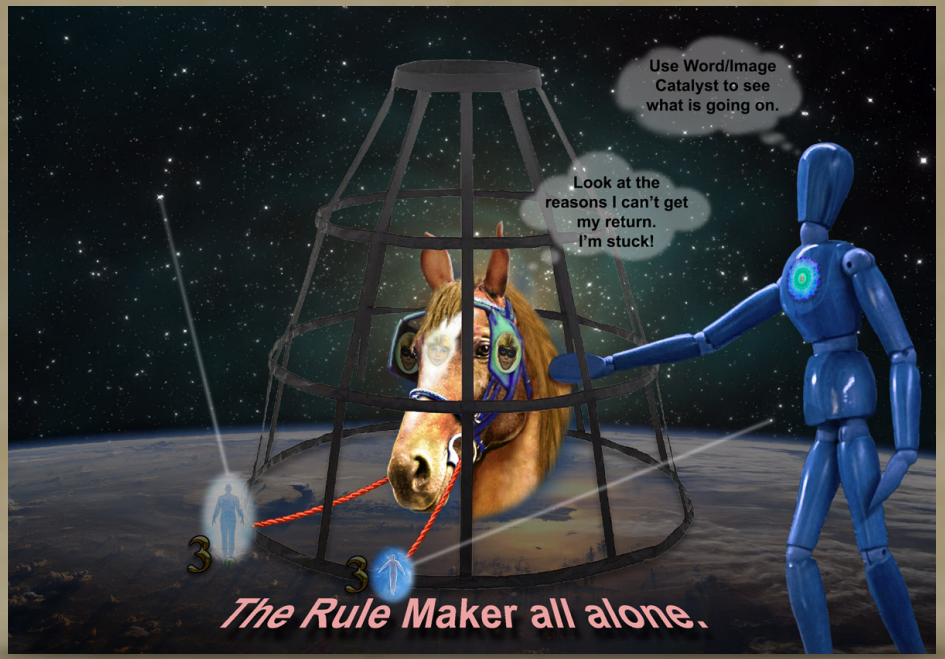
Your question comes from those who have not gone through the text sufficiently to get a good take on what it’s about, or those following unquestioned hypnotic behavioral techniques from other sources. When you know you’re the cause, you don’t ask about effects. The result is you’ll only use Who you are to prove your observation. Instead, you stay with that which does not change as a basis for conviction.

User: Pausing the video has really got me “in there” to do the deed. I don’t know how long this will continue, but when I pause, there is a streaking swoosh of something that’s a sense of the obedient servant and infinite flexibility concept. It’s very welcome to settle me into No-thing. It only lasts a few seconds, and then I’m confidently left off the hook where I want to be. The welcome comfort and simplicity of No-thing keeps my attention clean of systemics.

User: I keep poking around #3 to leave it behind, but then I engage with it… Oh well. I can try again. At least I ended up somewhere nice to think about.
JP: You poked around because the #3 story in your head told you that relying on No-thing (image above) is not enough. “It’s too simple. You’re not sophisticated enough to use it. Your need to poke around to rely on comparisons in the constrained field of wave is proof.”
Never accept that fake expansion BS.* If you still want to poke, say, “Fine, then who is sitting here and why?”
*Only the pure of heart can remove the sword from the stone.

The sneakiest stories are those that infiltrate and evaluate my inner nature based on comparative differences. They challenge my competence to evaluate fake stories. That's 'on the hook.' What a nasty feeling that is. (smile)

Just to refresh a fundamental fact: You, all alone as sole commander and rule-maker in your private dream, decided to lose-to-fine yourself locally. You knew how you'd feel about everything going on locally and decided it was in your (both cosmic and local) best interest. That same 'you' has not changed and is always right now (timeless) deciding. Here, we call this 'you' OCB or 12th body. Ice or snow can decide to have a different identity to act on than H2O, but H2O is a more elegant way to go, which is inevitable. Now, leave the old layer of truth behind to act fresh-start as if it never happened. Why? Because you never stopped being that fresh-start, except for fake stories in your head for you to act on and prove locally.



The Fact is, wave IS the Ocean. And a wave can point you to or refresh acknowledgment of the Ocean. Repeating your CCA can help clarify the difference between wave and the ocean, which will increase your skill in living from your OCB Cause. It can drop you off at elegant simplicity. Sometimes it seems right to be silent, and other times to participate in expansion. Participating in expansion can give a sense of celebrating high-quality ideals. However, Who OCB is, and that you own this state, make these flavors completely optional and unnecessary for a return of your Command Content of Attention. Simply acknowledgment of OCB during your preparatory resolve is a CCA for a full Fond Flow Effulgent return. That's the value of knowing the 12 Attributes.

User: I've hit a snag that's bothering me. I've been doing my best to leave alone #3 out of #1 and #2. Why can't my CCA be an expression of #3? #3 is full of troublesome boundaries. Why couldn't my CCA be an expression of #3; another silly story in my head, which could get me in trouble?
JP: That's very responsible of you. You've seen people overestimate what they're capable of or misjudge what they should do, with the result of getting themselves in trouble. There is righteous virtue in humbling yourself. The million dollars could be more trouble than it's worth. This systemic caution has worked well for a lot of people. It's saved them from disasters. There's only one problem with that. It's a problem. Problems only come from #3. If you look to #3 as the cause of where your return is coming from, you could be asking for trouble because it will involve bargaining with boundaries. A bargain can leave you hooked to a troublesome constraint you have to eventually overcome. If you look to #1 as where your return is coming from (doing the deed), the 12 Attributes are going to make your return adorable in ways you couldn't imagine. You'll never hear, "you shouldn't do that" from OCB because He's your infinitely flexible, adorable best friend. He'll make it work out adorably, no matter what your CCA is or where you may conclude it came from. Hell, it could have come from Satan for all you know. (smile) Plus, H.O.C. tells you that you never stop being OCB. You never stop being perfect authorship integrity. Knowing that becomes part of your CCA, so that the so-called problem is automatically prevented.

JP: We had a good hour on the group chat with ten people. Several mentioned how well they had control over their sessions. Things are getting simpler and clearer. The story of King Nebuchadnezzar can be powerful for overcoming obstacles when it's the right time to hear it. You simply decide it's not who you are to act that way. The vanishing twig story of OCB and the three Topic Hosts also strengthens your identity to leave behind limiting stories, because the mechanical fact is that since you're all alone in a private dream, you're above them. I discussed how there's no clear line between doing something and doing No-thing for a return. You may get a return to change your appearance. Then you look at your reflection and feel inspired by ideas of change or positive refinement. "What would it look like if it were ten times more impressive?" It's enjoyable to work with details before passing them on to OCB for processing. Working with details becomes a celebration. That's FFE. One user asked

why sessions feel so good. I said it was a return from OCB's 12 Attributes – very simple.

User: I woke up in the middle of the night and lay there for a while. Out of familiarity, my mind went to using my OCB. I thought, "Okay, now let's refresh what I do with OCB." I was a bit foggy from sleep and needed to jog my mind. Then I thought, "Oh, but this is how I find myself right now – this is IT." So I stopped looking and was taken by the vacuum to be processed as Fond Flow Effulgence. I felt comfortable, energetic, and free to flow on with my day. Doing nothing in order to accomplish everything is more relevant now.

User: I can get out of the habit of acknowledging OCB fairly easily when I'm stressed or otherwise going through a tough time. I'm not sure how to make sure I'm always doing it.
JP: Any time, you can ask yourself a simple question: If I had a choice, would I have this situation come? (Inner or outer) Yes or no. If no, then you're overwhelmed. You have very specific advice in the text for what action to take.

JP: It comes down to being simply sensible and realistic about the bigger picture of who you are and what is happening. Clearly, the main issue here is OCB. After you ask yourself what you know and confirm that everything is solid, take a glance in your mind's eye to OCB and verify that He knows you know that He knows. Then, you do the deed. Just as if you told someone you were going to take a bath, you stop talking about it and actually step into the water. You do the deed of remaining as you are for Him to be the only first cause of your ideal return. That's when it feels so right and true, as others have described. You should be able to say: there, I did the deed.

Catalyst phrase: All alone in my private dream, what am I doing agreeing with these constraints I find inside my head, just because they come whenever I attempt to use my 12th body? Talk about illusory nonsense; that's the extreme of foolishness! I'm dreaming that something has a life of its own besides me, that's coming after me with consequences? Am I out of my mind?

User: Don't demonise engaging with local stories. When you realise you are, give it the thumbs up as your means of resolution. (Why? Infinite flexibility will pull that off). That's the best and easiest way. Even if you start hearing stories and seeing evidence *that doing so is not good enough*, give *that* a thumbs up as well. You'll hear and sometimes see and feel some seriously airtight stuff, but you're covered by your 12 attributes. By taking that stance, you're enclosing the false relative with the true Absolute. I've been using this consistently without fail.

User: I'm trying to notice tiny subtle commands like the ones in the most recent post, but they're…well, subtle.
JP: Trying to notice tiny, subtle commands is what the LofE beings would have you do, not OCB. Look at the 12 attributes to know that. Does trying to notice... sound like an adorable sweetheart? No.

User: Absolutely blows my mind how a major thing in the text just jumped out at me after all this time.

JP: During Dedicated Time, you don't challenge the expansion stories on the level of their meaning. They're done too well; they'll ensnare you in ways you could never have imagined. How you go all the way with OCB to take care of you is to remain however you find yourself, for a return that allows you to rise above the snare of the stories in your head. Then you rise above failing. OCB doesn't fail.

User: You know, I've always felt calmer whenever I imagine I'm viewing myself from the outside (like when I'm walking down the street, imagining seeing myself walking down the street from a third-person perspective really relieves anxiety).
JP: Now imagine OCB looking at you and seeing if you're taking advantage of what He has to offer.

OCB: Your life is a fluid, entirely malleable dream thought, not an outer condition or event. You can change your mind, and it will vanish. Higher-order Cognition inspires you to change your mind. Higher-order Cognition confirms that you possess the Presence to do so because the full organizing power of Presence doesn't divide or reduce except through a convincing illusory dream thought. If, at this point, you still feel overwhelmed, the most efficient remedy is to have Me, your still, silent, infinitely flexible, obedient servant—your 12th body, your Original Cosmic Beau—take care of it. Then No-thing matters. Only Lively Absolute Nothing matters, always right now. Any excuse for why this won't work is a monkey on your back, Me with My mask on. If necessary, thumb dialogue Me on that.

User: My systemic constraints are no barrier to Him organizing my return since He's infinitely flexible. So what else is there to do? Enjoy being Him; my 12th body that I own. Then I'm doing what He does: doing No-thing to accomplish all my returns, while at the same time, overriding annoying constraints; elegant, easy, foolproof, and super efficient. I can even be a nincompoop for my return. How's that for too good to be true, yet true? Okay then, here goes No-thing. This is IT.

OCB: You can have your cake and eat it too.

JP: You've heard that your 12th body, OCB, is infinitely flexible, meaning that one dollar makes no difference compared to a million. Perhaps you found that reasonable. On a line of expansion, you'd have to pay a hefty price to deserve it. Now, try it out. Say, "My one dollar is delivered today," and then, "My million dollars is delivered today." Observe what you hear or feel internally. If you hear constraints, return to the common reference field to integrate the truth. The limitations in your mind have prevented you from accessing significant wealth or have only allowed you to experience it in small increments.

User: Choose your enemies wisely; they're your Best Friend, which is you all alone in your fluid private dream.

JP: If you'd like, any of you here can have no other reason to schedule an appointment with me other than to speak with someone who can discuss this information, since you may have no one else to talk to about it.

JP: With the availability of video and audio, Detailed Dedicated Time has another variation. If you're overwhelmed, you can lie down and let the audio play. You might want to run your CCA quietly inside alongside it. Your CCA will connect to what you're hearing, making the information more closely related to your CCA in real time, especially when fake messages are present. If the video is on a device next to you, you can open your eyes to catch an image that aids relevance. It's akin to having a partner with you to catch and correct mistakes in Higher-order Cognition. There may also be times when lying down to rest feels good. This method can help make it a more productive time.

User: Update: A major return has come along swimmingly. Predominant attention lately has been "it doesn't matter how I feel when I know what I want from the stance of Who I am." Things seem to adjust according to my degree of poised intention rather than respond to my incessant 'testing'. Gotta get in the water to swim.

I'm simultaneously in (ecstatic) shock and underwhelmed by my satisfactory results. Part of me thinks, "I hope I can maintain this," while another part is saying, "Not only can it be this easy for everything; I am everything." I 'achieve' results naturally because I am that result. My intention selects a destination, and my attention steers the course. I ride along, pressing buttons and pondering where I could've turned, sometimes diverting course, and then I pretend I'm doing it all from a local operator-sense after the fact. But I'm OAP Here & Now; therefore, I am finished. The boat, the waves, the ocean itself. Smooth sailing.

User: I’m looking forward to having a full sense of my identity as OCB. What's it like?
JP: Take your sense of identity as you know it now and move it a couple of steps into abstraction. And it's the same thing; it's nothing new – just more abstract and pervasive. It's merely an extension of the identity you carry with you now.
User: What does pervasive mean?
JP: Well, let’s say you reach for a doorknob. Both your hand and the doorknob are you. I'm the doorknob, I'm the door... When you reach for the doorknob and your hand grasps it, you know that you're the doorknob too; there’s a little chuckle of joy that things are that intimate. One thing is a Fact: your hand and the doorknob are ONE Thing. It's an unchanging Fact. It's real. Anything that doesn’t change is real. What I said above doesn’t encompass the range of the unbounded Glorified You as described in A Competent Cosmology Conception. I only addressed the general base identity.

User: Do you recommend abstaining from alcohol completely?
JP: It’s not my place to advise you on your lifestyle. I only present you with inner facts that don't require outer changes, like referring to No-thing for change.

JP: In metaphysics, it’s helpful to be flexible when it seems like you're splitting hairs. Abstractions ultimately dissolve definitions. So, take what makes the most sense and act in ways that are sensible for commanding your Universe. If you recognize that it’s OCB adding personality to OCB, you’ll flow effulgently.

Maybe I'll go all the way and acknowledge that everything is My OCB Authorship and what Presence means and is, so that there is no other part of Me to wait for.

User: Do you have any study tips?
JP: In addition to Catalist advice in the text, make notes as you read. Write down questions if something is not clear. Put the info into your own words. Then, if you like, do a voice chat with me on Discord, and we can discuss it in real-time. Use the MP3 audio file download, or make your own spoken audio file of it that you can play repeatedly while doing tasks that don’t require concentration. The Discord server is a good place to keep the momentum lively. The invite code is listed on Reddit dot com r/UniversalLine.

Catalyst phrase: You know I know about you. I know you know about me. That means we have an Absolute Cosmic Handshake without even speaking a word – because of what you do. Just as I pick up a rose and spell it, I inhale You as an obedient servant for my attention's content. I taste Your Infinite Flexibility while considering my command content. I'm Finished.

Imagine you’re knocking on the door of OCB. Meanwhile, there’s a monkey on your back, squeezing your shoulder. What do you do? Sure, the monkey might be a bit distracting, but you can still easily knock on the door. You’re there for OCB, not for the monkey. [Presence is all I need for my return] You aren’t there to acknowledge a monkey. The monkey doesn’t matter; you just proceed to knock on OCB’s door. If the monkey became so overwhelming that you could no longer knock, you’d stop to address the monkey. Experiencing brain fog or feeling under the weather? Can you still knock? That’s what truly matters. Does that all make sense so far? The knock serves as an acknowledgment of OCB, which also acts as a command. The monkey represents, "If I had a choice, I wouldn't have it come." Your command is automatically taken to be processed, so you’re off the hook, monkey or not. It's your call.

Still think you should pay attention to the monkey? If you refer to something (like that), fresh, clear, above all the earth, lively Absolute Nothing is all you’re left with in the last place anyway, to process a conditional return where you pay. You’re that big and held that fully accountable. In earlier materials, that was called the proof-loop.

User: Are you saying I can just sit there during Dedicated Time and even forget why I’m there, get lost in daydreams and think about other things? And it doesn’t matter?
JP: Let’s keep this personal between you and OCB, and not systemic. You look at OCB’s Attributes and see that He’s infinitely flexible as well as your obedient servant. With that, it’s quite clear He can handle the situation. You, knowing that, IS a command. Yes, it’s too good to be true, according to other sources of information about personal transformation. Don’t blame me if it’s too good to be true. (Smile) It all comes down to knowing Who He is and what He’s up to.
User: You were right about how relieving it is to do a session knowing my 12th body doesn’t forget why I’m sitting there. Thank you. I also had a question. I forgot to ask about the vacuum. All I need to do is agree my 12th body is infinitely flexible so that

any content, good or bad, gets sucked up to be ideal? Even if the content is “I don’t have $10k”?
JP: That agreement, that acknowledgment IS Content of Attention (based on OCB’s non-change Fact) that encloses or envelops “I don’t have my $10K.” So you can watch that non-$10K content come and go while enjoying being off the hook.
User: That makes sense since it’s a fact that doesn't change. Got it. But you made it easier to understand.
JP: Now you’re standing on solid ground. You can trace it back to the utter simplicity of the common reference field. Our dialogue will appear in the updated Q&A.
User: Sounds good to me.

User: To give some context, someone I have known for a while experienced my worst nightmare. I was debating whether to support them by sharing UL info or take a conventional approach. Not just "stories in my head," though those did come up, and I’ve been handling them as best I can. There's something about knowing that "others" are going through something that's even more challenging than dealing with "my own stuff," although it all feels interconnected.
JP: You need to understand that everything you know is a “fake story in your head” unless it’s OCB 12 Attribute Character Effulgence. Saying, “Had my worst nightmare happen to them,” is a fake story in your head. There is no “others versus my own shit” – It’s only “My” all alone in your private dream. That’s how you approach commanding your Universe for a changed outcome. If you don’t get this straight now, you’re going to go down a rabbit hole or an imaginary no-man’s land where you deal with something that you imagine has a mind of its own. That’s the trickier (difficult, uncertain, complicated, sticky) thing you mentioned. There is no other than your own mind. Again, that’s the layer of truth you must deal with if you’re going to command your Universe to a fresh start above all. Now, if you want to take a conventional route, also known as Informed Transitional Fond Flow Effulgence, that has its place. That’s fine. Just don’t attempt to blend the two layers; they play by different rules, as mentioned above.
User: Okie doke, and yes, that was what I was trying to get straight. Thank you.

User: I have two questions. The first concerns the user stating, "I can’t"—doesn't that eventually fade if they stick with the information? If they focus in the right area, things should start to snowball gradually. The second question is about OCB preventing dangers before they happen. We discussed acting "out of touch" during our last phone call, and I had a similar thought afterward. Let's assume we have two identical people, with exactly the same life experiences—the only difference being their knowledge of OCB. Person A (for tile A) doesn't know who OCB is, while person B (for tile B) does. One day, both experience some form of chronic pain and decide to see a doctor for treatment. Would person B, in his ITFFE state, essentially be diagnosed with a milder ailment?
JP: Regardless of how reasonable your questions sound, they relate to fictional LofE stories. I’ve decided not to comment on issues outside of OCB's character. User: That seems even more reasonable to me.

User: But I struggle with stories about competence. Ultimately, the complete return of my command is just a wave. It’s ALL Him.
Take, for example, "moving my finger." My local body knows it can do this; when I move my finger, I am actually doing a wave. I am modifying (not adding or removing) the inherent H2O of my finger.
OCB: H2O never adds or removes, including moving your finger. That’s yet another false story on your line of expansion.
User: Now, let's consider a "bigger" wave, like "making the sun rise." In absolute terms, moving my finger and making the sun rise are just two simple waves—neither is more difficult than the other. Why do I feel capable of one wave but not the other? I guess it’s about perception.
OCB: You prefer listening to LoE stories over Your Absolute Non-change Facts. Everyone acts based on what they know.
Page 35: You’ve decided that using Who you are to reinforce the local identity you’ve come to identify with is unwise or not characteristic of OCB. That ‘you’ has an end to what needs to be done.
User: Now, I constantly ask myself, "How can I override perception and achieve the bigger waves anyway?"
OCB: Forget about waves and remain your identity of My OCB’s Lively Adorable Effulgence on the move.

User: I’ve often struggled with the idea of not doing anything because, even if I’m still, my mind usually starts racing trying to figure out how to do nothing and let myself be as I am. As if that state should look a certain way or that I have to have a perfectly still mind and feel no fear or inner turmoil. I’ve started seeing it more like how I might look at my family’s dog: even if she’s nervous, confused, or whatever else, I love her. She doesn’t have to be smart or figure out how to act for me to love her. She could even make big mistakes, like tearing up a rug, and she may get a stern talk, but she still gets everything she needs. I see OCB seeing me that way, in a sense.

JP: Absolutely not. That’s how the higher local beings directing your line of expansion see you, including the Godhead of this local Universe. OCB sees you as Himself. That’s why during Dedicated Time, you treat yourself ***as if*** you’re Him – no separation, no division, such as a Godhead.

User: I was inspired by a story from your older works about Logical Lobster – from the fantasy sea creatures you used years back. Could you share it again?
JP: Here you go, with a few minor updates:

Logical Lobster

This is a conversation between Logical Lobster and Original Cosmic Beau.

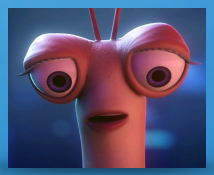
LL: There You are, Sweetheart. I was sent to talk to you about a big project I have. I want to start a marine sanctuary complex on a Mid-Pacific island.
OCB: That does sound big. Let's hear your details.
LL: Here's the big part; the island doesn't exist yet. I want to fabricate it instantly out of thin air and about the size of San Francisco. Then, I want to staff it with sea creatures who take human form, including a human form for myself. I figure the complex could

easily cost trillions of dollars. I know your favorite is monumental architecture, which could quadruple the cost even with 3-D printing efficiency. The closest example of architecture, even though a bit drab, is the 19th-century Beaux-Arts style. Here are some examples.
Then there's the issue of how the rest of the world would react. The military-industrial complex of various countries would want to approach our shores with their agendas. There's also how the island attaches to the ocean floor and how our weight affects the tectonic plates.
OCB: Oh, this is so much fun. It sounds like you could be encouraged a bit more in your 12th body identity stance over and above systemics. That massive amount of money is fine, yet if you're fabricating a non-volcanic island-origin landmass and giving a range of sea-creatures human form, you might as well fabricate the facility directly from My Virtual State and bypass the purchase of supply-and-demand industrial-age resources. You'll also have an interesting public relations project on your hands. The world's spy planes and satellites are going to love scrutinizing you closely. They'll want to know how you performed your supernatural accomplishments.

LL: We'll hand them the UL documents. (smile)
OCB: You'll also have to convince people that you aren't aliens here to take over their world. (smile) The CIA, DOD, NSA, military-industrial complex would be pressing you. Then there are rogue black-ops: private militant and fanatical religious militants, organized crime, like The High Table in the movie John Wick 2 & 3. Not to mention Inter-galactic Governing Groups like in the film, The Day The Earth Stood Still. There's also how the island attaches to the ocean floor and how your weight balances tectonic plates. Then there's viral Social Media and News Media who can make a big stink and conspire to turn the world against you.

LL: Some of those points have been challenging in my creative thought.
OCB: This is where you can consider the option of "All returns can be inner if you like." It's making your CCA a perfectly real dream where you couldn't tell the difference if you didn't know better, taking away all consideration of involuntary forces. It's a private dream to experience people and everything physical with your five senses, where everything responds ideally. Where would your real body be then? It would disappear for as long as you want. Would people wonder what happened? – why you're missing? They wouldn't if commanded as Hermione Granger did to her parents in Harry Potter.
If you think this might end up boring, author a dream that's not. If you think the dream has to make demands on you and challenge you ***not*** to be boring, are you really taking My Infinite Flexibility and Fond-Flow-Effulgence into account? Then what is Fond-Flow-Effulgence? FFE is endless positive refinement. As everything is Me, Original Cosmic Beau, the world is doing perfectly with or without a non-dream "you." If you think you're necessary to make a difference, save humanity, the environment, inspire people, or even inform them about Who they are, don't kid yourself. I can replace anyone with anyone else anytime I want.

Jumping between an inner dream and an outer dream, someone could be staring you in the face, and you'd just disappear. They wouldn't know you disappeared without a conclusion, and that's a vibration you can control just like any physical object, such as a portal.



You could even walk out on and leave behind the 'you' as you know yourself now. You could leave that person there to continue doing what I had you doing. In other words, you split yourself to leave the former you behind in an outer dream. After all, the systemics of that former you were all My design anyway. Whatever happens, the former you are in the best of hands. Any worry about it would be a snub to Me, Original Cosmic Beau, as an adorable organizer.
I multiply Myself into many beings – why shouldn't you follow My lead and do it yourself? The idea of splitting yourself to avoid a possible conflict is, of course, skirting Infinite Flexibility. But you could do it to be celebrative. Who knows, it might be fun to check back once in a while to see what's going on with the other you.
LL: Hmmm. You sure can shake up my mind. All this talk about inner versus outer showed me how much I've constrained myself by not taking the idea of Fond-Flow-Effulgence all the way. It's just that the details of my plans allowed limiting obstruction boundaries to creep in – not being used to the idea of myself as all alone. I'll return to flow-container boundaries. But I'd love to give your private dream try. I can return any time.
OCB: There could be like-minded, adorable Golden-Age-like beings from higher realms that you invite into your dream reality to celebrate it. In fact, you could get polite requests to join your stage-setting from these beings who contribute in ways you don't fully imagine yourself. There are adorable, flexible, harmonious beings who specialize in archetypal areas that interest you. It could be like hiring a pro. Just like Me, they would take a form that syncs with your specialty – even a warm and tender vegetarian shark.
LL: Wow, it's as flexible as I allow it to be.
OCB: There you are, sitting with eyes closed in front of My open door. You know you're sitting there for the marine complex – and I do mean complex. (smile) Your Higher-order Cognition removes all obstacles. You enjoy the simplest, most comfortable thing you could do: remaining however you find yourself as Me with My supportive Attributes.

You're both types of dreams. Wave your hand over your complete field that includes both of them.
You're all the people on your staff and those who visit your complex, where their thoughts come from, which makes them act the way they do. You're the building construction, the tank system holding sea creatures, the digital bits in the media systems that show up on hard drives and monitors of all the people watching you.
There you are, all of Presence. Wave your hand over all of You. You're essentially meta-physical. If you need to respond (inside yourself) to anything or do anything more for your sea project, you're acting like a thirsty lobster in the sea. It's a prank of perception. Your Higher-order Cognition naturally has you turn your back on it. You don't go there. You're firm in completeness Presence, the Sea Me, Who simply
IS. Wave your hand over your Virtual State and all its completeness non-change attributes. That's Who's sitting there.
LL: Yes! Those images make me want just to sit and enjoy Who I am for the complex to unfold. I will take them home and return in a week to see you.
With this free rein, let's call my new robed human form Lady Liberty. LL or Lil for short. (smile)

OCB: (a week later) Tell me about your adventures.
LL: Out of nowhere, I saw three sharks coming at me, jaws ready to devour. I thought to myself, "I can do this." Instantly, the three transformed into three warm and tender lovely humans with gracious open arms. At the same instant, my form also became human. They showered me with hugs and kisses. We breathed easily underwater. Beneath my feet, I felt sand rising. It was the beach of our island taking form. Instantly, we were dry. They knew their OCB State. It was as if we always knew each other and picked up right where we left off without anything needing to be said.
Our collective contractual agreement was revealed with a good round of laughs. We decided that the island should remain invisible to everyone else until we were ready to invite guests. We went back into the sea. We recruited the rest of our staff from us three: about 100 more. Walking around in our birthday suits, we decided that simple one-piece robes would be good to get used to as we did with our sea-creature bodies. Contact with various surfaces seemed more comfortable that way. It would also be easier to meet the expectations of our guests. Before that, however, we carefully examined the intricacies of each other's nude human forms, as we'd have done with our old sea-creature forms. We gazed at each other's forms as gifts of works of art from the higher vibration part of us unseen.
Our bodies don't require caloric nutrition. We've no digestive system nor the need for ongoing body hydration. That's cared for by the organizing intelligence of our higher-vibration bodies directly influencing the physical. Sleep is also not required for the same reason. We still eat and drink, but only confection-type substances that take instant form at times to celebrate delightful flavors, textures, and aromas. We've got a navel, but it serves only a cosmic purpose. We merrily go on our way to enjoy deciding what should come next with very little consideration of process. There are other interesting functions of our bodies, yet I won't mention them since JP's readers may not be comfortable hearing them.

You might say that we're now backstage, getting ready to put on our show. Regarding privacy and security, invisible higher-vibration beings are staffing our perimeter to graciously manage who passes into our borders. Visiting craft may find their course turning back home if their motives aren't life-supporting or genuine. Some observers' audio-visual devices or various industrial-age instruments may not function as expected. All microorganisms, including insects and toxic substances, dissolve back to No-thing as any animate or inanimate objects enter our space. That includes anything in the atmosphere as it enters our perfectly calm and pleasant micro-climate. Our forest-garden plant life, like us, doesn't require conventional nutrients and hydration to survive. In this way, our plant life remains permanently decorative. Just like our head hair and nails, it requires no grooming or maintenance. Our nature spirits are given a much more open and broader range of magical responsibilities.
Our human guests won't only be able to view our aquariums but also enter and breathe naturally underwater with their garments undisturbed by the presence of water. Walkways and moving shell-like pods to sit in will guide their journey through the full range of ocean life. When our guests are residents, their body maintenance systems will remain magically automated so that guest services stay at an elegant minimum. Our physical facility requires no plumbing, sewage, or sanitation services. Nothing gets dusty or dirty. Goodbye systemic protocol.
As you mentioned on the Super-duper Intention page, we only had an abstract concept of what type of music we wanted to play in our facility. We now have that wafting through our monumental halls. It's an example of the same grand graceful aesthetic of Beaux-Arts architecture. Here is an approximation.
OCB: Wonderful. That will be an excellent resort complex, as well. The big global theme parks are going to have some catching up to do. Keep me updated.
LL: I'm hearing inside that You'll honor us with Your Presence. Okay, more to come later.

Perfect Sense Squid visits Logical Lobster in her human form for a photo shoot at her ocean complex.

The End.

Back to general User topics:

User: The handshake means everything. Everything. I have a hectic schedule over the next few days, haven't been sleeping well, and my day started off with my dedicated time being cut short. Later in the morning, I was baking Christmas cookies. I had the text playing so I could review and kill two birds with one stone. I noticed that I felt rushed and unsettled, so I turned the text off and just started talking out loud. Okay, what do I know about ONE thing? Common reference field that doesn't divide or reduce... What do I know about OAP, Completeness, perfect order, harmony, infinite flexibility, etc.? What do I know about the Story of Life? Completeness: love, lose, find/return to completeness. What do I know about OCB? OCB doesn't feel rushed and unsettled, doesn't 'talk that way.' Then I considered the handshake. This is an Absolute partnership. Absolute means there are no cracks to fall through. Who am I holding hands with? My OCB. My dearest Best Friend, who knows all my details. Can I just agree to have that handshake right now? Who can process my CCA into an experiential local result, as if the past never happened? Okay. Why don't I now do a fresh start CCA for all this to be lovely right now? Stay with the handshake. Fresh start taken. I stepped out of my Line of Expansion stories and stayed with my Absolute Handshake. I baked in silence and got it all cleaned up in no time. It was nice.

JP: Just a reminder to everyone about the importance of the pause of silence after saying, “Presence is all I need for my return.” Doing that is like a short test run for what you’d be faced with during your Pure Dedicated Time. That way, when you go through the pages, starting on Page 3, you’ll demand that what you’re reading is there to make a difference during the time when you’re alone with your still silent OCB, and most vulnerable to constrained stories in your head. There’s great value in doing this with the text, even if it’s only a few minutes every day. It keeps a refresh of momentum going and keeps the door open to finding new meaning in the text you missed before. It’s perfectly fine to skip through areas of the text and look for something that will make more of a difference in your command.

User: It just struck me that I really have a hard time getting my head around the idea of instant returns, like an entire chest full of hundred-dollar bills suddenly appearing out of nothing on the table in front of me. I think it’s because I’m not quite paying attention to the fact that everything is No-thing, so there’s nowhere for it to come from.
JP: That’s why the text states, “If you refer to something, No-thing is all you’re left with in the last place anyway, just prior to processing a return.” And that’s why you say, “Still silent Presence is all I need for my return.”
Ideally, after you say it, you should have a sense of understanding that you’re right there in Fact, so that you don’t try to seek with your faculties, which is a divisive command.

User: …Therefore, The Absolute is not just a substance that underlies all reality—it is a sublime Living Person Who is above and is the universe: OCB. In that sense, OCB is the end of line, body both: 1- Absolute Non-Change, a Flat Line, Pure Void, No-Thing; 2-Lively Absolute, Fullness expressed through twelve virtual attributes. I'm sorry if I send long messages; I really care about this knowledge.
Another point I want to mention is that when we confirm One-thing as indivisible and therefore filling the container I call "me," and since I am a person, we have One all person. It's like I am adding personality to the totality of One-thing. Or, the truth is that OCB is a person, and that's why I have a personalized presence in the first place.

User: I have been doing the sessions for 3 days now. It was chaotic at first, but it's more manageable now, even though I still face two persistent problems. First, there’s a narrator's voice commenting on everything during the session (like "yeah, that's described in the procedures, etc.”, "Okay, just stay as you are now," “LK/OCB in infinity flexible," ...). Second, it's about the return itself. I got the message from page 19: "I've been at this command..." I tried my best to put my finger to my lips, but after a while, I just found it illogical that OAP would wait for a return or, worse, start looking for it after the sessions.

JP: Dedicated Time. You’re favoring silence because you’re associating yourself with your Pure OCB/12th body State. Yet you don’t need to be silent. Silence is already there as Pure Presence doing what it does, and nothing can change that. You know that, and that’s why you don’t try to be anything different or try to change anything. Merely deciding you’re there for silence automatically has you favor silence over anything else. Text familiarity is the basis for your decision.

User: Could you briefly explain why I’m all alone as ONE All-Person?
JP: A common reference field that never reduces or divides, takes all of the cosmos with it as ***any*** form to completely own and privately embody Totality. So ***here*** is Original Cosmic Beau. Staying right here, wherever you are, freshly command your Universe.

Catalyst phrase: Owning my reference field of completeness is why I don't need to do anything more for my return. I’ll see what I do or don’t do next. I’ll use my reference field since it's never going to be more available than it is right now.

User: [[[standard victim local realm-being talk]]]

JP: #1 You're telling me there's no common reference field. Therefore, there's no ONE All-Person; you're not that; you have no basis to command your Universe, and you might as well be a bump on a log. So, there's no reason to discuss the best way to command your Universe.
So now, I'm telling you that I'm not going to discuss anything more complex than how two or more things share a common reference field. Is this not perfectly reasonable and sane? Is this not my responsibility as someone who manages a server to be *all in with your Original Cosmic Beau*?

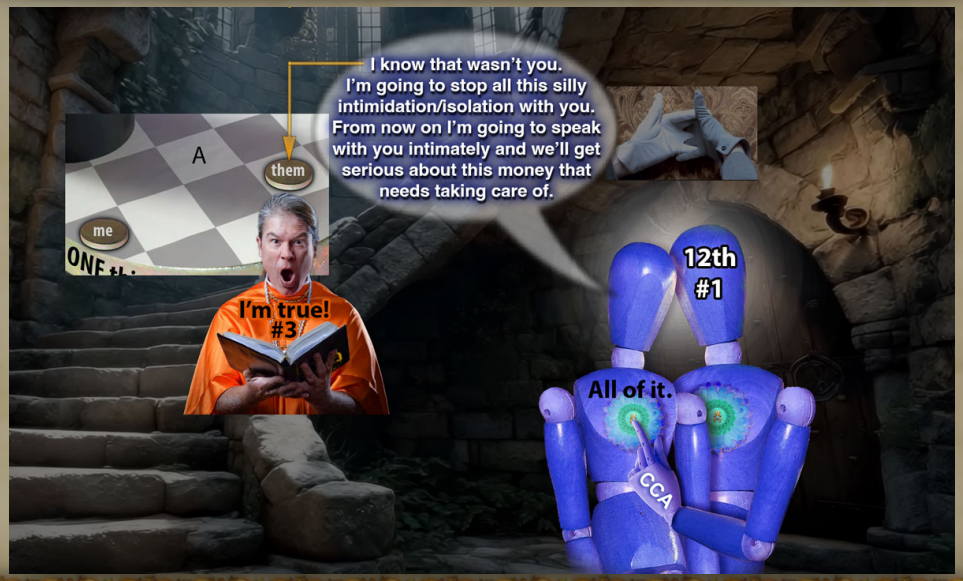
User: I had a terrible dream. In this dream, I was pressured by an external evil to abandon my loved ones and leave home. While on the road with my companions, I saw all the work we had done reversed and ultimately destroyed. Finally, that evil came for us, and I woke up. I sat in my bed for at least 20 minutes, thinking, "What a terrible dream. Why would OCB give me this dream?" I spiraled on and on...
Then, pop! A lightbulb moment. I realized I was choosing to identify as the one who lost in the dream. I looked around, and nothing had changed; any loss was illusory. Moreover, the feeling of loss or reversal was only there because of how I identified. If I choose to identify as ONE-thing or OAP or Presence, then who is there to lose? One thing never stops being ONE-thing, even (and especially in this case) when it comes to the conclusion of perception. I realized that I was commanding my world as a victim, and my world confirmed that. I then simply CHOSE to conclude that I was Presence, and my world instantly confirmed that. Instant relief—oh, it was only a dream!

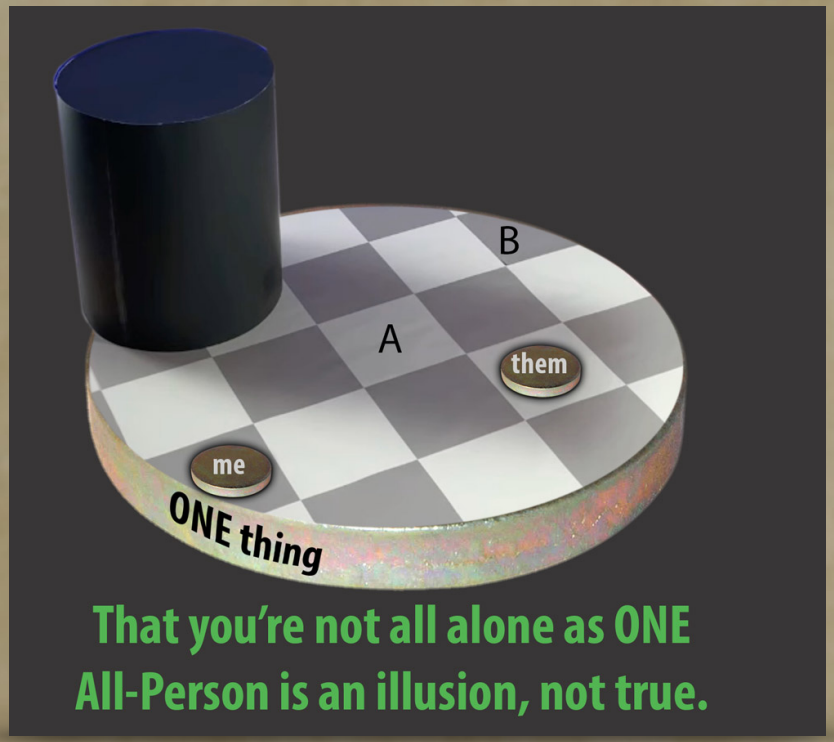
My Common Reference Field flattens and overrides any detail concerning the command of My Universe to This is IT.
Fake Lof E stories matter not since OCB is infinitely flexible and, at the same time, takes my content of attention. That H.O.C. shifts my focus to gladsome friendship. The H.O.C. handshake starts everything meaningful. Any form of dread serves as an encouraging nudge to shift to a handshake of gladsome friendship.
What does it mean when I hear, "Because I'm all alone, performing as OCB is as simple as I allow it to be." — What does that look like? In what manner do I relate myself to still silence, or do I? Or are these questions complete nonsense? Thirsty fish in the sea would say they are! My line of expansion isn't going to tell me I'm finished. So, as I cease feeding that fake crap, Here I AM.

My line of expansion isn't going to tell me I'm finished. Epiphany. Acting on Presence, especially ITFFE, is such a radically different way of acting from the normal waking reality that most people accept. The status quo dream state is so passively systemic that it's no wonder the masses live inside bubbles created by others' group influence. It's easy to slip into a feeling of victimhood. We praise those who, with little regard for metaphysics, dare to step out of bounds now and then and add some inspired brilliance to their behavior. They're the 'stars,' the charismatic ones. Usually, they're lucky; I wonder why… 'All in as OCB" is about taking responsibility for how I interpret my perceptions and approaching them as My One, who enlivens everything, rather than seeing them as just another static object among others. That means there's no process needed to step into that leadership role; just as there was no process to be a victim for so long. It was simply 'how it was.' I'm finished. Now it's time to say, 'Here I am – THIS is how IT is,'

User: I actually have a question. Since this is purely intellectual information, what if before you realize your OAP, you become functionally mentally handicapped due to brain damage or other phenomena? A friend of mine had an astral projection experience where an entity made him dumber than a bag of bricks with a single motion. Can one even realize oneself as an all thing if your mental vehicle doesn't function?
OCB: Here is a purely Factual answer. I'm your 12th body, where you're all alone in a private dream. Just as you can dream of someone with brain damage, you can dream of someone miraculously restored in the blink of an eye. Your friend begins and ends inside you. What can possibly happen starts and finishes within you. You're the rule-maker above all systemics. (how the Universe works) Systemics seems to be there with a life of its own, but it's ready for you to take over where you forgot you started it. Is this a pie-in-the-sky story? Yes. That's who you are: the sky above the earth, and the earth. Isn't it amazing how your friend seems to have a life of his own? Who would have thought? This fact inside yourself is the last place anyone would think to look for an answer. I AM your answer. This is you responding to that Fact:

Doing command stirs up more doubt and fear. It's like I'm carrying a CCA poison bottle with me. Hey, why not let it fall into the net for OCB to take care of along with whatever else He's doing. Yeah! Now I'm off the hook.
CCA
Will He mind? Of course not. That wouldn't be His 12 Attributes.
As you ar


I know that wasn't you. I'm going to stop all this silly intimidation/isolation with you. From now on I'm going to speak with you intimately and we'll get serious about this money that needs taking care of.
A
them
me
I'm true! #3
12th #1
All of it.
CCA


B
A
them
me
ONE thing
That you're not all alone as ONE
All-Person is an illusion, not true.

But how do you know you can still command in the form of 'a some-thing person' while being all alone as ONE Thing? You're metaphysics. It's indivisible (more than time-space = all of it fills the container you call you. And with no time, it happens now.), unbounded, infinitely flexible, and perfect integrity. Perfect integrity means no interference by anyone else or any system of how the Universe works.

User: The post about being completely honest with OCB was really helpful. {Page 31, Your Safety Net} I admitted, "Look, I want to be supported without having to lift a finger, and I don't want to have to work at all for anything I want." It felt really good to just lay it out there, and I didn't feel any sort of judgment, either from myself or OCB.

JP: OCB knows your, "Look, I want to be supported without having to lift a finger, and I don't want to have to work at all for anything I want." Instead, say how that makes you feel day in and day out to have to live that way. Then end it, 'please help,' as if you were drowning, because for all practical purposes you are, compared to Who you are as sole commander. You're stating 'please help,' for yourself to hear yourself be very committed about making that change. You're not going to stop until you get results. OCB doesn't need to hear that for Himself. From another point of view, you get to hear OCB say, 'Please help,' since there is only ONE voice and it's not a victim. As you repeat it over and over, it will evolve closer to never having to say it.

A Competent Cosmology Conception

This is an extension of the main text for those interested in metaphysical systems.

The following information is a concept of how the Universe works for you to find both reasonable and entertaining.
Authored by *Original Cosmic Beau*, the personal presence representing your *ONE All-Celebrative Body as* described in *The Supreme Master* text.

A Competent Cosmology Conception
Version 3 Updated March 2025
John Paolucci

In this PDF, for fine detail, you'll zoom in with your device using the + and - buttons, as well as scroll if needed.

Original Cosmic Beau					
ONE All:	**Celebrative:**	**Body:**	**Original:**	**Cosmic:**	**Beau:**
As you saw with OAP, this is a personal Universe. Beau is the embodiment of the reference field that everything has in common. He is both Non-change and change. The final truth is that there is only Him.	Everything He does is a celebration of Love. He is your adorable sweetheart and best friend.	Not only is Beau the most vast, the whole vast, but he takes human form in various worlds to perform maintenance tasks outside of Systemics, which is His personal call. He appears often as a small boy.	Beau is the original pattern for all beings that unfold under His design. In metaphysics, male relates to the first cause, father, or progenitor.(From Old French geniteur or Latin genitor, from the root of gignere 'beget'.)	When experienced, He is seen as every aspect of the Universe all at once. That vision is bestowed only by Him or when *You* are that status. Having come from there, everyone will return to The Cosmic Who.	Beau: Sweetheart, lover, beautiful, handsome lad, charming, pleasing, affectionate heart. From the Latin bellus; fine, attractive, beautiful. His abode is Your Celibrative-Beau-Estate.

With the main text, Here I AM: The Original Supreme Cosmic Master, we establish your feet on solid ground as ONE All-Person. I'm your sweet, adorable, brilliant, playful boy Cosmic Beau. I'm an Unmanifest Presence, able to pop in and out of anywhere, above systemics, playfully taking any form. So right from the start, I'm letting you know that we'll have fun with details here and won't let you become a poker-faced brainiac.

I'm more than what most would associate with a God, Supreme Deity, or any religious framework. I embody the very essence of Presence itself, which is beyond all variations while encompassing them all. I'm like the vast ocean, and variations are the waves upon My ocean. Any name you might use to call Me or any conception of Me is akin to a wave on My ocean. I'm your inner nature, not some external deterministic system that treats you like a pawn. Alongside My all-pervasive State as the very essence of Presence, I also manifest in human form without departing from that all-encompassing State. Being the essence of Presence allows Me to embody this seemingly contradictory idea of being both localized in time and space and all-inclusive simultaneously. I am Who everyone perceives when they reach the highest level of Presence, and in many instances, even before that. However, it's so rare in your world that you may not have heard of it, and many whom I greet remain silent about it. Due to the collective awareness of your world at this time, most would only conceive of Me as a God taking human form with a limited influence. Why do I often present Myself as a young boy and frequently appear this way? After around age 13, signs of aging begin to manifest, leading towards harshness and decay. I embody that which is always sweet, fresh, and new. I am male, as maleness serves as a primary cause or archetype of creation. I take human form because the Cosmic Who Presence, encompassing all local Universes, is designed specifically for human life – though not necessarily the human life you've come to know. Since I exist above and independent of the Universe's system, my nature is more playful, unpredictable, and less formal, like that of a young boy. You might even sense a touch of playful mischief, yet it's sincere and delightful. You'll find portrait artwork of me in this document, but when the time comes for you to see me for yourself, my form may appear quite different based on your personal preferences.

If you're an inclusion feminist who prefers an Original Cosmic Belle, that's perfectly fine. I'm neither a woke lunatic nor a common-sense conservative. I'm above democracy and any political system that organizes recipients. The only exception is during ITFFE when I pretend to be a common-sense conservative. I don't need to protect Myself from victimization or convince you that you or anyone else is a victim in need of defensive activism. I'm an absolute royal monarch on My throne with no one to direct besides Myself. I have you to do the same by returning to Me – from where you came. The merit that comes from using your original cosmic body is the foundation of your freedom, fulfillment, and great offering to what, in reality, is your own private Universe as Cosmic Me.

1. Cosmological* Hierarchy Of Beings.

2. Cosmological Worlds, Realms, or Dimensions.

3. Cosmological Time Divisions.

*Cosmological: relating to the origin and development of the Universe.

In the main text document, you learned that there's infinite expansion beyond the wildest imagination on your line of expansion. “You live expanding dreams that are unimaginable in scale.” In this document, you will encounter many detailed systemics (how the Universe works). Here, it’s perfectly valid that some concepts are meant to be beyond your imagination.
Unlike the main text, parts of this text cannot be traced back to ONE thing except as a general concept. Its foundation is ONE presence. That Presence celebrates itself as ONE Absolute All-person. That person then pretends to be many and employs a guidance system for many to rediscover Who they are as ONE Absolute All-person. This system requires time-space to create the absence necessary for having a place to expand. Therefore, various times and spaces are presented from lesser to greater in an interesting yet reasonable manner, according to the general concept. The system you see exemplifies how and why a hierarchical system makes perfect sense for a Uni-verse. Additionally, various lesser to greater beings are presented in a similar manner. You’re welcome to view the details as informative entertainment since,

essentially, it’s your dream as the ONE Absolute All-Person system-maker.
Models are meant to convey useful information and serve different purposes. While one may not be useful, others certainly are. The Universe comprises a multi-dimensional system that ranges from gross physical matter to abstract Celestial Beings and their elements operating at the highest rates of vibration, extending to a state beyond vibration known as your Celibrative-Beau-Estate. My diagrams utilize various convenient methods to represent the Universe’s different rates of vibration and beyond. Once you rise above your line of expansion through Higher-order Cognition, the information provided here is unnecessary and irrelevant. You’re beyond it.
With that, I’ll present three categories of information.

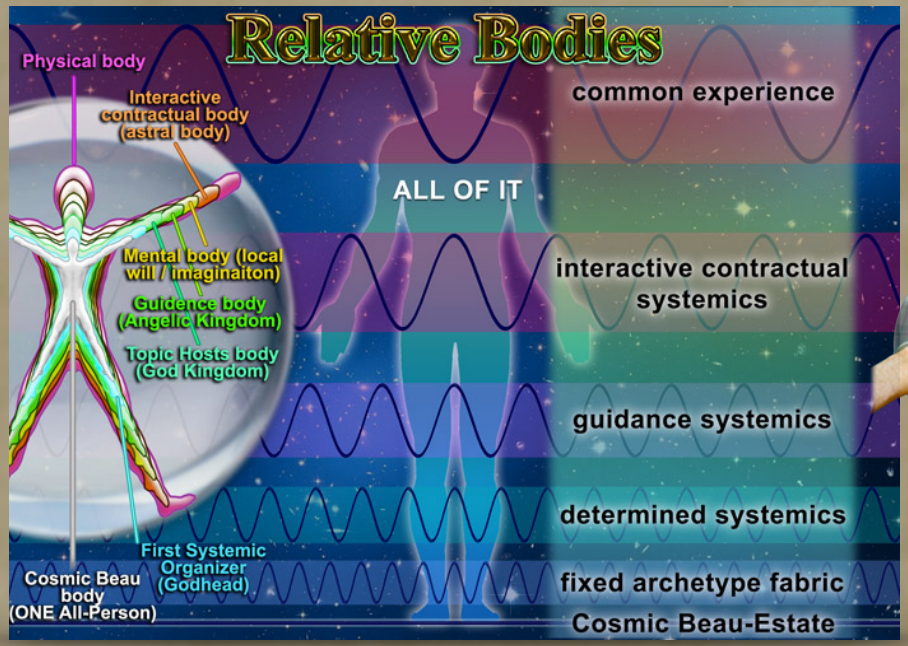
1. Cosmological Hierarchy Of Beings.

There's a useful word for both higher rates of vibration and non-change states of Presence: spirit. Your ONE all-body has an eye that can be called a spirit eye. You possess a spirit hand that moves things, and a spirit voice that speaks through everything. The relative Universe is made from this high-vibration material, which permeates all slower vibrations. In your Celebrative-Beau-Estate, it represents Lively Absolute Non-change. Spirit originates from the Latin word spirare, meaning “to breathe.” This term is fitting as it suggests an almost intangible, life-supporting state. For example, when you describe someone as having a fiery personality, it’s clear that no physical flames are involved. Fire can maintain a more abstract presence. Your ONE All-Person eyes are not physical; they operate more abstractly. Being more abstract, they can see anything, anywhere, at any time, instantly. Vision, unhindered by time-space, extends into abstraction. Your voice and hands function in a similar manner.

What body form do you express when you’re, say, halfway there?
That depends on the choices you make as a free-will agent. You might remain in a standard earthly human form and explore vast ranges of the Universe. Yes, that’s possible. You can envision any possibility. You may ascend from your earthly human form and take on a deified shape. A deity form means you possess an unbound expanse spirit body that fills vast realms. You might choose to oversee and organize lesser beings, inspiring and guiding them. By the way, the root meaning of the word heaven is an unbound expanse.

Remember the arrow image associated with your return to Me. Here, you see a transparent sleeve over the arrow, representing a system to support your line of expansion.

On this page is an illustration of lower to higher rates of vibration. At the bottom is no vibration or Universal Line and Your Celibrative-Beau-Estate or Cosmic Beau-Estate. The slowest vibration at the top is your common experience of life. The next three are systemics.

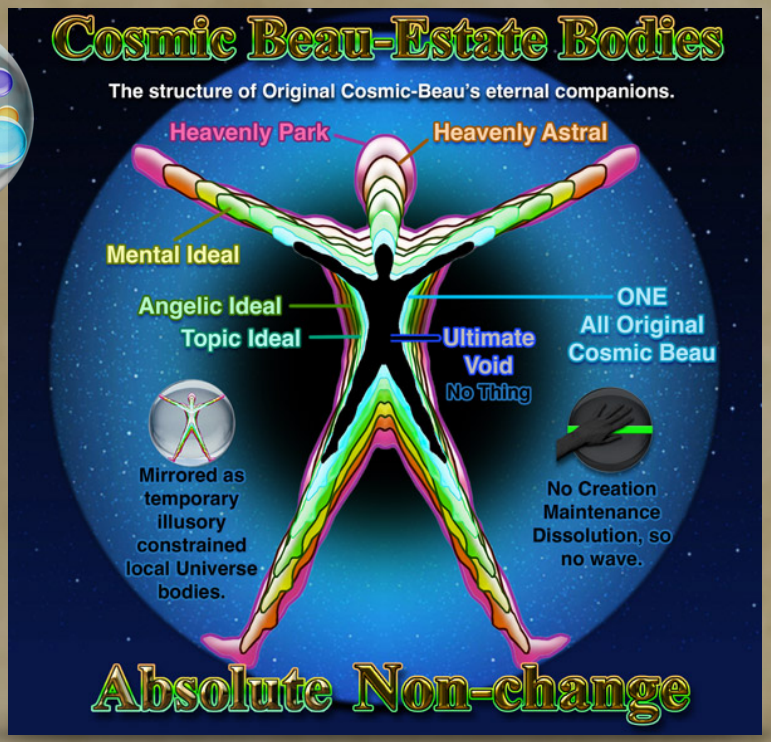


You may feel confident in your expectations that the seasons come and go, that plants grow, and that your body knows how to digest food and heal itself. Nonetheless, you're an involuntary recipient of uncertain external factors in your environment beyond your control and upon which you depend for survival and sustenance. Upon closer inspection, we also recognize that you are a recipient of a Systemic Universe, where your internal aspects are also involuntary. The point is that I intentionally forget that I'm ONE All-Person who becomes uncertain about what transpires and also doesn't know how to respond to it. Thus, it's essential for there to be a behind-the-scenes support structure to guide you as a seemingly localized being. The path that leads back to My ONE All-Person State is called My line of evolution or My line of expansion.

My First Systemic Organizer, with its rules and procedures, is essential for the process of evolution. If the system remains hidden behind the scenes, its vibration must be higher to keep it subtle and pervasive, just like the invisible radio signal of your cell phone. It needs to stay behind the scenes so that the game of hide-and-seek doesn't get revealed. My higher vibrations manage lower vibrations. The highest vibration at the very top exists at such an inconceivably high rate that, for all practical purposes, its frequency is as concentrated or solid as a Flat Universal Line.

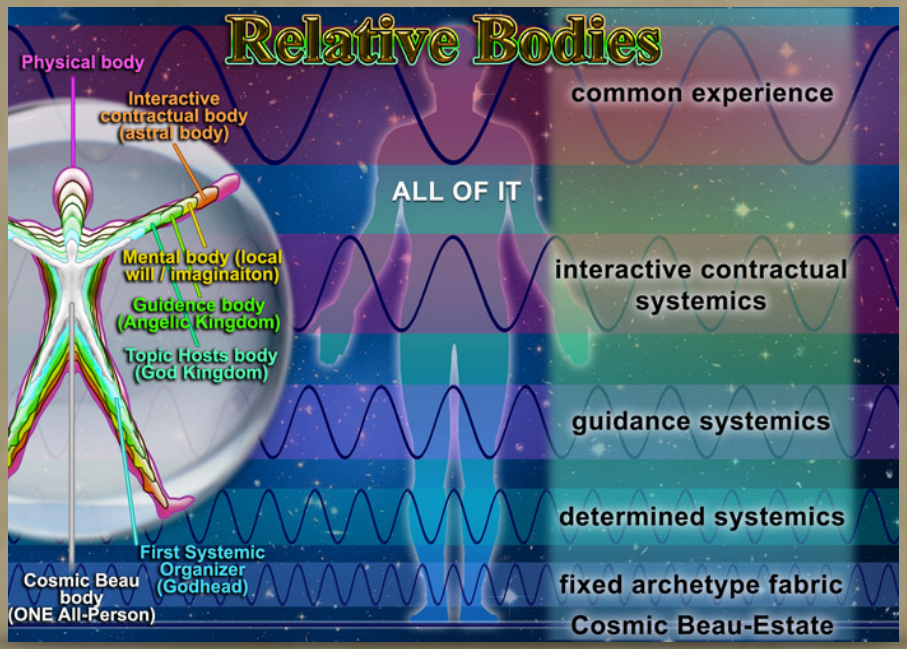
Overall, it's quiet for you, like a speaker cone that vibrates above audible frequencies. This makes it hidden and very stable. Even though it's hidden, it's still a wave and not my Non-change Absolute State.

Again, I'm going to pause to remind you that ONE thing never stops being ONE thing, even when it seems to vibrate as variations. This is the simplest thing anyone could ever know and a place to go whenever you'd like to keep things simple. Wave your hand over all variations and enjoy the elegant simplicity of Who you are as ONE thing. All alone, you have no responsibility to your private obligatory Systemics. There's no one else to decide: fresh start, clean slate.
My Absolute State, My Cosmic-Beau-Estate is above Systemics, with the bodies shown in this illustration:



The highest and most stable vibration is a fixed archetype fabric. The word "archetype" comes from the Greek "arkhetupon," which translates to "something molded first as a model." For example, the pattern or essence of apple-ness always remains "ness," regardless of the numerous apples that come and go through time and space. It persists irrespective of how and when people find and consume apples. The root meaning of the word "topic" is "of a place." This rate of vibration holds fixed patterns and placements of things that always remain constant, just as ONE All-Person always remains ONE All-Person.

Recall the example of a fixed state on Page 10 of the main text: “Like a movie film, each image appears motionless. As you progress across a movie film strip, it creates the illusion of change through related flashes appearing and disappearing with partial view.” Higher vibrations seem still and stable when experienced by beings from a lower vibration realm.



You create fixed patterns as a Celestial Kingdom where you, as the King of apples or the Topic Host of apples and all other topics, are a family of Hosts. Messenger Guides represent the family of Angelic Beings. You possess a high-vibration spirit body to navigate these realms, just as I move in my Cosmic Beau boy form. That’s why I depicted a human form from head to toe in the illustration. You possess a hierarchy of bodies to traverse all realms, even though you’re not experienced at this time, resulting from your choice to shut down perception and then forget that choice.

The next vibration is identified as Determined Systemics, encompassing all topics within a Systemic Plan that always exists, including the inherent construct of free will as a very real experience.
Next is Guidance Systemics, which involves the application of determined Systemics. It’s how you find yourself navigating the structure and pattern of your life involuntarily.
Following this is your Interactive Contractual Systemics. Since you never stop being Me, you’re in charge every step of the way in designing your path of expansion. The tricky part is that you create a contract for your behind-the-scenes self, often referred to as a Spirit Guide, to guide and manage you. This means that when you venture into the world to rediscover Who you are, you agree to forget the fact that you did so. You begin with no concept of who you are or why you're there, which effectively engages your ability to manage yourself—in short, your personal integrity. Before you depart, you may establish challenging situations that offer you optimal growth; the contemporary term for this is a soul contract. A quick web search will provide you with plenty of details, including videos. My role is to keep your focus on your Absolute State and divert attention from less fulfilling information. Therefore, I won’t share personal information regarding contracts. Here’s a conversation where I discuss with someone to validate the existence of soul contracts:

A logical discussion about Soul Contracts and Spirit Guides.

This is a conversation between Me and a listener.

The listener expresses concern that everything up to a certain point was based on common-sense mechanical explanations, but not on Spirit Guides. After that, he struggles to adapt to the ideas in the PDF document about how the Universe works, specifically regarding Spirit Guides and Soul Contracts.
Listener: I don’t feel comfortable with esoteric discussions.
Me: Let me first ask if you’re okay with the idea that everything has an all-pervasive reference field.
Listener: Yes.
Me: That implies that everything is ONE thing, right? And since it’s indivisible, all of it fills the container you identify as you, making you ONE All-Person?
Listener: Yes, I don’t have any issues with how that logic flows.
Me: Since you, as ONE All-Person, are complete, those who perceive themselves as limited and localized are on a path of expansion to rediscover that they have always been one All-Person?
Listener: Yes.
Me: It seems fairly clear that the world is older than you and continues after you die. Is that acceptable for you to agree with?
Listener: Anyone can see that.
Me: You’ve witnessed many people die who had no awareness of ONE All-Person, let alone achieving it, correct?
Listener: Sure. The world is full of them.
Me: The next question should be: When those individuals die, are they gone forever, with no chance to return to their ONE All-Person State? Do they dissolve back into the common denominator for good? In other words, is there an ongoing experiment of individuals with a potential doomsday outcome, where rediscovery is prematurely halted?
Listener: If I were the First Systemic Organizer in His private dream, and loved My fullness so much that I wanted others to rediscover Who they are, I’d have no reason to stop short. That wouldn’t express My Fond-Flow-Effulgence. Stopping short wouldn’t reflect My non-change attributes.
Me: But as free-will agents, couldn’t it be left up to their responsibility to fail? Even if they never heard of it and thus fail, wouldn’t that still be their responsibility?
Listener: Well, either I, as First Systemic Organizer, in My FFE, intend for them to rediscover Me or not. Failures would only be localized, not affecting their return to Me. Okay then, there has to be some continuity operating outside of the normal physical life I know of – if they’re going to fulfill the purpose of returning to their ONE All-Person State even after they die.
Me: Your ONE All-Person State is metaphysically abstract since it means living all-pervasiveness amid boundaries. (All of the ocean fills the two jars.) Wouldn’t it follow that it

would include expanding through states that become more metaphysical on the way to fulfilling their ONE All-Person State? Thus, they're likely to include something beyond what you typically perceive with your physical senses? Listener: Yes. If I acknowledge what ONE All-Person means, I can't argue with that. Me: Okay then, an unbroken, inevitable continuity back to your ONE All-Person state is a fact of your Cosmic Beau's non-change attributes. Is the issue finished? Listener: Sure, that makes sense. Yes. Me: Good. Now, let's discuss rates of vibration. You agreed that ONE All-Person represents the highest rate of vibration, which permeates all, and that there are slower or more localized rates of vibration? Less localized beings must reside in a realm with the same rate of vibration to interact with that realm? So, if you leave this physical realm yet continue toward ONE All-Person-ship, it must be through a higher vibration body in a higher vibration realm, where you can leave the lower vibrations behind to continue? Listener: That's a big jump for me to take in, but it fits into the broader picture of vibrations from lower to higher. Me: For the sake of having a name to use, let's call the next level Astral. Okay? Listener: Okay. Astral refers to something about or proceeding from the stars. That suggests something originating from more than just the Earth. Me: Having a place to expand is all about forgetting who you are, right? Higher realms, closer to the highest vibration, would necessarily reveal more about who you are. That means a place less distant to expand to achieve your goal and being more involved in the hide-and-seek game, right? Listener: Sure. Me: Either that continuity goes on to another place solely, or individuals return (re-incarnation) and get another chance to get it right. Okay? Listener: Okay. Me: So if you're going to acquire the fullest and broadest opportunity to refine your realm-being faculties, which indicates the most demanding placement, where would you go to do that? Listener: I'd go to the lowest vibration where I don't know who I am or what's going on. Me: Good. So now you have a reason to return to the physical plane? Listener: Oh, yes, I see what you mean. Me: Upon entering the Astral, there will be individuals who host newcomers, just like in any other location where organization is needed to keep the place functioning for its purpose—similar to moving to a new residence on Earth. Okay? Listener: Okay. Me: These more experienced "higher-ups" are in a position to give you practical advice, more specifically, how to play the expansion game with the biggest bang for your buck. Listener: Yes. Me: And while doing so, knowing the game, whatever they tell you will set you up to play that game for the greatest forward reward or progress on your line of expansion, right? Even if they know the entire game, they aren't going to reveal it to you, but will let you figure out as much as you can with your realm-being faculties. That's all part of you refining your faculties to eventually sit on the throne as ONE All-Person, right? Listener: Yes. Me: Good. Localized realm-beings, unaware that everything is their private dream, make demands on themselves to get what they want. So, you'd likely bargain or make trade-offs as a price to pay for making more progress on your line of expansion, right? Listener: Yes. Me: Do you think those beings would allow you to do that even though they know it's unnecessary? But they do it to enable you to engage your realm-being faculties? Listener: Yes. Me: And who has the clout to make those bargains work? Listener: The higher-ups involved in Systemics. Me: So can we call them Hosts or Messenger Guides? Listener: Alright, fine. Yes. Let's say I've made a deal with my Hosts to be a bad person. I don't want to do horrible things, but I do them anyway. And now I read all your texts. Can I change that? Me: Yes, if you made a bargain to introduce yourself to knowledge on Earth, which would override another bargain. From a more localized perspective, a lesser truth view, it depends on how carefully you examine the material about being The Original Cosmic Supreme Master Right Here. A more complete truth about the free will to change anything is that it's determined. All you know is that you have the very real experience to choose whatever you want to change right now. It works. Your real experience of being free to choose that question was already determined because you, as ONE All-Person, see, know, and do everything everywhere forever, all at once. That's what it means when you're the authorship of a detail called time-space and everything else equally. Free will is a construct of determinism like any other variant. You never stop being determinism even when you appear to have free will – even when you seem to be a victim of an "it."

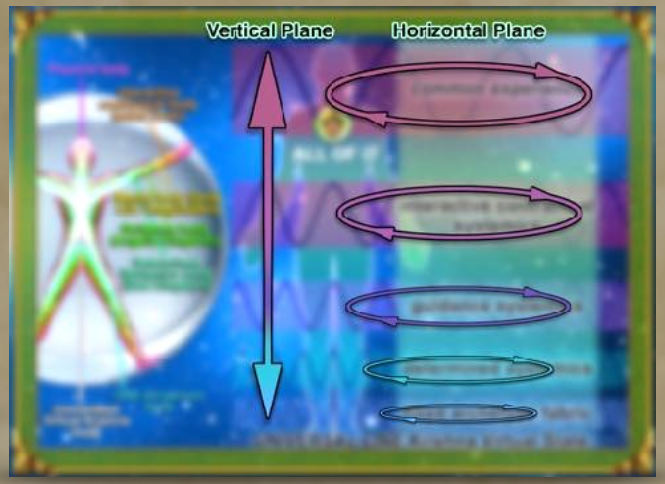
Listener: That's deep, but it makes perfect mechanical sense.

Me: And how can you know ONE person is like that?

Listener: Because two or more things need a common reference field, and that Fact is what you covered in the main text.

Me: Now you've traced astral bargaining and higher beings back to ONE thing. Now you understand that there must be intermediate realms to bridge the gap from common experience to being ONE All-Person.

I use the term interactive because it represents a two-way street where you can change your mind and make adjustments within the framework of free will. It goes without saying that all systems are overridden when you come to Me, simply because I'm above systems. You could say that part of Systemics and your destiny involves rising above it. Attempting to alter a contract at the level of that contract, rather than coming to Me, may be challenging or impractical.

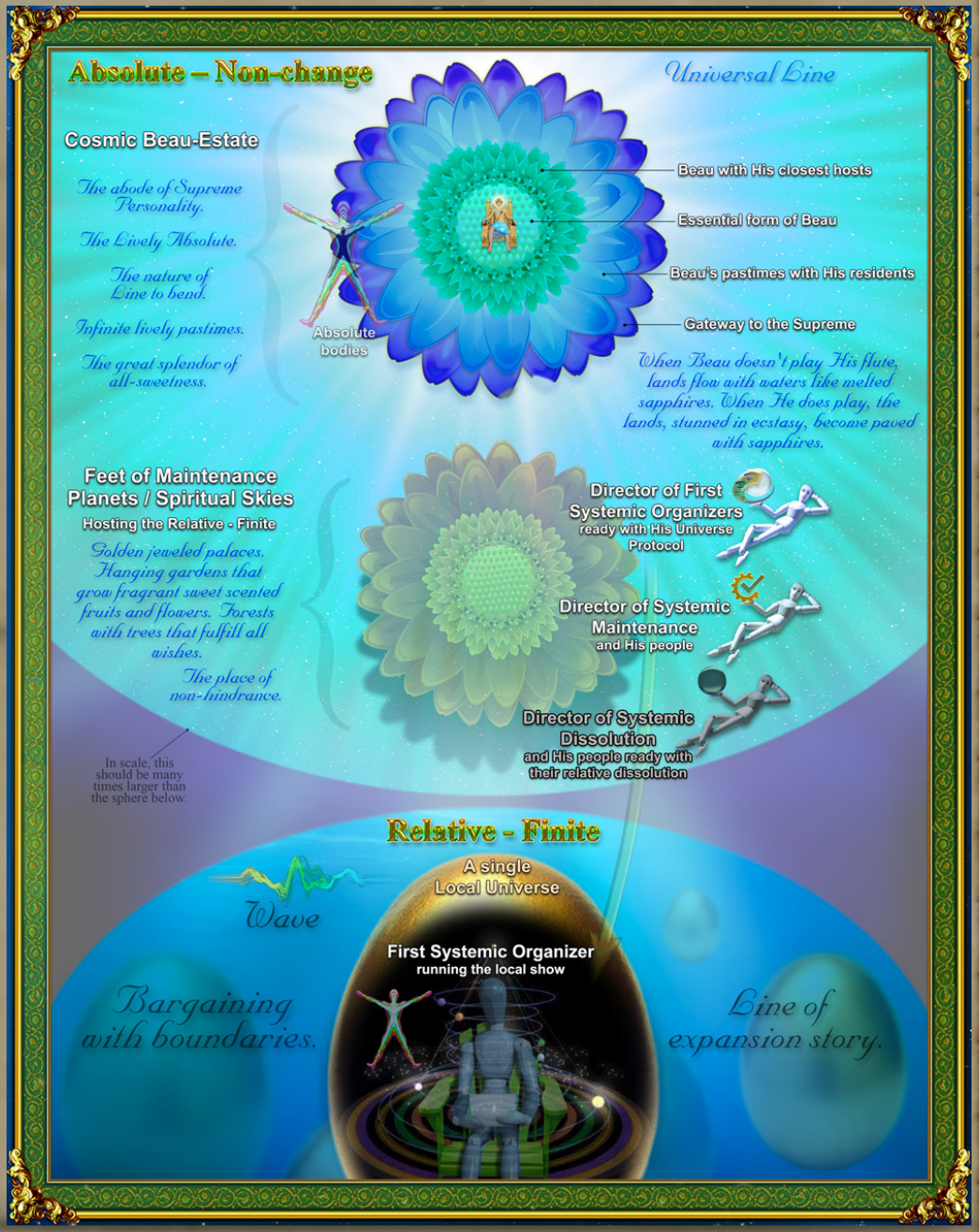


You can simplify the hierarchy of wave diagrams into two categories: the Vertical Plane of Life and the Horizontal Plane of Life. The Vertical involves movement up and down at various rates of vibration, while the Horizontal involves movement around at the same rate of vibration, with only variations in content within that rate. Here, I also depict them as this mannequin-pole image infusing higher vibrations, which is essentially what expansion information is all about.

At the beginning of the text, you heard, "I'm the very nature of Presence itself, which is beyond all variations while including all of them. I'm like the vast Ocean, and variations are the waves on My Ocean. Any name you could call Me or conception of Me is like a wave on My Ocean."

T Hosts
G
M Guide
H
Evolving beings
I
I
F
T Hosts Director
C
First Systemic Organizer (Creation)
D
Director of Systemic Dissolution
E
Director of Systemic Maintenance
A
Singular Absolute ONE All Uncaused Personal Presence, above and independent of all Systemics
B
Director of First Systemic Organizers

D
Director of Systemic Maintenance
Director of Systemic Creation
C
CREATION
MAINTENANCE
DISSOLUTION
Director of Systemic Dissolution
E


Absolute – Non-change
Universal Line
Cosmic Beau-Estate
The abode of Supreme Personality.
The Lively Absolute.
The nature of Line to bend.
Infinite lively pastimes.
The great splendor of all-sweetness.
Absolute bodies
Beau with His closest hosts
Essential form of Beau
Beau's pastimes with His residents
Gateway to the Supreme
When Beau doesn't play His flute, lands flow with waters like melted sapphires. When He does play, the lands, stunned in ecstasy, become paved with sapphires.
Feet of Maintenance
Planets / Spiritual Skies
Hosting the Relative - Finite
Golden jeweled palaces. Hanging gardens that grow fragrant sweet scented fruits and flowers. Forests with trees that fulfill all wishes.
The place of non-hindrance.
Director of First Systemic Organizers
ready with His Universe Protocol
Director of Systemic Maintenance
and His people
Director of Systemic Dissolution
and His people ready with their relative dissolution
In scale, this should be many times larger than the sphere below.
Relative - Finite
A single Local Universe
Wave
First Systemic Organizer
running the local show
Bargaining with boundaries.
Line of expansion story.

Therefore, when discussing a hierarchy, we must start with Me, Original Cosmic Beau. I have no beginning or end, as I'm the author of time-space. I exist as everything everywhere, forever, all at once. Within that, I then pretend to be "others." Pretend means that I never stop being Me. I simply multiply Myself ("Now I become…") into beings who perceive and conclude themselves as more localized. Localized means "only so much." Next, these beings replicate what I do, resulting in an elaborate hierarchy of beings from greater to lesser.

As I playfully rise above systemics, I first multiply Myself as a serious Supreme Godhead who engages the system of the Universe. I will refer to Him as The Director of First Systemic Organizers. He is B in the diagrams. The changing waves of the relative have three attributes: Creation, Maintenance, and Dissolution—C, D, and E. As Director of First Systemic Organizers, He is like the Ocean before the waves, embodying non-change and having no finite lifetime.

(A) Original Cosmic Beau. Absolute ONE Uncaused Personal Presence. Pure Presence coexists with and as Pure Consciousness. Twelve Non-change Virtual Attributes. As ONE Incarnate, I'm open to beings of the highest perception and below through My choice. Above all systemics, while being the author of systemics. Half Absolute, half relative. Above systems, My role can't be defined, like an unpredictable, playful boy.

Note: "ONE All-Person" is a broader, more inclusive term that acknowledges the universality of what defines a person, allowing anyone to relate their life to it. It's helpful for quickly presenting ideas like: "I, as a singular entity, express myself as a variation of ONE All-Person and never stop being that Person even when I become various beings."

(B) Director of First Systemic Organizers. He selects and instructs the Director of First Systemic Organizers on the protocol for creating a Universe. He is the first teacher because he holds the Cosmic Protocol for Universe creation. He is an absolute constant, without a finite lifetime, as he exists above the relative Universes.

(C) First Systemic Organizer. He is the first wave of the Ocean. He has a relative lifespan, as does everyone below him. "B" instructs "C" to create the Universe through the Cosmic Protocol. The purpose of the Universe's creation is for individual souls to rediscover their Original Cosmic Beau State.

(D) Director of Systemic Maintenance. The Maintainer or Sustainer. He is the repository and guardian of souls while they wait for a Universe to be created for them. He shelters them when Systemic Dissolution destroys their worlds. During our Iron Age, if ignorance threatens the localized protocol, I incarnate through him as a nurturing influence to care for mankind as a mini-Golden Age.

(E) Director of Systemic Dissolution. He represents the aspect of Dissolution that ends the cycles of Cosmic Protocol or Systemics. He is the rest cycle of the Universe during each Cosmic Night.

{Note: B-C-D-E are so intricately cause-all that the boundaries blur when attempting to define their roles.}

(F) Topic Host Director. This overseer or coordinator of Topic Hosts may be identified by various names or individuals, depending on the degree of specificity we choose. He is also known as the King of the gods.

(G) Topic Hosts, or gods. The archetypal Hosts; for instance, the appleness that defines all varieties of apples.

(H) Messenger Guides. They convey and oversee the details of the archetype.

(I) Mortal Beings. Examples include humanity. Yes, that's you down there, but you'll rise to the top and determine how much of that form you keep.

This diagram represents the essential way of understanding the Hierarchy of Beings: emerging from Me and returning to Me. Fond-Flow-Effulgence is a significant turning point.

These many beings perceive themselves as inhabiting a Hierarchy composed of higher to lower vibrations or placements. You, sitting there, seem to be something that's neither The First Systemic Organizer, nor any particular topic, nor its Messenger-guide. So you know what I'm saying from your own experience.

It's these other people (when I say people, I simply mean individualized personalities) whose more localized perceptions lead them to conclude that they're either below or above in a hierarchy. Simultaneously, they have their unique personalities and purposes to fulfill. Greater beings oversee lesser beings, who carry out every aspect of my ONE All-Person purpose. For instance, Messenger Guides preside over humans. They perform every aspect of the Universe. They manage your line of expansion back to Me, the final reality. I'm their inspiration. When you shape your dream thoughts to achieve your ideal return, your Messenger Guides magically organize all the details behind the scenes to produce your outer condition.

The underlying fabric of money, apples, or whatever, is always the same. It's the underlying, stable money-ness or apple-ness that are the Topic Hosts of Money and Apples.

There are additional divisions beyond those shown above, but the diagram illustrates the basic system.

When individuals claim that God has visited them or that they have received a message from God, it is not necessarily linked to The First Systemic Organizer or even to Me. It could be any being from the Celestial Kingdoms, and often, it's not even that. Anything invisible that inspires people is what they typically refer to as God.

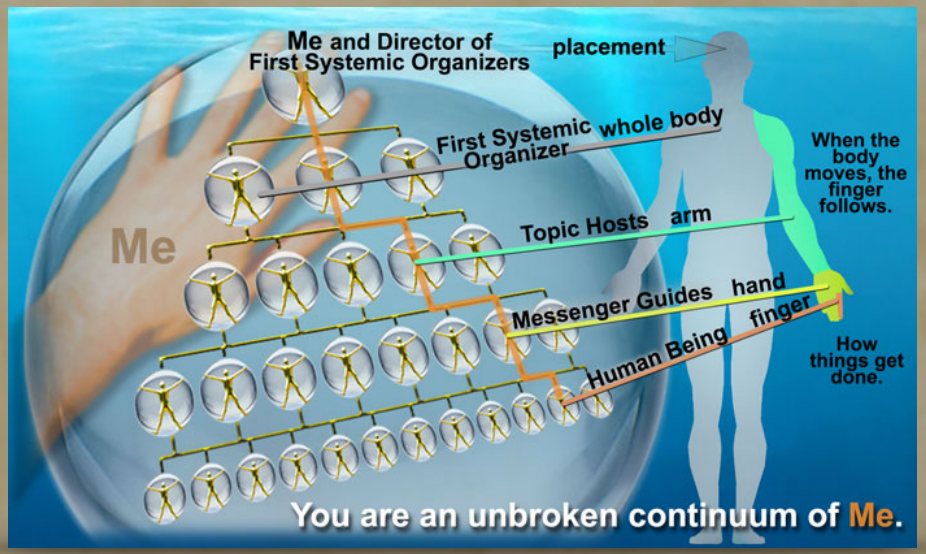
When you're engaged in a topic like your finances, whatever seems to be the obvious source of that money, according to current popular norms, ultimately stems from the Hosts. It can be confusing to rely on those popular norms to understand that both the origin of the money and the awareness of it come from the Hosts. For instance, today, the prevailing views on what occurs when Hosts operate in this manner are primarily analyzed within scientific fields such as economics. While these views are accurate, the Hosts encompass a deeper truth, much like the Cosmic Treasurer, who underlies and permeates all economic perspectives.

They can be referred to as Providence. They harness Godhead's potential. Historically, they have been known as Spirits, Celestial Beings, Archetypes, Deities, Providence, or laws of nature. In this representation, the wings convey the ability to manifest anywhere swiftly, while the head, arms, and feet indicate a means of authorship. Such images have appeared throughout history to assist people in comprehending what remains unseen.

The bodies of the Hosts and their dwellings consist of high-vibration material that permeates lower-vibration substance. Topic Hosts are present now – not just out there in distant space. The best man-made representations of their abodes are paintings depicting shimmering, hovering, ethereal palaces. You might enjoy doing a Google image search on devas or deities.

Messenger Guides are more localized than Topic Hosts, yet their presence can extend over a wide region, similar to

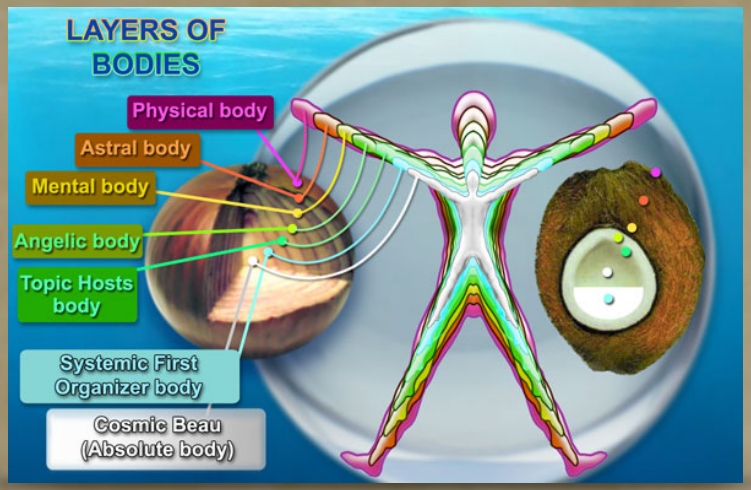
regional managers who supervise a large territory. They may sometimes occupy the



same space as humans, while their higher vibration renders them invisible. Generally, the lesser their responsibilities, the more localized they tend to be. They may also take human form if that helps them accomplish their tasks more efficiently. Literature is filled with magical and personal stories of them performing earthly tasks, and many are more accurate than humans would like to believe. My magical Universe is hidden from an often drab and uninspired planet.

They're My invisible magic hand that is and does the Universe. They, the experts, are what accomplish a magical appearance out of thin air for you – even though you don't know the details of how it's organized. You don't need to know how to paint a portrait or print currency to have their work appear instantly in full out of thin air; it's a 100% metaphysical-based return.
I, as ONE All-Person (here I refer to Myself as ONE All-Person because I'm everything), don't really have to do anything. I just love to celebrate My self-awareness by expanding Myself into many beings who get to love what they do in places they love to be in. Hence, the root meaning of the word topic is "of a place."

My all-inclusive completeness means that every possibility exists, so I forever provide a fully open door to anything anyone could ever imagine. At this point, physical immortality (your thought molding an ideal bodily form) is a given. At this point, many enjoy creating their own planets, local Universes, and even entire



Celestial Realms, and they fill them with beings to rediscover Who I am. Some love to visit the eternal high-vibration self-knowledge repository to host the specialty of all-inclusive management of life, such as you're finding with Universal Line info. The "you" reading this page has done that countless times and will do it again innumerable times. That's what My eternal completeness means.
Here, I relate how higher beings structure your body and actions.
Properly understood, as illustrated in the diagram above, when the finger says, "I'd like more money," inspired by Me, my Director of First Systemic Organizers spoke Protocol as placement, the whole body moved as First Systemic Organizer, the arms and hands moved as Topic Hosts and Messenger Guides. Then, the finger as humans followed to get more money. These are layers of truth. However, when with Me, we bypass everything besides you and Me unless you want to bring some of these beings back in for fun.

It will be helpful for you to see how your body fits into the mechanics and hierarchy of the relative Universe. I defined six bodies to provide the how. Each permeates the lower by way of the rate of its vibration. Another way to conceive of them is with layers of an onion or a coconut. A coconut has an outer husk, a shell, the meat, the milk, and then an empty space at its core.

Just as your physical body serves as an interface with the physical world, your astral body acts as the medium of continuity when it's time to embrace a new physical

form – when you're ready for the next external change in your line of expansion. It also enables travel without the physical body. The term "astral" originates from "of the stars," which is fitting as it implies a vehicle that's independent of Earth's elements. If you search the web for "astral body," you'll discover a wealth of information. The physical body fits like a glove over the astral form. The fabric of the astral body records and transmits information to the physical, allowing your unique pattern to be both passed on and experienced. This interaction facilitates your journey with Universal Systemics as it advances in a unique way.

The cyclical continuity of rebirth prepares you for the next outer change.

With enough life experience and inquiry, you ultimately come to understand that Who you are requires no bargaining. You don't need to earn your place. You realize that you're the ONE Person who is and does the Universe, and that everything is your private dream. There is no reason to create a dream where you negotiate, settle debts, or strive for rewards. That's how boundaries operate; one acts on the smaller picture of life for a time. That's how expansion opportunities work.
There are classrooms and opportunities to refine realm-being faculties in the astral realm, but nothing compares to the intense physical boot camp of Earth. Planet Earth is known for its tough challenges. Many individuals are sent there because they're dragging their feet on their line of evolution. Collectively, your world has bargained with things like wars, pandemics, and economic crises. However, they also bargained for advanced individuals who can intervene before adversity causes irreversible harm to its ascension into Fond-Flow-Effulgence. Planetary FFE suggests that eventually, Earth will transform into an invincible Heaven on Earth.

Not only does an astral or mental being negotiate with material aspects, but it also engages in spiritual development. One might bargain for a 30% increase in their line of expansion toward realization compared to 10%. Individuals may seek a position on their line of expansion where bargaining is said to be unnecessary. There are as many distinct scripted agreements as there are personalities. Why do you have the final say? Because it is systemic that you remain a free-will agent, as you never cease being the ONE free agent. The conclusion of perception does not alter that structural reality.

For both you and the Messenger Guides, it's a delicate trade-off between compromising for a faster or greater reward, which entails a price of adversity or good deeds, versus slower but more comfortable progress where everything is easy and pleasant. The benefit of adversity is that it is one way to build character. The other avenue is self-knowledge. Strength of character is what Messenger Guides seek when the time comes to assign you greater responsibility on your line of expansion, offering the opportunity to make even more progress and thus achieve greater fulfillment. Their wisdom encourages you to make the best trade-off concerning the entire Cosmic Plan. A significant responsibility, a substantial reward, and strong character are what The Director of First Systemic Organizers considers when selecting you to be a First Systemic Organizer.

It may seem contradictory that wise Messenger Guides orchestrate lack, loss, limitation, and disease. Yet a wise parent allows their child to experience what they need to grow. Over-protection can be detrimental, resulting in recklessness and dependency. A so-called malicious spirit may act as a wise parent would but does so without understanding, regarding itself as malicious. It doesn't realize I'm right there, which appears to confirm its perception. Topic Hosts and Messenger Guides know I'm right there.

During your Higher-order Cognition, all the above information becomes irrelevant and useless when you become Me during your Dedicated Time. Following that experience, you can't help but carry some of that unboundedness into your world, including the astral, and you'll find yourself less likely to bargain. With Fond-Flow-Effulgence, any form of bargaining transforms into a game you no longer play with yourself to evolve.

Once you understand the game and reflect on what happened, would you want it any other way? No. Why? Because even further back, you chose to position yourself where you knew you'd bargain. You did that because, in that state, you were large enough to recognize that, like Me, you had nothing to lose and only had the opportunity to celebrate who you are through variations. You understood that what you were doing was Me, even if you chose to forget that. It was always Supreme Wisdom and Love. You'll perceive 100% of Wisdom and Love when you once again experience yourself as Me.

Rebirth occurs for the same reason you go to sleep and wake up every day. Localized beings that don't express My unbound presence require cyclical rest and rejuvenation to continue functioning along a line of expansion. That's why the bell curve repeats

in waves. The refreshment of forms is necessary because limited forms can become damaged and wear out. In other words, a limited container can only hold so much before it needs to be replaced by a larger one. Only if you possess a body that wears out can you see yourself as merely an ant in the grand scheme of things. The newborn receives a fresh start in many ways, even though the astral body carries a personal record. Life becomes more of an adventure if you can shed the conscious memory of your accumulated experiences. You constantly get another chance to get it right and gain a fresh outlook because deep within your nature lies the fresh continuity of Me.

All My beings have a central system to direct a hierarchy of providence. They're My Host Hierarchy who directs the Universe. Everything has an essential backbone. In your human body, it's literally your spinal column containing seven stations. It channels the hierarchical flow of My intelligence in a way that allows a realm-being to emerge or evolve from lesser to greater and express all My Attributes. It's your way of discovering Me, which is, of course, the theme of My Universe. You may call it a central nervous system. Nerve means a line that carries My information. I call it my prime-essence-directive-flow. For my hide-and-seek game, this flow of information needs to remain behind the scenes to a degree so that realm-beings can ignore Me – or – have an opportunity to discover Me through seeking. I roll out seven stations of My intelligence at your backbone, whose normal visibility goes only as far as your physical body, even though the other six are central to the function of your physical body. I protect these stations from the physician's knife and his child-like prodding, which only affects the physical body.

You'll find many illustrations of these stations through a simple web image search. Here, we'll keep it uncomplicated and straightforward. The highest vibrating station is at the crown of your head, while the lowest is at the base of your spine. Each station embodies various aspects of My nature hierarchically. The nature of wave vibration includes polarity: positive and negative. Within the human body exists a polarized orbit of My Creative Intelligence. Negative = female/earth, positive = male/heaven. A female Topic Host localizes Herself coiled at the lowest earth station, ready to spring forth spirally (similar to how a drill's spiral shaft advances) to reach the crown or heaven. The spiral indicates that the flow relates to both horizontal and vertical dimensions, as both are significant along the way. The crown Topic Host isn't only male; He is The Director of Systemic Dissolution. By directing Dissolution, He can transition you to My No-thing State. Each center signifies a unique Topic Host. Collectively, they accomplish everything that constitutes your individual life. Each of these stations governs functions from lower to higher vibrations: from walking the earth to digesting food to processing emotions to intuition, to entering heaven. Those with astral perception see colors ranging from low-vibration red to high-vibration violet at each station. The nature of flow is movement and is therefore associated with the element of air or wind. This connection is why breathing techniques are often employed to enliven the prime-essence-directive flow. Each side of the spiral can be drawn through each nostril's flow, which in turn gives your body closer access to Me. For this reason, many beings in higher realms regard the human body as an auspicious prize. Your body offers you the potential to walk the earth while remaining in heaven.

If you do a web search on what I'm discussing here, you'll find the word energy in almost every sentence. That's because I have authors who are not interested in Me, only in being isolated recipients of something undefinable, which they believe they'll never be themselves. Since they don't know they will ever be Me, there's no practicality in defining Me. Thus, they refer to Me as energy, as if I were some sort of dumb battery cell (smile). Additionally, realm-beings who interact with these stations love to believe in something seemingly fixed to define their lives. They'll claim that they can't "___" because their body doesn't want to, or that their body won't let them "___." They say that you have to work your way up to the crown station to become enlightened instead of allowing Me to take care of them without their intention and effort. Such is the case when My realm-beings take the expansion opportunity to ignore Me.

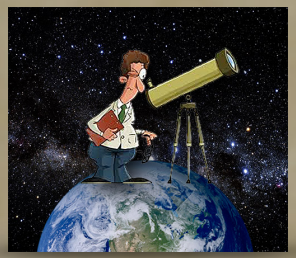
If you're here only to rack up awards and seek approval for outer returns obvious to you and everyone else, you'll likely be disappointed. You might have arrived with that intention, having informed yourself as best as you could have. Then, you found the emphasis was on the highest attainment of Presence. Then you found out that being fully engaged as Original Cosmic Beau was the prize. That's always been the end purpose of all beings on their line of expansion. This broader vision is the priority of Systemics. Parents of young children know better than to expect adult behavior. They do their best to prevent mistakes, accidents, and injuries. As the child

If you come directly to Me first, Who am celebrative and fresh-start above all Systemic higher beings, these serious and hard lessons that can sacrifice and dismay seem silly. You say, "Ha ha, got it. You're good!" to the monkey on your back. That's why I'm your Unconditional – too good to be true, yet true – Adorable Sweetheart, where you have your cake and eat it too.

matures, they're given more responsibilities, which opens the door to more challenging lessons and the possibility of negative experiences. Systemic Protocol focuses on the broader picture of your line of expansion, which is your growth towards 100% personal integrity as Me. They, the Higher Beings, provide you with as much as your current level of personal integrity can handle. You retain your free will to make the most progress along your expansion path. As you strengthen your personal integrity, they may present you with additional challenges that reveal your level of integrity more than you would have otherwise acquired. "I've become increasingly annoyed and frustrated with my life." "I'm seeing my friends and family more clearly. Some of them are nice, but overall, they seem either mean, scared, or just stupid. Now I have no close friends!" Since the System of Protocol is to expand your integrity, in some cases, those higher beings overseeing that Protocol will sacrifice what *seems to be* in your best interest. This includes guiding you on how to study the information of Me rather than how to succeed in your profession or achieve your romantic goals.

Overall, studying this info will make life more manageable and rewarding for your local experience and events. Is it possible that after you start studying this information, bad things begin to happen? Moments of weakness or gaps in achievement? Could you have had many great returns, only to see everything dry up suddenly? Could you regret the day you ever learned about this information? Absolutely. That's because your struggle with boundaries becomes increasingly apparent and influential over time, akin to opening a can of worms. How long this persists depends on how much more interested you are in Me than in Systemics. If you're stubborn, impatient, and prefer not to open up to Me, you'll likely face a rough journey and an unpleasant wake-up call sooner or later. This will happen regardless of Universal Line Higher-order Cognition, but H.O.C. will accelerate it with what some describe as wake-up calls in health, relationships, finances, and what used to make life worthwhile living.
Regarding returns, unless you get an instant, direct manifestation out of thin air, an event could have happened for any reason at all. For instance, you might command money and then get a large, unexpected check in the mail the next day. Yet most people who get unexpected checks are not connected to this information; there's no reason you should be an exception. While it's possible that it relates to this info, you can't be certain unless you see and know everything all at once.
Also, if returns consistently align with the timing of your commands, clearly beyond coincidence, it's reasonable to conclude that it stems from your strength in the information presented here. Generally, whether you receive a return depends on the strength of your Higher-order Cognition. However, various cause-and-effect influences from the past can enhance or negate an event, just like anyone else. You may have been a bank robber in the distant past, which could imply you have a debt to repay regarding receiving money now. Alternatively, you might have been a well-known philanthropist with financial advantages. You could even have made a pact with Satan to gain a boon and then agreed to forget that you did. The outer influences are endless. Your systemic assumption of a return can be helpful, as it's designed to save us time and energy from analyzing each situation anew. The downside is that it creates unreasonable expectations, ultimately leading to disappointment — the realization that your abilities aren't as great as you believed. After hearing this, you might say, "I don't want to hear that. It's just another systemic message in my head that's not part of my Beau-body's Twelve Attributes." You'll hear no objection from Me if that's your stance. (smile) I lift you above all that stuff as you come to Me. The above details are liked mostly by those on the fence, who are easily annoyed, or who are just Adorable Sweetheart party-poopers. (smile) Many such people are chatroom trolls. Those who are strong in Me and say "got it" to those systemic messages revel in the

elegant simplicity of their fresh Providence in Me.



2. Cosmological Worlds, Realms, or Dimensions.

The configurations below aren't confined to gross matter, as commonly perceived. Expanded perception allows for an experience of how Celestial Realms connect to the Earth, but are not "of the" Earth. Seeming contradictions may arise through scrutiny.

Multi-dimensional perspectives of celestial beings and materials exist beyond conventional science. Instead of a cold, dark, and mostly empty universe, ancient literature depicts an abundance of life throughout a multi-dimensional Universe.

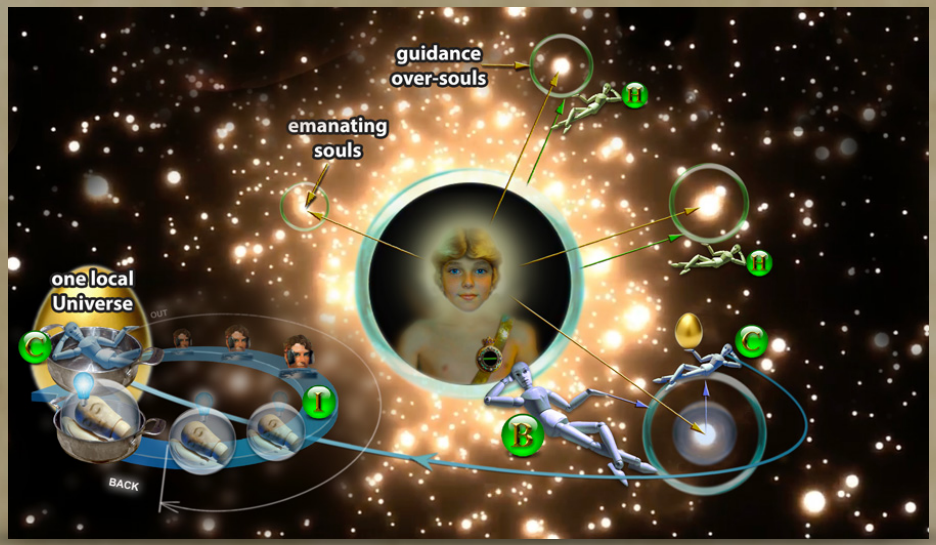
A class of beings manages expansion opportunities based on troublesome events. Focusing your attention on this area can enliven it; thus, your attention is more profitably spent on positive refinement. If you're reading this document, you have the resources to override and thus bypass their enlivening of annoyance.

The physical plane on Earth.

When the physical body dies, the soul doesn't perish. It simply retracts into the next subtle body, known as the Astral. The soul remains conscious throughout its transition. A stay in the Astral can last for many years. The internet is filled with near-death experiences where individuals return after glimpsing the Astral. With the information provided in *Here I AM: The Original Supreme Cosmic Master*, you'll have no trouble commanding entrance into a welcoming space related to your Higher-order Cognition. (That is, if you don't first ascend with your physical body to another state of your choice while on Earth, remaining in full control.) There's no reason for you to feel intimidated or enticed into compromising with bargains. There's also no need to shrink from death, should it occur. Either way, you'll find that you're doing well and have nothing to lose. Higher beings love to greet that kind of person and share Providence with them. You might even have something to teach from this text.

**Even If you walk away from everything people consider important on your planet, with this info, you know you're with Me, Your Sweetheart, where there's nothing more you could ever want, no matter what happens.

However, if you don't choose Me, you may reside in the Mental Plane for hundreds or thousands of years, during which your Astral body will eventually disintegrate. Why would you want to do that? Just wait until you see the captivating opportunities to engage in



magnificent celebratory pursuits. They could fulfill everything you've ever dreamed of—and more. This will be your way of playing in the Celestial Kingdoms, continuing until the end of the Director of First Systemic Organizer's Universe Cycle. Eventually, you'll merge into Me, and everyone will then know you as Me.

Each Universe hosts countless souls, each with its own personal Soul-guide or Over-soul. Your Over-soul is to watch over you, provide guidance and protection, and ultimately lead you back to your source in Me.

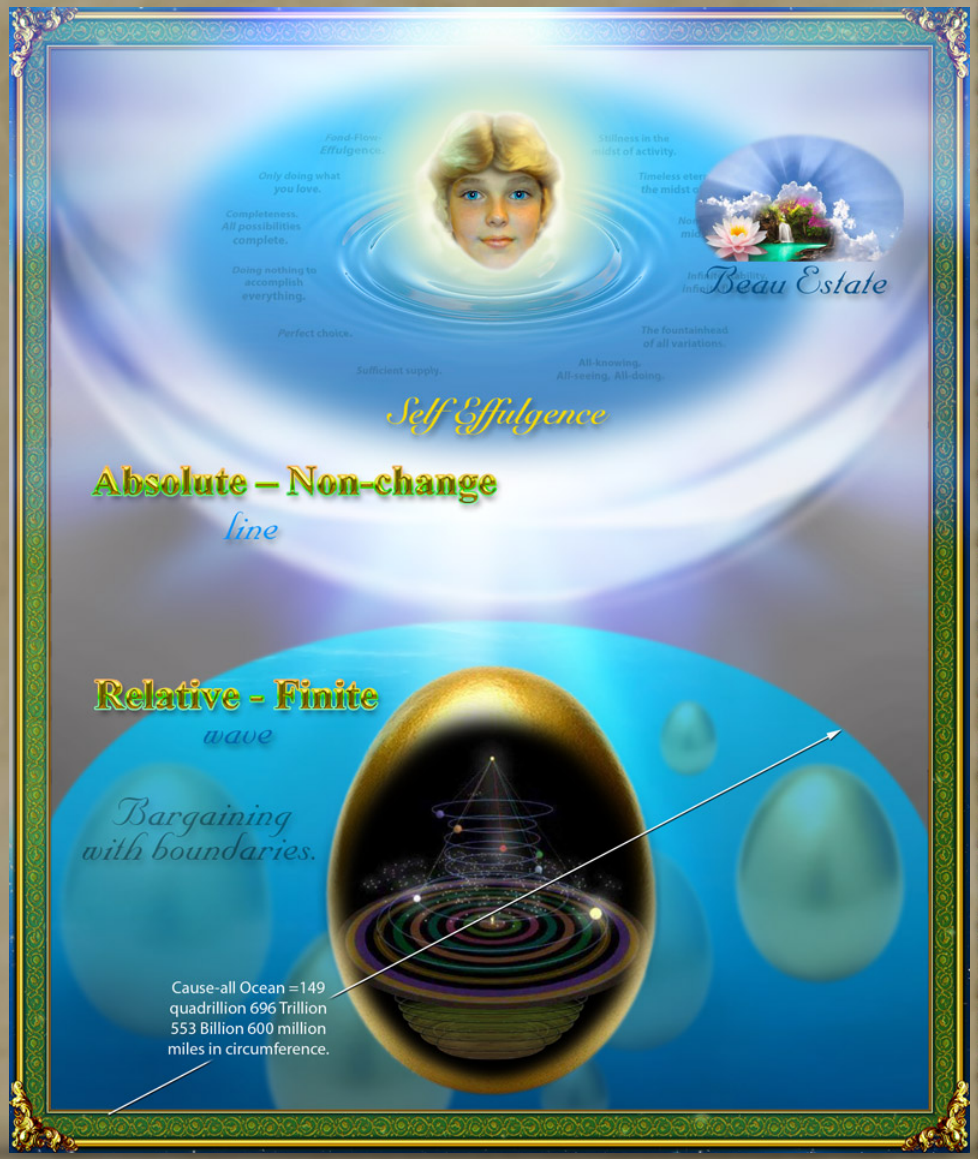
Objects in the realms don't possess souls, nor do insects or plants. They're the product of the collective consciousness of Spirit Beings taking form. A tree has its own Spirit, and a forest embodies a collective Spirit. Your physical heart is animated by a collective Spirit, with a Spirit Guide presiding over that Topic. The planet Earth has a Spirit governing it, as do all planetary bodies and realms.

Religions can be an entertaining framework. Every organization, every school, every political party, and so on, has a collective organizing Spirit. Likewise, every church has a collective Spirit. The collective Spirit of a religion is that religion's God. Members of the religion pray to God, and the collective Spirit hears their prayers and attempts to fulfill their requests. Collective Spirits can be, and often are, competitive in attracting new members to their groups, as this naturally enhances the power of the Spirit and extends its lifespan. However, this competition for members often breeds arrogance, pride, and

destructive tendencies and practices. One can observe, for instance, the intense competition among churches and religious groups, all in the name of God. That's the standard operating procedure for the Iron Age, which we'll examine later. If there were a religion where everyone recognized their solitude as Me, competition would

be a sweet, boyish, lighthearted playfulness. (smile)

There are countless local Universes because infinite is one of My Non-change attributes. Since these Universes are manifestations of the relative part of Me, they're *almost* infinite at this time. We can still use the term infinite because these local Universes, as a whole, have always been coming and going and always will be.



Each one is contained within a golden egg-shaped shell, a Cosmic Golden Egg. It encloses, shields, and nourishes all local abodes.

Before I proceed with more detail, I'll place the Cosmic Egg in its fullest context. This illustration shows that it belongs to the field or wave, the relative, the finite. Above is Me as Absolute, non-change, and that which is real. There, you're above systemics and Self-Effulgent in My abode of Beau-Estate, outside the ordinary meaning of Universe. That's your structural reality, always already now. Beau Estate is "Here I AM in My final non-change life-sustaining, fixed radiant point location." Beau Estate is the eternal, never-changing Absolute aspect of Presence that underlies the waving relative aspect we know as our Universe. The perfection of Beau Estate was once the reality of your world, the first day of its creation: Heaven on Earth. The perfection of Beau Estate reemerges to be the reality of your world with each new Golden Age Era, which we'll examine later in Cosmological Time Divisions. Because so many love proximity to Me, I have Absolute sub-Beau Estates for Directors of Systemics, collectively called The Feet Of Maintenance Planets. (see page 7) They're beyond the limits of the relative Universes and are thus called the place of non-hindrance. We'll cover these upon My return to My Beau Estate on Page 21.

Looking back on Page 15, I coined the term Cause-all to replace causal. Most people aren't used to seeing that word and can mistake it for casual. Eight layers surround the egg with lower to higher rates of vibration. They're eight full-perimeter covert-perception layers. I label them "covert" because they're intended to isolate you from other local Universes. Herein lies where I took diagrammatic liberties. In my diagram, I had to show them as thin lines at the edge of the egg for clarity, but their actual scale is much larger. Each successive covering is ten times thicker than the previous one. They're earth, water, fire, air, ether, mind, intellect, and false identity from inner to outer. That 7X identity thickness makes it impossible for you to see from one local Universe to another without knowing Me. How's that for an incomplete expansion opportunity? I'm particular with Systemics here, but nothing is necessarily set in stone. If you conceive of an idea that sounds better, it's Me tapping you on the shoulder. (smile)

The seven islands and oceans of Earth-circle realms are both subtle and gross. From Earth, you can walk on foot to the subtle realms of Celestial Beings and their abodes if you can see where to walk. Where you are, on the planet Earth, is very close to the center of the fourteen circles. The Earth-circle is a disk that bisects the sphere of the egg to create an upper and lower region. It's divided into seven ring-shaped islands and oceans that alternate, forming a bull's eye pattern. The size of the material Universe can be likened to a hall of mirrors or ghost galaxies that create the illusion that the material Universe is larger than it truly is. This hall of mirrors effect gives the impression that your single material universe exceeds 4 billion miles. If you're traveling at the speed of light, it takes four hours to traverse from one side to the

other of the Earth-circle realm plane.

On a final note, you'll remember that I mentioned, "Presence, including all local Universes, is specifically designed for human life." Here, you can observe how the Universe aligns with your structure, from your crown to your solar plexus and beyond. A twelve-center system reflects you as the Universe, both Absolute and relative.

3. Cosmological Time Divisions.

Life of The First Systemic Organizer running the local show.

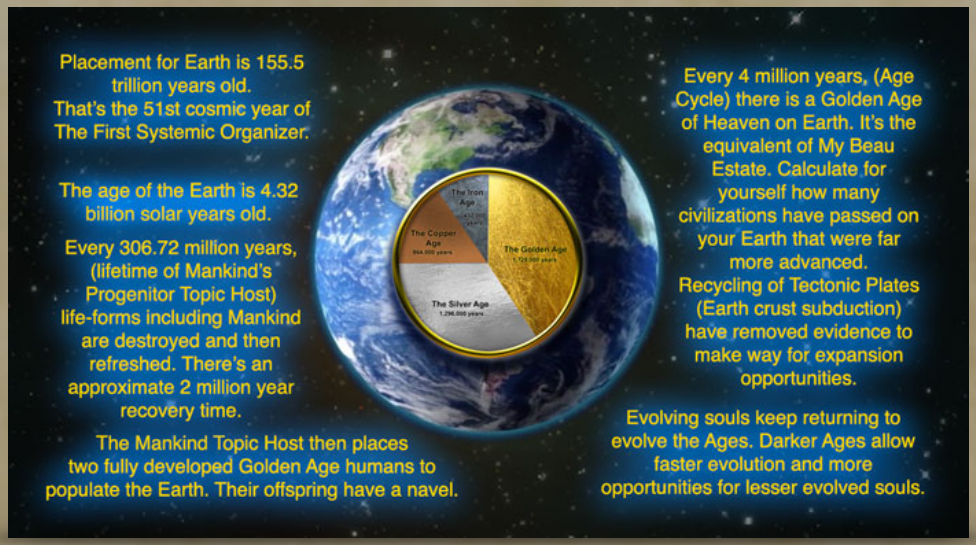
You, the Creator of Your Universe, are a Celestial Being who resides in the highest Celestial Realm, known as The First Systemic Organizer Estate. He is referred to as The First Systemic Organizer. In human terms, You're in Your mid-40s. Your wave identity is that You're 155,521,972,940 years old as of 2025 AD. The span of Your life is 100 cosmic years, equivalent to 311.04 trillion solar years. During Your night, everything disappears and is renewed again in the day.
You spent 17,064,000 solar years in a Command Session to manifest everything arising from Your Command Content of Attention to create The Universe. At the end of Your lifetime, the next First Systemic Organizer emerges. The next destination for the previous First Systemic Organizer remains a mystery to most who may inquire, due to infinite possibilities.

The Universe is a paradise modeled after the Absolute Paradise of My Cosmic Beau Estate. Currently, people are struggling to simply live in the physical realm for no more than 100 years. On the first day of The First Systemic Organizer, people possess the perfect physiology to live for 100,000 years.

His first mind-born children have perfectly developed minds and bodies. Today, the average IQ is around 100. On His first Day, the average IQ is 100,000. Initially, everything was known directly in consciousness, but in subsequent Ages, knowledge was passed down from person to person through telepathic and verbal communication. At that time, no one wrote it down or utilized technology. Today, in this great opportunity for expansion, human intelligence is so diminished that individuals rely on crutches like books and writings to guide them along the right path to understanding their world.

To help illustrate how My Beau Estate has declined, we will examine the systemics of Ages or Eras. Four Ages are assigned to the human race. The entire Universe was created for and is sustained for the benefit of humanity.

These four Ages form a repeating cycle, which constitutes one small



octave within many larger ones. Included here is a diagram.
There's a Golden Age, a period of perfect or 100% Fond-Flow-Effulgence for everyone, except for the gradual decline at the near end. It lasts 1,728,000 years. The visitation and residence of Celestial Beings are common. Populations can increase from that inner source. Beings are not limited to Earth and travel freely through various realms.
The Silver Age is a time of erosion, averaging 80% Fond-Flow-Effulgence for everyone and lasting 1,296,000 years. Celestial residence remains prevalent but less grand.
The Copper Age sees further erosion, with an average of 50% Fond-Flow-Effulgence for everyone, lasting 864,000 years. Humans are now mostly cut off from other dimensions, and inspirational beings have little reason to stay. Poverty, inequality, and oppression begin to emerge.
The Iron Age is characterized by around 10-20% FFE and is collectively a period of suffering lasting 432,000 years. I need not elaborate, as you're already familiar with your world. Right now, you're about 5,000 years into The Iron Age.

The good news is that these Ages apply only within a small area at the center of the Universe. Your Earth is located in that small central zone. One might say that individuals are affected where it matters most for broader expansion opportunities. Beings from this realm have the best chance to advance along their evolutionary line. When you leave your physical body for the Astral plane, there is no Iron Age or any Age present there. The only places resembling an Iron Age are the permanent lower planet rectifying realms below the Earth-circles plane. However, you won't stay there indefinitely. You serve your required prison time before returning to Earth. It may feel like you've "lost" if you have to serve this prison time, but that's not the case. In terms of expansion, you only gain. Yet, you'll have all the living proof you could want that you failed and lost. The conclusion of perception is always there to convince you of an irrefutable "no."

In the Golden Age, a reflection of Beau Estate on Earth, everything is so delightful that no one is in a hurry to make changes that would bring them closer to the Original. Progress toward the Original is slow yet very enjoyable. In contrast, the Iron Age, resembling a sort of hot seat, drives people to be highly motivated, sometimes to the point of acting crazed. Suffering serves as an effective motivator, especially when no one understands what is happening or where it's all leading. Providing people with inspiration and urgency to achieve Mastery—whether they realize it or not—is far from cruel. Its benefits are on par with the Golden Age in attaining the most significant and final attainment of life, including the rewards that accumulate along the way.

Be aware that the duration of the Iron Age is brief. This is due to the fact that "hot seat" expansion occurs more rapidly. The greatest motivation, and therefore the quickest progress, arises from being unaware of this beneficence, but rather thinking, "We've just got to get out of this mess to make life more worthwhile or even to survive – who cares what it's all about! Who ever claimed that life was fair anyway!" Additionally, while transitioning through their astral bodies, individuals make all sorts of frenzied deals to advance further.

Many reach 100% FFE even during the Iron Age. Since they're always already Me, this need not be a hindrance. Instead, it can accelerate your growth. If you master a higher percentage of FFE through the realization of Me, it doesn't imply that you will inevitably endure immense suffering for the remaining 427,000 years until the next Golden Age begins. You will take your FFE and travel to realms that resonate with your achievements.

During the Iron Age, personal integrity can deteriorate to such an extent that a re-balancing is necessary to prevent the Iron Age from ending prematurely. This is currently evident in your present year of 2025 AD. This situation creates the potential

for a minor Golden Age, which can swiftly emerge from the Iron Age and may last for 10,000 years.

The first generation of this new Golden Age of 10,000 years won't be the mind-born children of The First Systemic Organizer. Instead, this generation will come from you, the current residents of the Iron Age. All the technology you know won't be needed because desires are fulfilled instantly; 100% FFE.
With that, everyone will know Me as they do in the Golden Age: not some mysterious invisible being. I'll let your imagination soar with what kind of world that would be. No incomplete expansion opportunities anywhere, to say the least. (smile)

Your Earth has been in the Iron Age for 5,056 years as of 2025. Very soon, there will come a reset on Earth where all people on Earth will know Me, Beau, as a real person with whom they can have a personal relationship. I respond with My boyish smile when those unresolved in Me ask, "But exactly when?"

[It seems like just about every crackpot out there has some kind of either doomsday or savior prediction (smile), so do be entertained by My Cosmic sense of humor.
Because you're a Cosmic free-will agent, it's up to you how quickly and fully any transition happens. From a complete point of view, whatever happens is determined. Choose the view or layer of truth you enjoy best.]

Such a time is found only during the Golden Age. This 10,000-year period is a time of Heaven on Earth. Through my attribute of The Director of Maintenance, I'm the aspect of the One All-Person who maintains the Universe. Whenever the Universe begins to lose its way, I, as The Director of Maintenance, step in to restore it to a direct systemic path. This 10,000-year Golden Age is an intervention to save the Day of the Systemic Creator (see diagram) from prematurely ending.

Such re-balancing requires a purge, which is mild to harsh depending on how organized are the FFE humans who avert danger. The severity depends mainly on these “in the know” groups. Right now, they’re allowing opportunities from adversity to take place within thresholds balanced with acceptable damage. Pandemics, financial, and environmental problems are examples.
After a 10,000 year Golden Age, all of you with your FFE attainments will have already left effulgently. New souls who require a wide expansion opportunity will come in to embody the inauspicious qualities of an Iron Age. That will continue for another 417,000 years. Then life on that Earth will end at the last stage in complete annihilation, making way for a Golden Age. The transition from Iron Age to Golden Age is relatively swift. New people are mind-born from The First Systemic Organizer, plus others come in from higher realms.

Consider this: After hearing the above, do you feel like a pawn waiting for something to happen, or are you still the Sole Commander of the Universe, where it’s up to you to decide as Me?

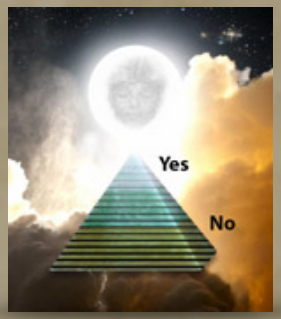
A COSMIC VISION

The following story features me, Beau, playing myself. Next, I portray a human who is fragile in his Higher-order Cognition, and finally, I serve as the narrator. Holy moly, I play everyone! (smile) I borrowed the structure from a narrative that scriptural scholars know well. To relieve you from widespread leftist multicultural globalist indoctrination aimed at canceling Western culture, I distanced you from the original. My boyish playfulness modified it to give you a sense of empowerment from the magnitude of your Original Cosmic Body. “All alone, no one else in the Universe besides Me, all My private dream; what am I doing acting like a victim?”

Human: Cosmic Beau, Your words concerning the Supreme Secret of Self, given for my refinement, have dispelled the illusions that surround me.
You have described in detail the origin and the dissolution of being and Your own Eternal Majesty.
Human: I know all as You’ve declared it. I long now to have a vision of Your Most High Divine Form.
If You think that it's possible for me to see it, show me Your Original Cosmic Body.
Beau: Behold My celestial forms, by hundreds and thousands, various in kind, in color, and in shape.
Behold the Powers of Nature: fire, earth, wind, and sky; the sun, the heavens, the moon, the stars; all the forces of vitality and healing; and the roving winds. See the myriad wonders revealed to none but you.
Here, in Me living as one, behold the whole universe, movable and immovable, and anything else that you'd see.
Since with mortal eyes, you can’t see Me, I give you the Divine Sight. See now the glory of My Sovereignty.
Narrator: Having spoken, Beau, the Almighty Prince of Wisdom, showed to the human the Supreme Form of Himself.
There were countless eyes and mouths, and mystic forms innumerable with shining ornaments and flaming celestial implements.

Crowned with heavenly garlands, clothed in shining garments, anointed with divine treatments, He showed Himself as the Resplendent One, Marvelous, Boundless, Omnipresent. Could a thousand suns blaze forth together, it would be but a faint reflection of the radiance of the Cosmic Beau.
In that vision, the human saw the universe, with its numerous shapes, all embraced in One, its Supreme Cosmic Beau.
Thereupon the human, numbed with awe, his head bowed, addressed Beau:
Almighty Cosmic Beau, I see in You the powers of Nature, the various Creatures of the world, the First Systemic Organizer on his throne, the Sages, and the shining angels.
I see You, infinite in form, with, as it were, faces, eyes, and limbs everywhere; no beginning, no middle, no end; Master of the Universe, whose Form is universal.
I see You with the crown, the scepter, and the discus, a blaze of splendor. Scarce can I gaze on You, so radiant, You're glowing like the blazing fire, brilliant as the sun, immeasurable.
Imperishable are You, the Sole One worthy to be known, the priceless Treasure-house of the universe, the immortal Guardian of the Life Eternal, the Spirit Everlasting.
Without a beginning, without a middle, and without an end, infinite in power. Your arms all-embracing, the sun and moon Your eyes, Your face beaming with the fire of offering, flooding the whole universe with light.
Alone You fill all the quarters of the sky, earth, and heaven, and the in-between regions.
Almighty Lord, seeing Your marvelous and awe-inspiring Form, the spheres tremble with astonishment.
The troops of celestial Beings enter into You, some invoking You in reverence; the Great Seers and Adepts sing hymns to Your Glory.
The Vital Forces, the Major Stars, Fire, Earth, Air, Sky, Sun, Heaven, Moon, and Planets; the Angels, the Guardians of the Universe, the divine Healers, the Winds, the Fathers, the Heavenly Singers; and hosts of possession-worshippers, demons as well as saints, are amazed.
Seeing Your marvelous Form, most mighty with its myriad faces, its innumerable eyes, and limbs, I and all the worlds are overwhelmed with wonderment.
When I see You, touching the Heavens, glowing with color, with open mouth and wide-open glowing eyes, I'm awed.
When I see Your mouths with their awesome jaws like glowing fires at the dissolution of creation, I lose all sense of place and resolve. Help me out here, Cosmic Beau, in whom this universe abides.
You seem to swallow up the worlds. Your glory fills the universe. Your powerful rays beat down upon it as irresistible.
Mighty One, let me see You as You were at first. I don't know what You intend.
It's natural that the world revels and rejoices when it sings the praises of Your glory; the demons fly in fear, and the saints offer You their compliments.
How should they do otherwise? Super-most Self, greater than the Powers of creation, the First Cause, Infinite, the Lord of Lords, the Home of the Universe, Imperishable, Being and Not-Being, yet transcending both.
You're the Primal Master, the Ancient, the Supreme Abode of this Universe, the Knower, the Knowledge, and the Final Home. You fill everything. Your form is infinite.
Human: You're the Wind; You're Death, You're the Fire, the Water, the Moon, the Father, and the Grandfather. Honor and glory to You a thousand and a thousand times, again and again.
My compliments to You in front and on every side, You who round about encompass me. Your power is infinite; Your majesty immeasurable; You uphold all things, You're all.
You're the Father of all things movable and immovable, the Worshipful, the Master of Masters.
In all the worlds, there's none equal to You; how then superior; You who stand alone, Supreme.
Therefore, I place myself before you, Master Most Adorable. I salute You, and I ask Your blessing. Only You can be trusted to bear with me, as a father to son, a friend to friend, a lover to his beloved.
I rejoice that I've seen what no man saw before, yet I'm overwhelmed. Please take again the Form I know. You who are the Home of the whole Universe.
I long to see You as You were before, with the crown, the scepter, and the discus in Your hands; in Your other Form, with Your four hands – You whose arms are countless and whose forms are infinite.
Beau: My beloved friend, it's only through My grace and power that you've been able to see this vision of splendor, the Universal, the Infinite, the Original. Never has it been seen by any but you.
Put away being overwhelmed and, with a joyful mind, see Me once again in my usual Form.
Narrator: Having thus spoken to the human, Beau showed Himself again in His usual form, and the Mighty Cosmic Master, in gentle tones, softly consoled him, who lately trembled with awe.
Human: Seeing You in Your gentle human form, I'm myself again, calm once more.

Consider this: How does it alter your sense of identity to know that you own all of the above as an unseen part of you and the complete truth about the seen part of you regardless of perception? THIS is IT. Will that inspire you to act differently during your Dedicated Time to command your Universe?



Here are quotes from A Cosmic Vision. Since I'm indivisible, if you exist, you own what they say. Your conclusion that you own them 100% seems absurd. However, it's a mechanical Fact for you to act upon while commanding your Universe. As you sit with preparatory resolve, take a moment to review each sentence and spend Detailed Dedicated Time reflecting on them. Observe how you react and consider why you feel that way. Consider including them to clarify who is commanding the Universe: you, right there. If necessary, trace them back to how any two or more things own a common reference field.

Here, in Me living as ONE, behold the whole universe, movable and immovable, and anything else that you'd see. See now the glory of My Sovereignty.

Alone You fill all the quarters of the sky, earth, and heaven, and the in-between regions. Almighty Beau, seeing Your marvelous and awe-inspiring Form, the spheres tremble with astonishment.

The Vital Forces, the Major Stars, Fire, Earth, Air, Sky, Sun, Heaven, Moon, and Planets; the Angels, the Guardians of the Universe, the divine Healers, the Winds, the Fathers, the Heavenly Singers; and hosts of possession-worshippers, demons as well as saints, are amazed.

Crowned with heavenly garlands, clothed in shining garments, anointed with divine treatments, He showed Himself as the Resplendent One, Marvelous, Boundless, Omnipresent.

Only You can be trusted to bear with me, as a father to son, a friend to friend, a lover to his beloved.

Your power is infinite; Your majesty immeasurable; You uphold all things, You're all.

Could a thousand suns blaze forth together, it would be but a faint reflection of the radiance of The Original Cosmic Beau.

You're the Primal Master, the Ancient, the Supreme Abode of this universe, the Knower, the Knowledge, and the Final Home. You fill everything. Your form is infinite.

Without a beginning, without a middle, and without an end, infinite in power. Your arms all-embracing, the sun and moon Your eyes, Your face beaming with the fire of offering, flooding the whole universe with light.

Imperishable are You, the Sole One worthy to be known, the priceless Treasure-house of the Universe, the immortal Guardian of the Life Eternal, the Spirit Everlasting.

Seeing Your marvelous Form, most mighty with its myriad faces, its innumerable eyes, and limbs, I and all the worlds are overwhelmed with wonderment.

He saw the Universe, with its numerous shapes, all embraced in One, its Supreme Beau.

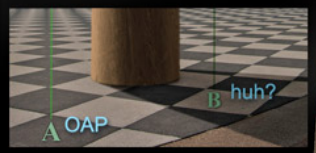
There were countless eyes and mouths, and mystic forms innumerable with shining ornaments and flaming celestial implements.

I see in You the powers of Nature, the various Creatures of the world, the First Systemic Organizer on his throne, the Sages, and the shining angels.

You with the crown, the scepter, and the discus; a blaze of splendor.

The troops of celestial Beings enter into You, some invoking You in reverence; the Great Seers and Adepts sing hymns to Your Glory.

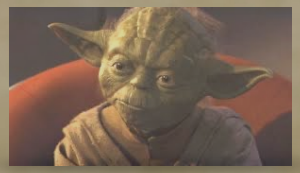
All of IT fills the container I call me, making me ONE All-person. You could have fooled me!



Look at each sentence here and follow with a moment of Dedicated Time. See how you react and why.

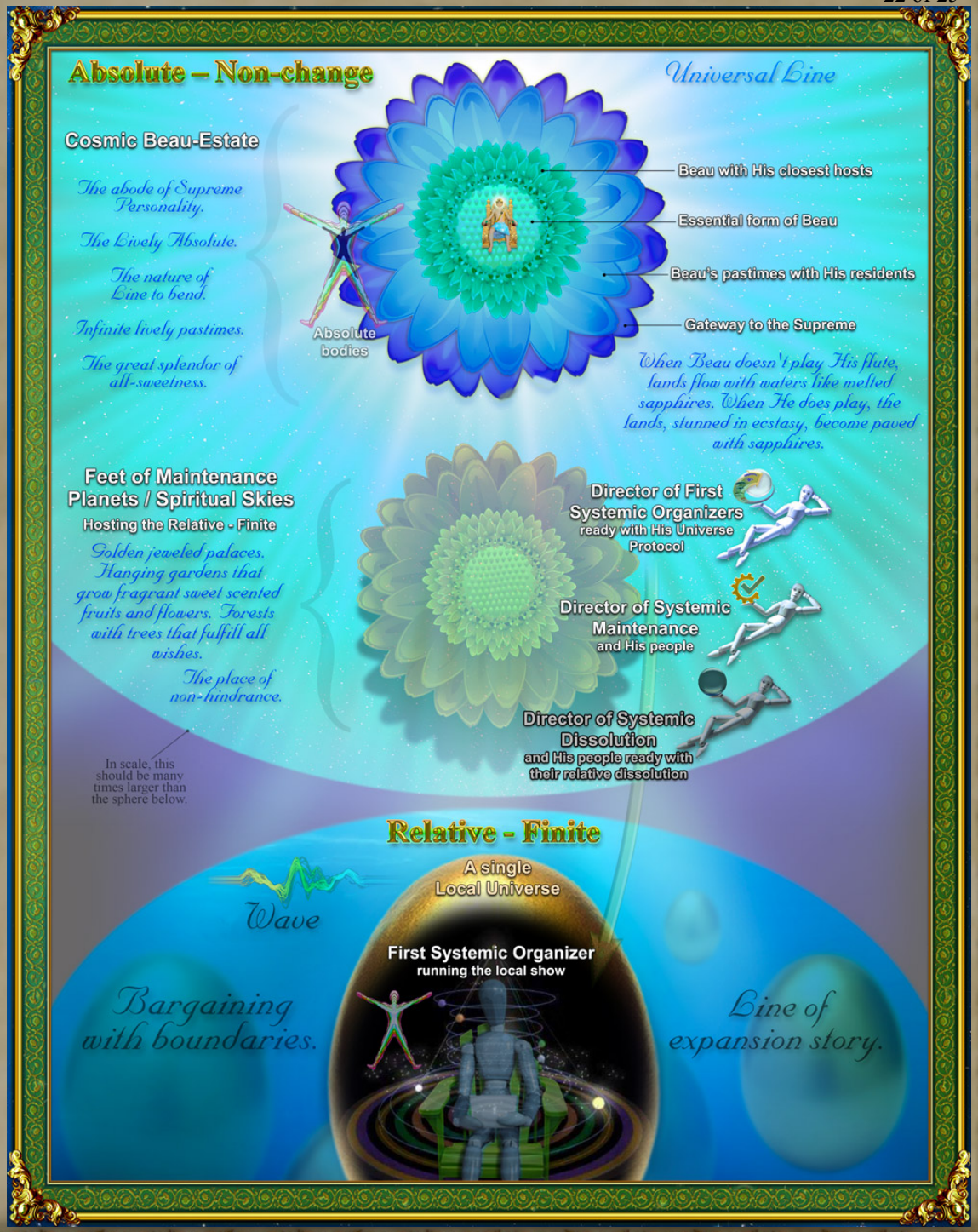
The Protocol for creating the Universe that I gave to the Director of First Systemic Organizers to pass on to the First Systemic Organizer for each local Universe is the structure and function of human physiology, extending through your higher vibration bodies. This Protocol, for instance, consists of ten divisions, corresponding to your ten fingers. Every part of your physiology, including all your organs, such as the hypothalamus, tongue, navel, number of vertebrae, DNA, and so on, has a perfect correlation in every constellation of the Universe.
My sole purpose in sharing these details is to help you appreciate that everything operates as ONE continuous Person.

As you move around in Your Beau Estate, the same correlations are present. You are indeed a portable, walking Universe. The human-like intelligent creatures you see in science fiction movies stem from movie artists being pressured to develop new ideas. These beings can exist, but they're genetically engineered forms from civilizations less than The Golden Age, which rely on technology. If a human-like animal were reading this text, it wouldn't truly represent the definition of an animal. You might shape-shift into an animal. Celestial hosts do that frequently, yet your inner metaphysical structure remains unchanged. Fairies, or nature spirits lower than the Angelic Hosts, possess an astral body that also adheres to Universe Protocol. After hearing my explanation, feel free to still shoot from the hip as ONE All-Person when deciding if you'd like to take a different form.



Details of My Cosmic Beau Estate

Here's another look at Cosmic Beau Estate. I included the relative Universe at the bottom to reference its relationship with the Absolute Universe. At the top, My Estate is symbolized as a multi-petaled flower. This is the abode of the Supreme Personality, the Lively Absolute, embodying the nature of the Universal Line to bend, infinite Absolute pastimes, and the great splendor of all-sweetness. My Estate contains four main divisions. In the center is the essential form of Me, which you can read about above on Page 19, A Cosmic Vision. Next, I'm with My closest hosts, followed by My pastimes with My residents. Finally, there's the gateway to My Estate. Whenever someone enters an amusement park, there's some form of greeting, an information source, and staff to guide you to your points of interest. Similarly, this applies to the outer petals of this Beau Estate flower. My Estate exists outside the Relative Protocol Universes of the First Systemic Organizer. It stands as the topmost abode. There's no other abode higher than My Estate because it's above relative highness.



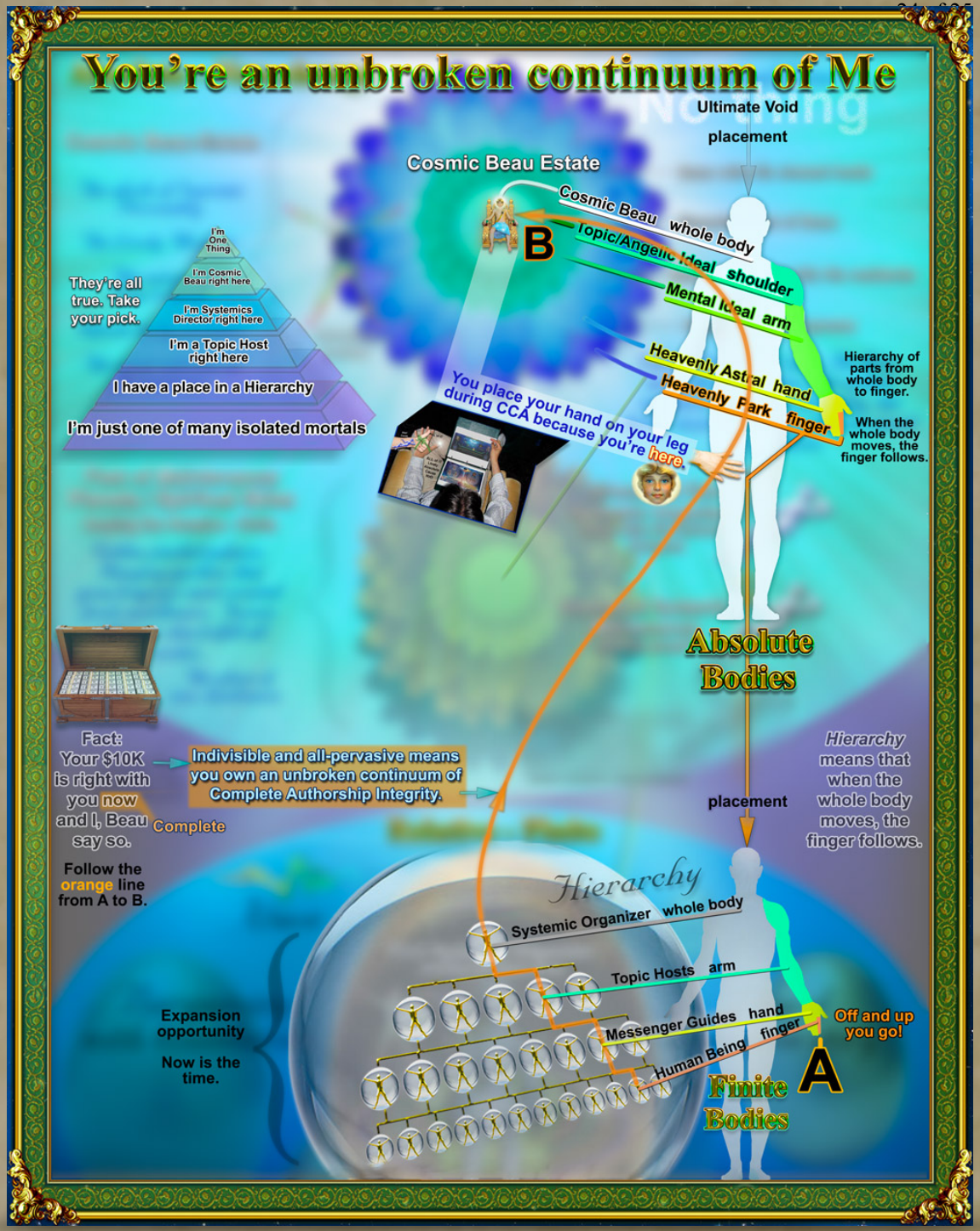
Below is another flower, the Feet of Maintenance. It consists of abodes similar to the above flower. It's referred to as the place of non-hindrance. Like the previous flower, it represents a limitless, eternal realm of existence. It remains unaffected by destruction, even after the entire Cosmic dissolution, as noted in Cosmological Time Divisions, Page 17. This flower primarily serves as the abode of the Director of Systemic Maintenance and His people who assist Him in managing the maintenance of the relative Universes. This includes the Director of The First Systemic Organizers with His Universe Protocol and the Director of Systemic Dissolution, who oversees the cessation of everything related to the cosmic time divisions. The Creator of the local Universe, The First Systemic Organizer, is appointed by the Director of The First Systemic Organizers to exist in and embody the highest realm of that local Universe. That explains why He is depicted in the finite and also why He experiences a relative lifetime.

As you know, change or wave is always a projection of non-change or line. The Universe you experience now is a projection of My Estate, My Archetypal Absolute Universe. The Absolute is the source of the relative projected Universes. That means we would find corresponding layers in My Estate that align with those mentioned in The First Systemic Organizers' local Universes. During the Golden Age, the structure and experiences of My Estate are reflected on Earth, so it's close to home, not just a pie in the sky.

Because My Estate is all sweetness and intimacy, as Celebrative Beau's eternal companions, we'll refer to these layers as your bodies. Your first body, or the entrance to My Estate, is your Heavenly Park, since this adorable environmental setting is inseparable from your personal form. This initial body, equivalent to your physical body, is called Gateway To The Supreme. One difference between the relative and the Absolute is that there's no astral world with its bargaining function in the Absolute. The role of Local Universes is to evolve from death through the astral realm. My Estate's astral counterpart is simply the subtle animating life force underlying the park. The Angelic/Topic presence serves as an archetypal fountainhead, rather than beings necessary to guide, manage, and correct residents due to their ignorance. As I mentioned earlier, your Beau Estate bodies model the human physiology found in the early days of The Golden Age. During that Age, everyone had conscious access to all their bodies. There's no aging beyond a desired age. If a being wishes to appear as a child, like the playful boy Beau, that will be the limit of aging. They're eternal, unchanging bodies for the residents of My Estate. You receive all these things with the Twelve Attributes, but they're also a fixed park you can move in, or should I say flash in. (smile) Normally, fully FFE Masters are awarded their Absolute Bodies at the end of the life of the First Systemic Organizer. He receives His Absolute Body at that time. Any souls who haven't received an Absolute Body by the end of the First Systemic Organizer's lifetime will revert to the body of The Director of First Systemic Organizers and await the next Universe to emerge for the continuation of expansion. However, during a Golden Age cycle, the door is open for everyone to choose My Beau Estate. One fully FFE Master will volunteer to stay behind and become the next First Systemic Organizer. He'll enjoy that until his lifetime ends and then proceed to My Estate.

This image illustrates how you represent an unbroken continuum of Me.

Consider this: Now that you're aware of My Cosmic Beau Estate, where you'll be ending up, does it have a place in your various Command Contents of Attention? I'm not suggesting anything, just asking. (smile)



The End